



the comfort of her own bed! As Dorothy said, there's no place like home.

Change is fun and exciting, but normally only when we are in control of it. When change happens to us, as it does in the extreme case to refugees, it becomes a terrifying ordeal. The loss of control and freedom of choice is one of the worst punishments that you can inflict on a person. When we experience change which we don't want, in our working lives, in our relationships, in church or in our personal circumstances, it can make us anxious and afraid. There's such a thing as 'change fatigue' which affects even the most avid 'change junkie'.

The Bible has some famous journeys of change and experience within it, indeed it is full of travel, often unwanted. Mary and Joseph travelled to Bethlehem, even though Mary was heavily pregnant. The Israelites flee from slavery and journey for generations, lost in the wilderness.

There are also journeys of hope and discovery. Jesus journeys throughout the Bible lands teaching and showing all those he meets God's love and bringing them the gift of divine change. After the resurrection, Paul travels all over the Roman world, spreading the Good News and changing people's lives forever.

So, is change good or bad? A friend once said to me that he thought for people to thrive, they needed to be like sharks. Not as in the Jaws movies, but many sharks have to keep swimming or else they suffocate and die. I think there is an element of this and the journey does reveal many things about our nature and character which the destination cannot, but I think a rest can also sometimes be just what is needed too!

Andrew Glanfield

CHURCH NOTES

The Transition Process Continues

This month I want to use the notes to update you on what has been happening over the summer with the transitional process. A number of people have been working very hard on our behalf through the summer weeks, and we are grateful to them for this. Their dedication shows how important Beulah, and its future, is to us all.

The Booklet With this edition of Crossroads vou should receive a copy of the booklet which has been produced as a response to the consultation exercise earlier this year. It is a way of appreciating all the effort that you put into sharing your thoughts, ideas and emotions about Beulah, and I hope you will read and treasure it, as it represents an important stage of the journey we are on. I would like to thank Lesley Richards and Eleri John for the enormous amount of time and effort they have put into collating the information and producing this document for us.

The Next Steps....So what happens next? As Lesley and Eleri say in the booklet, some things that you have suggested can be implemented fairly easily and quickly, and we will try to do so as soon as we can. However... the transitional process which we agreed to a year ago, along with other URC congregations in Cardiff, is on-going, and is not so quick and easy. For Beulah, we now need to extract significant themes from the data you have given us, and produce concise statements around the themes. Once these are agreed by Church Meeting, the next step will be to draw up proposals about how we see Beulah fulfilling its future mission in the context of shared ministry. We have to keep in mind through all this the current and likely ministerial situation in Cardiff. so that our vision and mission aims will be clear about what any ministerial resources can help us to do. It is a new way of thinking, perhaps, for many of us, especially when the outcome seems unclear. But we are making steps along the way, and the responses to the consultations, along with how we are getting along since Peter went, must give us hope and strength that God has need of us here, and that we can travel this way together, as we discover who or what God is calling us to be.

Church Meeting A small group from within the Transitional Huddle (Duncan Pugh, Derek Evans, Marion Williams and myself) are now going through the data and will identify the main themes and statements for Church Meeting to consider. This may be ready for Church Meeting on **September 18**, but all the work done will be shared with you at that point. If at all possible, please do come to *Cont. p.3*

Church Secretary:

Mrs Louise Morgan Tel: 07773648730 **Church Treasurer:** Mrs Barbara Rhys,

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that meeting, as this needs to be representative of the whole church family, as were the consultations.

Family News

It was with great sadness that the church family learned of the death of Phillip Edwards, one of our serving elders, on July 14th. Phil has been a member at Beulah for many decades, and contributed greatly to church life in countless ways. He will be missed by us all for his warmth, humour - and, of course, his music. The church was full and over-flowing for his funeral service, and we thank Ken for leading it so movingly for us. Our sympathies and prayers are with Mary at this difficult time, and also with Richard, Sarah and all the family.

Our sympathies are also extended to Ian McDowell on the death of his mother, and he, Jenny, Patrick and Stuart are in our prayers at this time. We also send our thoughts and prayers to Carolyn Saunders and her family following the death of her father in July.

Some friends have been experiencing ill health and treatment over the summer, so we send our good wishes to Janet Richards, Barbara Collins and Anne James, and to all others who may be facing difficulties. On a positive note, it is a delight to see Elinor Ludlow out and about again following some successful treatment.

Some of our members have celebrated special anniversaries this summer, and we send warmest congratulations to: Ann and Peter Stevenson, and Nesta and Alan Thomas on their Golden Wedding Anniversaries; and to Karen and Ross Holbrook on their Pearl Anniversary. Many congratulations also to Steven Coleman and Nia Collier who were married at the end of August – we send them our love and best wishes.

It is that time of year again when our young people receive their results from exams at all levels, and we congratulate them, not just for their results, but for their hard work and effort in the whole of their lives. Teresa Richards has graduated with a 2:1 and is going on to study Veterinary Science- we wish her every success in her studies. We also send our warmest wishes to our young people who are leaving school after 'A' Levels and moving on to the next stage of their education -namely: Sebastian Cheer (Leeds), Sam Stanbury (Kent), Jack McCormack(Swansea), Ella Grandin (London), Catrin McCarthy (Swansea), Rhian Wilkes (Swansea) and Ruth Bartley (Nantgarw). Many of our young people also had their GCSE results and we congratulate them too and wish them well as they make decisions about the next step. Congratulations also to Lvdia Edwards who has been given a special award for academic excellence at Durham University.

We also have two special birthdays to celebrate – congratulations to Gwynne Rees who will be 90 on September 3, and to Sebastian Cheer who celebrated his 18th birthday in August.

The Autumn calendar at Beulah already looks full and busy -1 hope people have come back refreshed from their holidays, and look forward to all that we will share and do together at this exciting and challenging time in our Church life.

Every blessing,

This is an edited version of a beautiful letter from Dewi Lewis about his illness– we wish him well in his continuing treatment.

LOCUSTS: That is, Cancer cells

Locusts, we are told, have always been beset by consumption. They remain so but now in the form of cancer cells, invading and consuming indiscriminately. Over the last six months there have been such remarkable developments. It is what I want to share with you and also to thank you for your calls, enquiries and good wishes. The locusts arrived entirely uninvited and settled in droves on every bone. Visiting many clinics in turn. I have found how numerous the resources, how dedicated the staff and how effective the treatments now available. This is a story worth sharing. Also there are informal clinics with key roles day by day - home, close family and wider ones; their support and prayers. So pain is rarely felt. That is a blessing. My Clinic is a gem. It is at Felindre Cancer Hospital - a busy and cheerful place. There is more on offer than treatment: one-to-one sessions, group talks, share stories, laugh. Spot on. When I think of all the costly equipment, the highly trained doctors, their dedicated commitment - it becomes such an eye-opener. The team is open and honest, telling me that a successful outcome is not assured - the best may be putting the malignant cells to sleep for a while so that the bones could strengthen somewhat. They also stress that the patient has a key role in the recovery.

Cont. p.4

Louise

.... from p.3

The patient's role. This merits a whole page. However ambitious the locusts, there are areas well beyond their reach. These include intentions, hope, aspirations, will, resolve, encouragement, love. For sure, the cancer cells have advantages. Unsurpassed spiritual resources are available for the patients should they be called upon. Recruiting these is often the way of getting the best outcome from the treatment medicine provides. That is what medicine actually does. Good cells are already naturally at work to oppose foreign germs. I refuse to provide accommodation for these aliens in my system as the slightest hint could be interpreted as approval - such is their presumption. "You have no permission. Depart" is all they'll hear. With that, plus Divine endorsement, I hold that a good slice of the fight is in my hands. It continues.



Concerts at the Crossroads

The seasons turn and a new series of concerts in Beulah is about to begin after the long summer break. I think of it like the beginning of the academic year. There is a good mix of concerts to choose from with differing styles and instruments so I am hopeful that there is something here to suit all tastes.

Here are the dates for your diaries.

Wednesday 27th September at 1.05pm Ystradivarius with John Cheer "Father, Son and Godfather"

This early music group with John Cheer on the harpsichord was most popular when they came last two years ago. They have prepared a programme which features the music of the two Bachs, father and son, J. S. Bach, C. P. E. Bach and Telemann who was the godfather of C.P.E.

Wednesday 18th October at 1.05pm

Rhodri Jones – tenor with Michael Pollock – piano Please note that this is not the usual date of a lunchtime concert i.e. the last Wednesday of the month.

Rhodri Jones is this year's winner of the Ian Stoutsker prize at the RWCMD. This annual prize is for the most outstanding music student. Rhodri has a beautiful voice and a wide repertoire. Please expect some Welsh song, lieder and operatic arias. He is accompanied by his most distinguished coach at the college, Michael Pollock.

Wednesday 29th November at 1.05pm Jeffrey Howard – organ, Ellen Williams – soprano Corey Morris – trumpet

This musical combination was suggested by Jeffrey and will include the famous "Let the bright Seraphim" aria by Handel.

Evening Concert The Nidum Ensemble

This year's annual celebrity concert will be held on Saturday 28th October at 7.30pm

The **Nidum Ensemble** comprises instrumentalists from many of the UK's major orchestras who come together to make chamber music.

(Who can forget their last visit when the octet stood to play Mendlessohns octet.)

More details of the programme next month.

Tickets for the concert £10 with school children – free Tickets for the wine and cheese buffet, which follows the concert, must be purchased in advance - £6

Tickets available from the beginning of September from Trix 02920620687, Marg 02920627987 or Serenade

Tickets £5 on the door as usual

All are welcome!

Croeso i Bawb!

CHURCH CALENDAR

<u>SEPTEMBER</u>			
Sun 3 rd :	10.30am: Revd. Sally Thomas: Morning Worship; Junior Church		
	Coffee served in Canolfan after service		
	6.00pm: United Communion Service at Beulah		
Mon 4 th :	7.30pm: Elders' Meeting		
Wed 6 th :	10.30am: Midweek Meeting Point		
10.30am: Church Office			
Fri 8 th -Sun 1	0th: Beulah Camping Weekend		
Sat. 9 th :	KIN Cake Stall in Whittaker Lounge		
Sun 10 th :	10.30am: Revd. James Hall: Baptism of Isaac Rooney; Junior Church		
	Coffee served in Canolfan after service		
	7.15pm: Youth Fellowship		
Mon 11 th :	2.00pm: Women's Fellowship		
Wed 13 th :	10.30am: Midweek Meeting Point 10.30am: Church Office		
Eri 1 Eth			
Fri 15 th :	3.15pm: Youth Drop-In		
Sat 16 th :	7.00pm: Murder Mystery Evening		
Sun 17 th :	10.30am: Revd. Roger Bidnell: Thanksgiving for Osian Munn; Junior Church Coffee served in Canolfan after service		
	5.00pm: Mrs Barbara Rhys		
	'All things Harvest' starting at 5 pm with tea & cake.		
	7.15pm: Youth Fellowship		
Mon 18 th :	2.00pm: Women's Fellowship		
101011-10	7.30pm: Church Meeting		
Wed 20 th :	10.30am: Midweek Meeting Point		
WCU 20 .	10.30am: NO Church Office		
Thurs 21 st :	7.45pm: Paradise Run Meeting		
Sat 23 rd :	10.15am: WRB Prayers at Ararat Baptist Church		
Sun 24 th :	10.30am: Harvest Family Communion, led by Junior Church & Dr Alun Jones		
Paradise Ru			
Collection	Church Barbecue Lunch		
Conection	7.15pm: Youth Fellowship		
Mon 25 th :	2.00pm: Women's Fellowship		
Weds 27:	10.30am: No Church Office		
weus zr.	10.30am: Meeting Point		
	5		
Fri. 29 th :	1.05pm: Concert at the Crossroads - "Ystradivarius" 3.15pm: Youth Drop-In		
FII. 29 .	5. Tophi. Touli Diop-in		
<u>OCTOBER</u>			
Sun 1 st :	10.30am: Mrs Anthea Parker & Junior Church		
oun r .	Coffee served in Canolfan after service		
	7.15pm: Youth Fellowship		
Mon 2 nd :	2.00pm: Women's Fellowship		
101011 2 .	7.30pm: Junior Church Leaders' Meeting		
Wed 3 rd :	10.30am: Church Office		
WEU J .	10.30am: Midweek Meeting Point		
Sun 8 th :	10.30am: Revd. Stephen Best		
Suno.	All Age Junior Church in Canolfan		
	Coffee served in Canolfan after service		
7.15pm: Youth Fellowship			

KIN

Together we care and together we share

KIN Events for the Autumn - again lots of events you can get involved with. Please think about joining in, offering help and also come and enjoy yourselves!.

September 24th – Harvest and Family BBQ after Church.

Harvest gifts. - please think of donating socks and underwear for adults and children or disposable razors for Space4U and Huggard Centre

22-29th October – Is One World Week. The theme for this year is Good Neighbours – My World Depends on Us and there will be events held during the week. More information will follow in the notices.

22nd October - Joint Evening service with All Saints and Bethany **29th October** - Joint morning service with Bethany followed by a Soup and bread lunch after the Church service - a sign up sheet will be available

November 18th – Music Concert with John Cheer

More information to follow - keep an eye out on the notices! We will be raising money for music therapy charities e.g Live Music Now and others.

November 25th – Beulah Bazaar - more details to follow

December 2nd Rhiwbina Winter Festival

Thank you to everyone who supported our recent events raising money for charities. We all did so well.

We raised £105 in new pound coins for Shelter Box, £360 for Mencap and £360 for National Society for Deaf Children. We raised £455 at the afternoon tea for Syrian Orphanages/Unicef and are also giving £125 to Space4U.

Hopefully you enjoyed being part of these events.

Many thanks for all your support. Eleri and Eileen

Social Events for your diary: -

August 31st - Skittles evening in the Birchgrove Pub at 7.00pm.

Come and enjoy a game of skittles and see whether you can win a prize! Bar meals will be available. Sign up sheet to give us an indication of numbers.

September 16th – Murder Mystery Evening in the Canolfan

Come and join us and see if you can find out who did it!!

The evening will comprise of a meal, scenes from the murder mystery, time to guess the murderer and some fun along the way. Places will be limited so there will be a sign up sheet. Keep an eye out for it and join in the guessing game! We will also be raising money for McMillan Cancer Charity.

December 13th - Beulah Church Family Christmas meal (7:00 p.m.) at Whitchurch Golf Club - more details in the next Crossroads.

ROOM BOOKINGS

The Main Hall of the Canolfan continues to be a popular venue for children's birthday parties and, because of our regular bookings, the only slot we can offer during the day throughout the whole week is a Sunday afternoon. Also, as you know, we do have the occasional party directly after church.

I would be grateful, therefore, if you could please let me know if you are planning something on a Sunday that runs into the afternoon or evening so I can avoid any clashes – we have already had one or two 'near misses'.

Many thanks.

Barbara (Tel: 07707 030787 OR email: barb.johnrhys@tiscali.co.uk)

A DATE FOR YOUR DIARIES

There will be a coach trip to Bath for the ladies on **Saturday 11 November 2017**. There will be a sign up list in the porch towards the end of September and details in the Notices nearer the time.

Lilian Llewellyn

Mair , David & John and the Llewellyn family would like to thank all who attended and made Lilian's Celebration of Life service a memorable one.

The flowers, cards ,messages and memories received by the family certainly helped us get through a difficult time.

We would particularly like to thank Rev Ken Graham for leading the service (& sharing the stage with Lilian on numerous other occasions)Alun for his inspiring music, Louise for the thoughtful prayers, Huw for his technical know how, Ann Brown for the flowers, Gaynor as duty elder, Barbara and Pat for the wonderful refreshments and Viv & Harley responding to the call for washer ups !

Since Vernon's death in September 2014 Lilian experienced her own health issues and greatly benefitted from the friendship, warmth and support of the Women's Fellowship and the Fortnightly coffee club ably led by Joan Ridley.

Beulah was so part of both their lives as we are finding when clearing the house. Anyone interested in running a silent auction we have the paperwork !!!

Thank you to all

Members and Adherents

In Beulah, we have always valued the contribution made by our adherents and friends, and mostly we make no distinction between them and members.

However, although all are more than welcome to attend Church Meetings and contribute their views in discussion, the URC allows only members to participate in voting. May I, therefore, once again, encourage any adherents who wish to know more about membership to contact me and I will be delighted to discuss it with you.

Louise

Thank You

Many thanks to my Beulah family and friends for the many birthday cards, messages and floral tributes to celebrate my 90th birthday - it was a happy day to be remembered, and I feel very blessed to belong to such a family – always caring and sharing, and bringing joy to many people. Fondest love Mair (Haywood)



Phillip Edwards

Mary and the family would like to express their heartfelt thanks to everyone in Beulah for the love and kindness extended to them during Phil's illness and after he died. The messages of sympathy, cards, flowers, visits and unfailing support were overwhelming.

Special and sincere thanks go to Ken for leading the funeral service, Louise for organising the church and stewards, Alun for the wonderful music, Karen for the beautiful flower arrangements and Barbara and her band of helpers for the delicious refreshments. You each put such a lot of effort and love into ensuring that Phil's funeral was just as he had wanted.

May God bless you all

Mary

Beulah UCCL Fixtures 2017/18

The football season begins... come along and support our team!

DATE	Away or Home?	Playing	Venue	Cup or League	Result
09/09/17	A 10.30	Rhondda Rovers	Cambrian, Clydach Vale	Cup	
16/09/17	Н. 10.30	DC Utd	Llanrumney	Cup	
23/09/17	No match				
30/09/17	A. 10.30		Tir Canol	League	
07/10/17	A. 10.30	St. John's	3G Aberdare Leisure Centre	Cup	
14/10/17	Н. 10.30	Christchurch	Llanrumney	Cup	
21/10/17	Н. 10.30	St. Mary's	Llanrumney	League	
28/10/17	No match				
04/11/17	Н. 10.30	Baglan	Llanrumney	League	
11/11/17	A. 10.30	Highfields	Pontcanna	League	
18/11/17	A. 10.30	Inter-Churches Aberdare	Ynys, Aberdare	League	
25/11/17	Н. 10.30	St. John's	Llanrumney	League	
02/12/17	No match				
09/12/17	A.10.30	St. Mary's	Bridgend College	League	
16/12/17	No match				
06/01/18	Н. 10.30	Inter-Churches Aberdare	Llanrumney	League	
13/01/18	Н. 10.30	Ammanford	Llanrumney	League	
20/01/18	A. 10.30	Baglan	Neath	League	
03/02/18	A. 10.30	St. John's	Aberdare	League	
17/02/18	No match				
24/02/18	Н. 10.30	Highfields	Llanrumney	League	

All fixtures may be subject to change

Good Neighbours

Good Neighbours in North Cardiff are holding an Autumn Fayre on 7 October 2017 and are collecting used goods of a saleable quality, notably - Glassware, China, Kitchenalia, Toys, Puzzles, Crafts, general bric-a-brac and small furniture items (no mains electrical items, clothes nor books please)

If you are able to help by donating these items, please deliver them to their offices at 4 Heol Hir, Llanishen (9-11am) or telephone them on 2075 0751 or inform Duncan Pugh on 2075 4608 and they will arrange collection.

Many thanks,

Duncan

Beulah is going camping – and you are invited!

Beulah is going camping – but you don't need a tent!

The time for camping is nearly upon us – and about 8 families have signed up to go to **Pembrey Country Park** from **Friday 8th to Sunday 10th September**.

But if you can't make it for the whole weekend, or you don't like tents, don't despair. Pembrey is only about 1 ¼ hours' drive from Cardiff, and we would love some 'day visitors' on the Saturday. Based on last year, there will probably be a trip to the toboggan run (next to the dry ski slope), lots of fun messing about on the vast, almost deserted sandy beach (and in the sea if you wish), ice creams along the way and a fish and chip supper to look forward to in the evening. You don't even need to decide until the day (so you can wait for the weather forecast!) – just book the date and come and join us!

(If you want to come for the weekend, that's even better, but please let Marianne know soon) If you have any questions, feel free to ask Marianne or Nigel, Anne or Chris, Andy or Cathy, Tony or Sarah or Pat (R)



Holiday Club – Read all about it!

This summer saw two successful holiday club days run at the Canolfan for local 7- to 11-year-old children. With some trepidation we sought to continue the wonderful service provided over many years by Barbara Rhys, Pat Cazenave and others. Supported by wise advice and practical help from the 'old guard' we pulled together a team and a programme of activities, put

out some publicity, and waited for Interest.

Such was the response that our main problem was having to turn away interested families and children, as we significantly exceeded our planned-for numbers! In the end we hosted between 36 and 42 children on each day. Volunteers included members of the congregation, local after-school club leaders attracted by our advertising, and a member of our recently-adopted Beulah football team. Quite a community-wide collection!

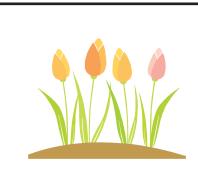
Angie Hughes led both days, keeping us all in line, and helpfully the sun shone throughout. We supervised and joined in the fun with drumming and circus workshops, arts and crafts, games and sports (inside and out), treasure hunts, pizza-making (free boxes courtesy of Dominos) and production of the inaugural two editions of 'Beulah Times'. This last was an on-the-day news-sheet with content generated by the children, recording in words and pictures all that had been going on.

We've had some lovely feedback from parents. Profuse thanks are due to the <u>many</u> people who volunteered to help with planning, administration, publicity and to be there on the day. We have special mentions for Richard Sweetnam, for organising and leadership support, and for Elaine Edwards for administration and being the point of contact with the parents. But of course we'd have got nowhere without everyone else putting their shoulders to the wheel - you all know who you are! Here's to next year

Andy Wales, Angie Hughes & Pat Ruddock

Who's Doing V	What and When
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	Mini-Bus Driv	er Duty Elder	Stewards	Pulpit Reader
Septer	mber			
3rd	am Huw Morgan	Gill Grivas	Christine & Duncan Pugh	Huw Morgan
	pm	Lorraine Larcombe	United Communion service at Beulah	Audrey Budding
10th	am Tony Webb	Fleur Richards	Diane Burton & Chris Phelps	Brenda Cheer
17th	am Colin Grimes	Lesley Richards	Carol Coleman & Bev Hampson	Anne Thomas
24th	am Harley Jones	Trix Pryce	Betty Evans & Ann Grimes	Anne James
Octob	er			
1st	am Mike Warsop	Gaynor Rees	Barbara Clift & Mair Haywood	Richard Sweetnam
8th	am Catherine Tyle	r Mary Edwards	Mary & Mike Warsop	Andrew Glanfield
15th	am Huw Morgan	Liz McCarthy	Pat Agland & Rubina Lewis	Andy Wales
22nd	am Keith Jones	Elaine Edwards	Pam Penny & Denise Dickman	Betty Evans
29th	am Ian Budding	Viv Jones	Mary Prosser & Richard Sweetnam	Bev Hampson



Flower Rota

Septer	nbe	ər
0	1.	: .

3rd	Louise & Huw Morgan
4.001	

- 10th Mary & Mike Warsop
- 17th Betty Hulston24th Heather & Colin Bishop
- 24th Heather & Colin Bishop

October

1st	Lynne Davies
8th	Lorraine Larcombe
15th	Alan Wilson
22nd	Glenys Scott
29th	-tba-
2301	-108-





Editors' Note The deadline for articles for the October edition of Crossroads is Sunday, 24th September 2017, and Colin will be editing.



Colin Grimes, Huw Morgan, e-mail: crossroads@hotmail.co.uk