

CHURCH NOTES

'Flowing streams, bringing life'. These words from Ezekiel were chosen as our theme for 2019. At the February Church Meeting members enthusiastically discussed ideas which we might explore during the year and these were collated and printed in the April edition of Crossroads. As we are now half way through the year, I thought it would be a good time to review what has been attempted so far.

Worship: Theme services took place in January, February, April, May and June, and more are planned for future months. Each of these has explored the theme in different ways, with continuity being provided by the opening words and hymn written by Alun.

Creative: In April, Gaynor presented two beautiful pulpit falls which she (with others) had made to illustrate the flowing stream. Jo Jones and her team of Ninja Knitters are busy creating a piece of work which will be displayed in Canolfan when complete.

Young People: Youth Fellowship went on a 'stream walk' noting what they saw, and this information is being used by the knitters. The young people also made a beautiful collage for the poster which was taken to The Wales Synod Big Day Out to illustrate Beulah's life of discipleship.

KIN/Junior Church: the children are raising money to 'twin' a Canolfan toilet with one in a developing country – please bring your silver change to church to help them with this.

Social: a Church walk is being planned for July 13 along a river – more details later in Crossroads.

These were just some of the ideas which you thought of – to remind us of the others, the list is printed again in this edition. Please take a look at it and see if you are inspired to have a go at any of the other ideas listed – if so, please let me or Anne James know.



Work is continuing at the RPC (Regional Pastoral Committee) to make the arrangements to welcome our new ministers to the Cardiff Pastorate. The Revds. Martha McInnes and David Dean plan to move to Cardiff in August, which will give them a little time to settle down into their new home in Nant-y-Wedal, before they begin work in September.

Their Induction Service will be held in Beulah on Saturday, October 12 at 2.30pm, where we will welcome friends from the other churches in Cardiff, as well as guests from the wider church, and be host to refreshments afterwards. For this service Martha has asked that each church bring some water from a place that is special in some way. Over the summer each of us is invited to collect a small amount of water (quarter of a cup full) – each church will collect their congregation's contributions which will then be brought to the induction service and mixed together as a sign of our unity. Details of how we will arrange the collection of water will follow later

– and how lovely that this idea links so well with our theme – perhaps a symbol of bringing life to our new pastorate.

At our Church Meeting in June we were asked to approve the proposal that Beulah should divest from any investments we hold in fossil fuels, and to encourage others to do the same. After some discussion the proposals were overwhelmingly approved – I would like to thank the Eco-Group for all their hard work with this, but most especially Eileen Newington who has worked tirelessly on our behalf to research and present the case for this. We may be the first church in Wales to make this decision, but we hope that others may soon be following, especially as Mission Council in May passed a motion that the URC should divest from fossil fuel companies and increase investments in renewable energy. This, too, is a sign of our concern for the life of our world and all those who live in it.

Family News

A few friends are, or have been, receiving medical treatment lately; we send our good wishes for recovery to Gwynne Rees, Cynthia Davies, Frank Kinsey, Arlene Ramasut and Bill Sampson. Bill wishes to thank Beulah friends for their messages

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Church Secretary:

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Church Treasurer:

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and wishes during his recent stay in hospital.

There are celebrations this month for some of our younger people – happy eighteenth birthday wishes are sent to Anna and Anna, and also Owen. We trust that they and other young people who have been doing exams this year, can now relax and look forward to a great summer. We hope that our young people who are travelling this summer have enjoyable and rewarding trips – Owen and Anna are going to Costa Rica, and George and Simon are off to New York for the World Scout Jamboree – we look forward to hearing about their visits on their return. Emily Cheer will be returning in August to Uganda where she will continue her work at the Sanyu Babies' Home – we wish her well and pray for God's blessing on all that she will do there.

We also send our very best wishes to Denie and Ron Leech who will be celebrating their Platinum Wedding Anniversary later in July – what a fantastic achievement!

We also would like to pass on our good wishes to Father Nicholas Gill from the Benefice of Whitchurch who was ordained as an Anglican priest on Saturday, June 29. We pray God's blessing on him and his ministry.

Every blessing,

Louise

WHITTAKER LOUNGE VOLUNTEERS

As you know, Miss Tilley's run the Whittaker Lounge on a Monday and Tuesday every week.

Unfortunately, due to holidays they will not be able to open the Lounge on:

**Monday 5th August
and
Tuesday 6th August**

&

**Monday 12th August
and
Tuesday 13th August**

I think it would be a shame to close for two weeks and wondered if any of you would be prepared to volunteer to do a session on any of the dates above?

If I can get 8 volunteers for the 4 days, we can stay open, otherwise we'll have to close the Lounge.

If you feel you can offer a session, please contact me

Christine

The Power of Small Choices (Cont from front page)

I believe in the power of small choices - doing what is right to start with the small things.

As C.S. Lewis once said:

'Integrity is doing the right thing even when no one is watching.'

If we want to inform our choices, and better understand how God looks at the world, so we can live in the light of that, we need to be reading the only handbook he has given us, his word. Reading and studying the Bible both as groups, and as individuals, is vital if we are serious about informing our lives intelligently, and if we are truly seeking to know God in whatever situation life places us. I am particularly fond of this contemporary translation of Psalm 3:5 & 6. from the modern paraphrase: 'The Message.'

*'Trust God from the bottom of your heart,
Don't try to figure everything out on your own.
Listen to God's voice in everything you do everywhere you go.
He is the one who will keep you on track.'*

Psalm 3:5 & 6.

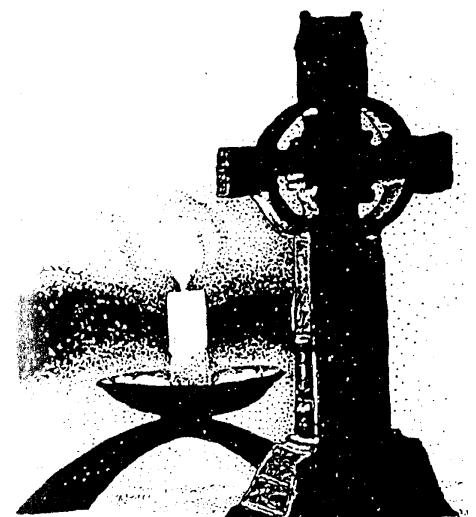
Sarah Edwards



Thank You

Gill and Jeff Grivas would like to say a big Thank You for all the good wishes, support and love shown over the past few weeks. After a time of great concern to the family, both David and Kirsten are coping well, (despite sleep deprivation). George Arthur has now reached a decent birth weight and is a constant delight to the whole family.

God Bless You All. x



**Walking Along Flowing Streams:
Church Family Walk,
Saturday, 13th July**



What better way to spend a summer Saturday than a stroll along a beautiful stretch of water in the companionship of friends: to unwind and get to know people better by walking and chatting.

We will meet at Beulah at 9.30am and share lifts to Pontneddfechan where we will set off for a 6-mile circular walk along marked paths. We will stop for a picnic half way round – this is accessible by car, so if anyone who can't manage the full walk wants to meet us there for a picnic and a shorter walk, that would be possible. There is a pub at the end of the walk, so a drink or a meal might be an option too.

The ground is not suitable for pushchairs and children need to be accompanied by a responsible adult. Please wear appropriate walking shoes and be prepared for heat or rain (or both, knowing our British summers!) – if the forecast is bad, we hope to have a 'plan B' prepared.

For more information, please contact Louise Morgan or Martin Williams.

KIN (Kindred in Need)

Together we care and together we share

Such a big thank you for all the support for this years Rhiwbina Festival. I asked for cakes, and you all baked, and the sun shone! Brilliant!

We raised a magnificent £626.28 through the Margaret Whittaker Lounge, cakes, jewellery, and refreshments in the Canolfan. We also added some money leftover from the last fundraising and have been able to send £400 to the British Heart Foundation, £400 to Headway, and £100 for Space4U.

I also realise that it seems to get harder each year to raise money as more traders are in competition with us. But you helped set up, served, supported, sold cakes and non-alcoholic Pimms, made sandwiches and sold jewellery, washed up and helped clear everything away. So, THANK YOU so much for your support.

We have some events coming up but I don't have actual dates as yet - but will soon, so keep an eye on the Notices, or on Beulah Friends, on Facebook, or ring me!

Annual August Skittles evening - probably Thursday 29th August. So start practising now!!

Young People's Travels Evening - this will be an evening for the young people to share with us their travels from over the summer. We will have some food (as usual), and we are just finalising the date. We are hoping for sometime in September but the date will be announced soon.

Thanks again
Hope you all have a good summer.

Eleri

Coffee Lounge Volunteer

Volunteer needed to help in the Whittaker Lounge on Thursday mornings, 9.30 - 13.00, on one week in six.

If you can help, please contact Christine Pugh

THANK YOU

I would like to thank everyone for their cards, gifts and good wishes on the occasion of my 80th birthday recently. Particular thanks for the 'church' cake on the Sunday and the lovely rose bush which is sitting in our garden where both John and I can enjoy it. Who knew it could be so good to reach such an age!?

With love to you all

Barbara

A DATE FOR YOUR DIARY

SUNDAY 25TH AUGUST

Come along and join us to celebrate the last Sunday of All Age Junior Church as we share a **Family Barbecue** after the Morning Service. More details nearer the time.

Barbara

THEME IDEAS

Worship & Faith Development

- To continue with monthly theme Sundays, as far as is practical
- A river/stream walk with stops for prayer, meditation etc; Linking other churches?
- Keep theme below surface in planning for other services
- Use as basis for theme on Caldey retreat

Junior Church & Young People

- A stream project along the brook: identifying fish, fauna etc;
- A conservation project with other youth groups in the area; link with local schools
- Find out how to conserve water & tell people about it
- Fund raising (eg for Toilet Twinning) – with fun!
- Use theme as basis for Holiday Club activities

Social

- A walk along a river , with waterfalls
- A bike ride along the River Taff
- A walk to include a picnic for all ages – a river, with somewhere for to meet altogether.

Creative

- Wall art – water theme – e.g. Canolfan wall, a river, or Graffiti Jesus biblical water scenes
- Art installation on balcony panels showing flow of a stream
- Some sort of collage in Canolfan of a river, adding posts through the year showing what the church is doing throughout the year
- A knitted stream
- Textiles – pulpit falls
- Pottery

Eco Church & Environment; KIN Campaigns and Fundraising

- Campaigning to parliament with other churches re environmental issues
- Establish a church 'gum tree'
- Raise awareness of use of water in cotton production: hold a sustainable Fashion Show
- Encourage further conservation of water in Beulah buildings & gardens, & at home
- A project to encourage growth of water conserving plants
- Raise awareness of use of water in fracking
- Raise money for charities such as 'Water Aid'
- Support Toilet Twinning – church & Canolfan, & at home

Community Related:

- Involve others in a stream walk
- Publicity about events etc.
- Engage with Canolfan users – perhaps encouraging water conservation
- MWL – a place to re-fill water bottles



Editorial Team

Colin Grimes,

Huw Morgan,

Please note, new editorial email address: crossroads@beulahurc.org.uk

Visit the Beulah website at: <http://www.beulahurc.org.uk/>

CHURCH CALENDAR July

JULY

Mon	1 st	2.00pm	Women's Fellowship
Wed	3 rd	10.30am	Church Office
		10.30am	Mid-Week Meeting Point
		7.00pm	Worship Training City URC Church
Sun	7th	10.30am	Mrs Vera Ruddock
		6.00pm	United Communion Bethany Baptist Church
		7.15pm	Youth Fellowship
Mon	8 th	2.00pm	Women's Fellowship
		7.30pm	Elders' Meeting
Wed	10 th	10.30am	Church Office
		10.30am	Mid-Week Meeting Point
		7.30pm	Cardiff Churches Discussion Group Beulah
Sat	13 th		Church River Walk
		10.00am	KIN Cake Stall
Sun	14th	10.30am	Revd. James Hall - Junior Church Promotion
			Junior Church
		7.15pm	Youth Fellowship
Mon	15 th	2.00pm	Women's Fellowship
		7.00pm	Communion Training – Bethesda URC Tongwynlais
Wed	17 th	10.30am	Church Office
		10.30am	Mid-Week Meeting Point
Sun	21st	10.30am	Mr Derek Evans – Communion
			All Age Junior Church
Mon	22 nd	2.00pm	Women's Fellowship
Wed	24 th	10.30am	Church Office
		10.30am	Mid-Week Meeting Point
Sat	27 th	10.15am	WRB Prayers – Ararat Baptist Church
Sun	28th	10.30am	Mr Lewis Lewis Head
			All Age Junior Church
Mon	29 th	2.00pm	Women's Fellowship
Wed	31 st	10.30am	Church Office
		10.30am	Mid-Week Meeting Point TBC



WOMEN'S FELLOWSHIP

Women's Fellowship came into being in April 1949 following on after 'The Sisterhood', and has been in existence for 70 years now.

The Minister's wife was the President. The Officers were Chairman, Secretary and Treasurer, ably assisted by a number of Committee Members. The list of the past Chairmen included Lydia Morgan Jones, Veronica Harper, Jean Ritchie,

Joan Woodhouse, Ann Hughes, and Mary Jones, to name but a few.

The Meetings took the form of Prayer, Bible Reading, a Guest Speaker, and ended with tea and biscuits. There was always a Bring and Buy Stall to raise money to pay for a Speaker.

On the nearest Monday to St. David's Day, Women's Fellowship held a luncheon in the then 'Assembly Rooms' and invited

guests to join them in celebrating Wales' Patron Saint, St. David.

Every year, Women's Fellowship went on a Day's Outing which everyone enjoyed. Lydia Morgan Jones and Ann Hughes put on plays at Christmas, in full costume, which were good fun. Once a year, on their Anniversary, Women's Fellowship took the evening Service.

The Fellowship flourished for many years where the weekly

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CHURCH CALENDAR August - September

AUGUST

Sun	4th	10.30am	Dr Alun Jones All Age Junior Church
Mon	5 th	2.00pm	Women's Fellowship
Wed	7 th	10.30am	Church Office
Sat	10 th	10.00am	KIN Cake Stall
Sun	11th	10.30am	Fiona Liddell and Anne James All Age Junior Church
Mon	12 th	2.00pm	Women's Fellowship
		7.30pm	Elder's Meeting – MWL
Wed	14 th	10.30am	Church Office
Sun	18th	10.30am	Mr Richard Edwards – Communion All Age Junior Church
Mon	19 th	2.00pm	Women's Fellowship
Wed	21 st	10.30am	Church Office
Sat	24 th	10.15am	WRB Prayers – St Andrew's Methodist Church
Sun	25th	10.30am	Morning Worship All Age Junior Church Crossroads Deadline Church Family BBQ
		12.00pm	
Wed	28 th	10.30am	Church Office
Thurs	29 th	6.30pm	Skittles Evening



SEPTEMBER

Sun	1st	10.30am	Mr Geraint Richards Junior Church
Mon	2 nd	2.00pm	Women's Fellowship
Wed	4 th	10.30am	Church Office
		10.30am	Mid Week Meeting Point
Sat	7 th	7.00pm	Young People's Travel Talk
Sun	8th	10.30am	Revd Martha McInnes Junior Church
		7.15pm	Youth Fellowship

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attendance was in the region of 40 members. Unfortunately, over the years the attendance dropped due to the changes in Society where many of the younger women work during the day.

Women's Fellowship now meets in the Margaret Whittaker Lounge on Monday afternoons for Prayer and Fellowship, and is always happy to welcome anyone who would like to join them.

Heather Bishop

Don't forget the



Sorry,



on Thursday,
29th August.

in the Birchgrove Pub at 6.30pm

Everyone welcome, no previous experience necessary!!!

Who's Doing What and When

	<i>Driver on Rota</i>	<i>Duty Elder</i>	<i>Stewards</i>	<i>Pulpit Reader</i>
July				
7th	am Mike Warsop & Colin Grimes	Eleri John	Trix Pryce & Lynne Davies	Pat Agland
	pm	Ecumenical Communion Service at Bethany Baptist		
14th	am Tony Webb & Audrey Budding	Jenny McDowell	Pam Penny & Denise Dickman	Jill Ferdinando
21st	am Huw Morgan & Giles Ballisat	Anne James	Richard Sweetnam & Betty Evans	Liz McCarthy
28th	am Harley Jones & Catherine Tyler	Mary Edwards	Pat Agland & Helen Harries	TBA
August				
4th	am Mike Warsop & Keith Jones	Derek Evans	Bev Hampson & Chris Phelps	Colin Grimes
11th	am Tony Webb & Audrey Budding	Ann Brown	Karen Sampson & Andrew Glanfield	Anne James
18th	am Huw Morgan & Giles Ballisat	Colin Grimes	Diane Burton & Fiona Liddell	Audrey Budding
25th	am Harley Jones & Catherine Tyler	Ruth Williams	Mair Haywood & Marianne Barwise	Betty Evans
September				
1st	am Mike Warsop & Keith Jones	Mary Bidnell	Kaye Mundy & Lynne Davies	Eleri John
8th	am Tony Webb & Audrey Budding	Gaynor Rees	Eleri John & Nesta Thomas	Diane Burton
15th	am Harley Jones & Catherine Tyler	Fleur Richards	Audrey Budding & John Prosser	Andy Wales
22nd	am Bill Sampson & Colin Grimes	Viv Jones	Barbara Clift & Pat Agland	Heather Bishop
29th	am Huw Morgan & Giles Ballisat	Ian McDowell	Mike Warsop & Mary Warsop	Helen Harries

Not long to go, now, until our annual retreat to Caldey Island. Here's a few memories of a past year!



Flower Rota

July

- 7th Frank & Anne Rees
- 14th Mary Edwards
- 21st Pat & Cyril Cazenave
- 28th TBC

August

- 4th Barbara & John Rhys
- 11th Grimes Family
- 18th Naomi & Martin Williams
- 25th Heather Bishop

September

- 1st Barbara Clargo
- 8th Louise & Huw Morgan
- 15th Mary & Mike Warsop
- 22nd TBC
- 29th Heather & Colin Bishop



Editor's Note

The **deadline** for articles to be included in the **September 2019** edition of **Crossroads** is **Sunday 25th August** and **Huw** will be editing.