



## CHURCH NEWS

As we move into May and relaxation of our restrictions, some regular services in Beulah are planned.

Morning services on the 1st of the month led by Martha/David, the 3rd Sunday via pulpit supply and the 5th Sunday following the Wales Synod service. Please remember to book your place in advance with Helen at [admin@beulahurc.org.uk](mailto:admin@beulahurc.org.uk)

You should have received the link to the livestream where you can follow our services in church.

Karen has arranged flowers beautifully for the services in church, and as we will have more services in church soon please contact Karen if you are able to contribute or wish to remember special occasions and loved ones.

The blossoms and flowers in the gardens have been beautiful too, with the sun shining we can enjoy nature

*.....There is no time like Spring,*

*When life's alive in everything,*

*Before new nestlings sing,*

*Before cleft swallows speed their journey back*

*Along the trackless track –*

*God guides their wing,*

*He spreads their table that they nothing lack, –*

*Before the daisy grows a common flower*

*Before the sun has power*

*To scorch the world up in his noontide hour...*

Christina Rosetti



Thank you to everyone involved in our Easter services activities and artwork.

We also held a Zoom AGM for the period January-December 2020, thank you to all who took part. As much of 2020 was

in lockdown, not all usual activities were able to go ahead. If you were unable to take part, and still have a report to file for your area, please let me know.

## Family News

Love and prayers also to those members and friends unwell in hospital or at home.

Good luck to all those who will be sitting examinations soon, GCSE, AS, A Levels or university examinations.

Please let me know any other family news you wish to share.

Best Wishes,

Anne

**CONTACT**

### Ministers in the Pastorate:

Rev. Martha McInnes, [REDACTED]

Rev. David Dean, [REDACTED]

Email: [ministers@beulahurc.org.uk](mailto:ministers@beulahurc.org.uk)



Church Secretary: Anne Wilkes, [REDACTED] Email: [secretary@beulahurc.org.uk](mailto:secretary@beulahurc.org.uk)

Church Treasurer: Barbara Rhys, [REDACTED] Email: [treasurer@beulahurc.org.uk](mailto:treasurer@beulahurc.org.uk)

Church Office: Administrator - Helen White, [REDACTED] Email: [admin@beulahurc.org.uk](mailto:admin@beulahurc.org.uk)

## Letter from the Manse

(Continued from front page)

pain and endurance of each day. Surviving this last year has not just been about looking toward tomorrow, or next month, or next year, but about finding God in the present, even the most challenging days.

What in this day caused you to pause and be grateful?

As we take small steps to emerge from our lockdown lives, we may want to pause and find what has given us joy in the last year. Where is your gratitude focused? It might be extra time with someone. It might be a job which has kept us busy, despite the stress. It might be a slower pace of life. It might be new directions in life. It might be as simple as the continued growth of the plants in our garden or a new connection with someone at work or church. It might be the fresh bread the bakery or clean sheets on the bed, dried in the spring sunshine. It doesn't have to be a big thing, but what is

the good thing today that has grounded you, has taken your breath away or simply caused you to smile and think, 'Thank you.'

You remember the ten lepers who were healed by Jesus. After they went to the priest to have their healing confirmed, they were restored to society. Nine of them went off to resume their lives. One returned to Jesus to say, 'thank you.' This parable isn't a message about returning to church when this is all over. It is a message reminding us that gratitude to God can be the foundation of our lives.

There are a lot of things coming 'round the corner. They are good, but today is also God's gift to us. We hope you can find a simple gift in it and offer your own 'thank you.'

Yours in Christ,  
*Martha (and David)*

## ANNUAL ACCOUNTS 1 JANUARY-31 DECEMBER 2020

As not everyone was able to attend the AGM via Zoom on 19 April, I thought I would just let you know that the accounts for last year, which have been approved by our Independent Examiners and the Finance Committee, were accepted at the meeting. They are rather long, but if you are interested in seeing part, or all, of the accounts please do get in touch and I will let you have a copy.

Whilst writing, I, and the members of the Finance Committee, would like to thank those of you who have continued to support Beulah financially in a variety of ways during this pandemic. We have lost income, and will continue to do so, especially from lettings in the Canolfan, but thanks to you we are in a better position than we might otherwise have been.

If anyone would like more information on how they might make a contribution, know more about Gift Aid, or anything else financial, please don't hesitate to contact me. I would love to hear from you. My contact details are in the Beulah Directory.

*Barbara Rhys*

## CHURCH FLOWERS

With the church starting to re-open, we will be looking to restart the flower rota, and I am looking for people to donate flowers on the 1st and 3rd Sunday's of each month (and the 5th Sunday, when there is one!). If you would like to add your name to the rota please email me at:

kren.holbrook@gmail.com or leave me a message

**'A flower is not a flower alone; a thousand thoughts invest in it'**

Look forward to hearing from you

*Karen*



Visit the Beulah website at: <http://www.beulahurc.org.uk/>



## Practical Idealizing

By Robert Loveman

It isn't raining rain to me,  
It's raining daffodils;  
In every dimpled drop I see  
Wild flowers on the hills.  
The clouds of grey engulf the day  
And overwhelm the town;  
It isn't raining rain to me,  
It's raining roses down.

It isn't raining rain to me,  
But fields of clover bloom,  
Where any buccaneering bee,  
May find a bed and room.  
A health unto the happy,  
A fig for him who frets –  
It is not raining rain to me,  
It's raining violets.



This was taken from "A diary for the Thankful-hearted".

Compiled by Mary Hodgkin.

Sent by Rubina Lewis.

## Correction to article on Racism in April edition

We have been advised that Marieke Arthur's name had been inadvertently omitted from the names of the Pastorate Anti-racism Group members, for which the author apologises.

*Ken Woods*

## Beulah Directory

We will soon be beginning work on the next edition of the Directory, so we would like to encourage you to check your entry in this year's edition. If there any errors (particularly in email addresses!) please can you let me know.

Consent for all the current entries was given by you last year, following Data Protection guidelines, but if there are any amendments, deletions or additions you wish to make, again, please let me know as soon as possible, in writing, and also, if you no longer wish your details to be printed in the Directory, please inform me of that.

If you are not listed in the Directory and would like to be, please ask me for a consent form so that you can be included.

When the time comes, please will you remember to destroy the current Directory, and not place it in your recycling bags. If you don't have a shredder, please retain the Directory and, when we are able, bring it to church for shredding in the office.

Many thanks,

*Louise Morgan*

## THANK YOU

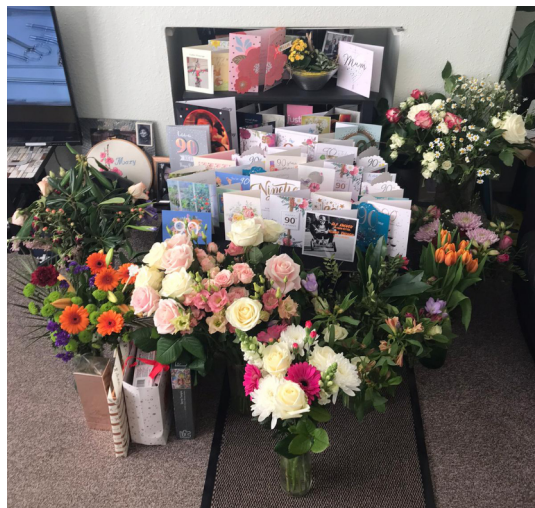
Thank you to everyone who made my lockdown 90th birthday so special. I was overwhelmed by the flowers, gifts, cards and good wishes.

It was lovely to see some of you in garden and doorstep visits.

My day was made extra special by being able to go the Easter morning service in Church.

I'm looking forward to seeing you all again when we're able to.

With love,  
**Mary (Richards)**



# KIN

**Together we care and together we share**

**Christian Aid Week 10<sup>th</sup> - 16<sup>th</sup> May**

Dear Friends,

Here we are, planning a second socially distanced Christian Aid Week!

Although we're still apart this year, the KIN Committee have planned some fundraising events which we hope you'll enjoy taking part in.

Please go to this JustGiving page to donate to Christian Aid throughout May ...

<https://www.justgiving.com/fundraising/cardiffandpenarthfundraising>

As ever we want to include everybody in our fundraising so, for those not online, it will be possible to make a donation with the help of your Pastorate Elder.

**Big Zoom Brekkie before worship at 9.45 am on Sunday 16<sup>th</sup> May**

Many of you will remember the Big Brekkies we've held in the past. This year we would like to hold a Pastorate wide Big Brekkie on Zoom. We'll provide a box of breakfast goodies to all those who would like to take part and then we can share in fellowship and fundraising as we gather together remotely. (Full details to follow).



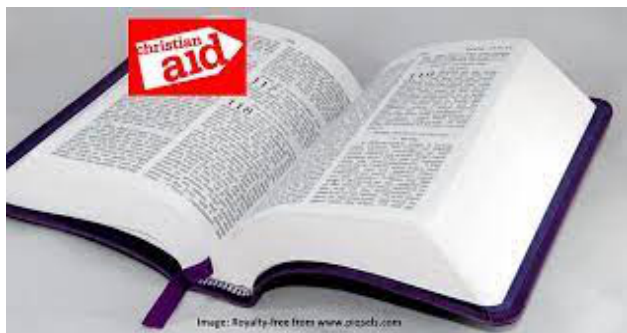
**Step Out for Christian Aid in the Pastorate 3,000,000 Step Challenge**

On reflection, we've decided to adapt the original step challenge suggested by Christian Aid and turn it into a Pastorate wide combined challenge. We felt that a joint sponsored event across the Pastorate would be more fun, inclusive and feasible. We can encourage each other along, post photos of our walks and enjoy our combined efforts to reach 3,000, 000 steps across the Pastorate throughout the whole month of May.

By using an App on your phone, we need you to keep count of the number of steps you take as individuals and as a family as you step out for Christian Aid, and then send your totals each week to Helen at [admin@beulahurc.org.uk](mailto:admin@beulahurc.org.uk)

**Please tell all your friends and relatives about what you're doing for a great cause and get them to donate to our JustGiving page in support.**

**The Great Christian Aid Psalmathon**



Fiona Liddell has been approached by friends regarding a sponsored Psalmathon. You can join the Christian Aid team in Marlow to read through the book of Psalms on Zoom. They're hoping for at least 150 readers (that would be one Psalm each). There's a £5 sign-up fee and, if you choose to take part, your sponsorship money would go to our JustGiving page. Full details at [The Great Christian Aid Psalmathon](#)

Please get in touch with either Eileen [redacted] or Eleri [redacted] if you have any questions.

A big thank you in advance from all the KIN Committee ... we hope you enjoy fundraising for this year's Christian Aid Week



## Senior Moments

I beg your indulgence, but during the last few weeks, whilst we have been 're-distributing' many of our dear Mum's artefacts, with a lifetime of memories, we came across many a notebook, or diary, with Mum's scribings over the past years, indeed, maybe decades! In one such notebook, I discovered that Mum had been saving up a number of amusing items, all of which she had patiently handwritten out, perhaps for publication at a later date! Anyway, over the next few editions, I shall share with you a sample of our Mum's lovely sense of humour. Here is the first.

*Colin*

When you reach 'a certain age', you discover that you look at life slightly differently, for example:- You remember today that yesterday was your wedding anniversary. You get winded playing chess. You finally reach the top of the

ladder, and find it's leaning against the wrong wall.

You burn the midnight oil ... after 9:00pm.

You stop looking forward to your next birthday.

You regret all those temptations you resisted.

You can't stand people who are intolerant.

For women: You put your bra on backwards and it fits better.

For men: You find that the little grey haired old lady you help across the road ... is your wife!

You're 17 around the neck, 44 around the waist, and 105 around the golf course.

Police officers and doctors look as if they should still be in school uniform.

You start a sentence but forget what you ...

Senior moments are also a preoccupation with the 'hereafter'. Wherever you are - in the kitchen, the hall, the bathroom, or the bedroom - you're always asking yourself "What am I here after?"

## 'VIRTUAL' WORSHIP

Everyone IS INVITED to join Friends from thirteen local Churches in 'VIRTUAL' WORSHIP  
10.15am – 10.45am

29th MAY  
Beulah, Rhiwbina

26th JUNE  
Whitchurch Methodists

Please contact me if you require Zoom/ telephone links,

*Anne Wilkes*



## Beulah Lockdown Recipe Book

### IMPORTANT MESSAGE

First of all, an apology to Jill Ferdinando for our error, and secondly, an apology to all those who attempted the **Warm Syrup Cake recipe** in the Lockdown Recipe Book!!

A few people have already observed that the quantity of flour is missing from the list of ingredients!! That could lead to a culinary disaster!

Please add a note in the margin of your recipe books that there should be **225g (8oz) flour** included in the cake mix.

*Ann & Colin*

## Junior Church

The Creche, Beginners and Primary departments of Junior Church will be meeting in the Canolfan Garden on the third Sunday of the month between 10.30 and 11.30am, weather permitting.

16<sup>th</sup> May -

“We are going on a journey!”

20<sup>th</sup> June -

“What are we growing?”

18<sup>th</sup> July -

“Celebration!”

Please wear appropriate clothing for outside, and bring your own drink.

We look forward to seeing you!

*Pat, Pat and Ann*



## Editor's Note

The **deadline** for articles to be included in the **June 2021** edition of **Crossroads** is **Sunday 24th May** and **Huw** will be editing.

## THANK YOU

I would like to say thanks to so many Beulah friends

First of all, many thanks to Colin and Huw, most sincerely, for collating the contributions of so many Beulah members to produce each issue of the Crossroads. I look forward to receiving it every month, with all the news of our church community. Also, many thanks to the flower fairies who have left floral surprises on my doorstep. Beverly, my elder, has been very supportive, and helpful, and we have become good friends. I have received many calls and communications, and hope that I have been successful in keeping in touch. I look forward to May church services, albeit not as we would wish, but to unite in faith and worship.

Regards and love to you all,

*Ann Brown xx*



## Editorial Team

Colin Grimes,

Huw Morgan,