



## CHURCH AND FAMILY NEWS

Remember remember the 5th November...

This month the Whittaker lounge is open on the 5th November, it has been a long time coming and I know has been much missed. If you haven't yet seen inside since the refurbishment it is looking great so do pop along for a cuppa.

Beulah is also now open every Sunday with no need to book. You are asked to continue to wear a face covering and sign in for track and trace.

We have central seating both up and downstairs for those happy to sit together. For those wishing to maintain 2 metre distance this will now be available on the right hand side ( organ side) of both up and downstairs. The left hand side up and downstairs will be available for families and Junior Church.

Communion service will continue on the first Sunday of the month with Martha or David and will be served by elders.

The 4th Sunday will still be a pastorate Zoom and for now this will be from the Beulah Service. It was

good to see those on Zoom on the big screen during the October service.

The 5th Sunday will follow the pre-recorded Wales Synod Service. However, some of the hymns prayers/readings will be live from Beulah.



Entrance/ exit for upstairs seating via main doors on Beulah road, and for downstairs via Whittaker entrance continues.

As the temperature is dropping and doors / windows will be open for ventilation you may need to wrap up warmly, the heating will be on prior to the service too.

Thanks to Ann Grimes who has agreed to take on the Cradle Roll duties, and we are looking forward to the next Baptism on 28th November.

As more people are returning to church, for those stewards and non-serving

elders if you now feel that you are comfortable to able to help with steward/Duty Elder duties and don't already have any dates please let me know.

### Family News

Sincere condolences go to Rhiannon Jones, Enfys and Eleri, on the death of Rhiannon's Dad, Revd. Gerwen Jones.

A number of members and friends have been in, are in ( Betty Evans) , or going in (Ruth Williams) to hospital and we send our good wishes for your speedy recovery.

Congratulations and Best Wishes to Nia Holbrook and Alex Pike on their recent wedding.

Belated special Birthday wishes to Mary Prosser for October.

Best Wishes,

Anne

### THANK YOU

We would like to thank Beulah for the beautiful flowers and sympathy cards we received after the loss of our dad/tadcu. We were very touched by your kindness. Thank you,  
*Rhiannon, Enfys and Eleri*

**CONTACT**

### Ministers in the Pastorate:

Revd. Martha McInnes, Mob: 07519 831405

Revd. David Dean, Mob: 07772 714388

Email: [ministers@beulahurc.org.uk](mailto:ministers@beulahurc.org.uk)



Church Secretary: Anne Wilkes, Tel: 07855 640634 Email: [secretary@beulahurc.org.uk](mailto:secretary@beulahurc.org.uk)  
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## Letter from the Manse

(Continued from Front Page)

no longer sit beside us at church or whose phone call we can no longer look forward to receiving. We can name our own sadness for all we have missed to God. Maybe we can even be brave enough to share conversation with someone else about our sadness.

And after noting our losses and our grief, maybe we can offer a prayer like this one:

*God, words cannot hold the depth of my feelings. Yet you know me. You know my gratitude - for life shared, for memories made, for lessons learned.*

*You know my sorrow - for moments missed, for quiet rooms missing the laughter of family and friends gathered, for sadness that shapes my day. I offer both sorrow and gratitude to you.*

*God, your love comes to me in the midst of sorrow and gratitude. May that love encompass me and bring me peace in my sorrow. May that love be the grounding of my gratitude. Amen.*

We hope any conversations we have with you will be open to both the gift of this day and the grief that we carry.

Yours in Christ,

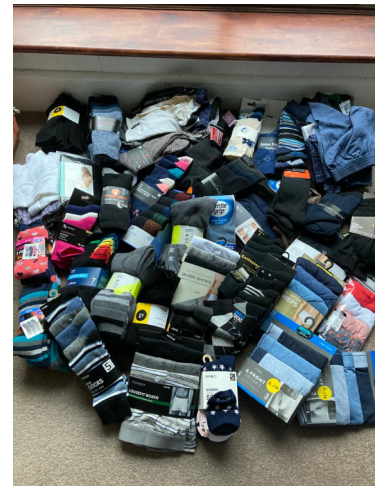
*Martha and David*

## THE HUGGARD CENTRE

As Karen Holbrook wrote, in the last edition of Crossroads: *"Huggard has been asked to take over one of the Council hostels. This is because we can offer a full wrap-around service for clients giving residents opportunities such as volunteering, education, harm reduction, independent living skill, and much more. The new hostel has 24 en-suite rooms and 20 emergency beds. I am asking KIN if it could support us in this new venture by raising money to help us fit out one of the new bedrooms. We have always given our clients rooms with a small kitchen area, containing kettle, fridge and microwave, along with cooking utensils, crockery and cutlery. Each room costs around £230.00 to fit out. Anything that could be raised towards this would be very much appreciated."*

So, for Harvest this year, KIN asked for pants and socks for Huggard, and some money, if possible. Well, what can we

say! Beulah again showed its generosity, love and compassion for helping others. We had over 7 carrier bags full of pants and socks for the Hostel!. You also donated money, which amounted to £1679! The money raised will go towards refurbishing the new rooms at the new Hostel. Alongside is a photo of our pants and socks donations, and below, a photo of the items for each new room. This equates to at least 7 rooms refurbished by Beulah!! Many thanks for all your generosity over Harvest. Huggard are so grateful for your continued support. *Eleri John*



### THANK YOU

I just want to thank Beulah for the amazing response to my request for help for the Huggard Centre.

Again, Beulah has risen to the challenge, and we have had a fantastic response.

Thank you from all of us at the Huggard.

*Karen*

Visit the Beulah website at: <http://www.beulahurc.org.uk/>



# KIN

Together we care and together we share

## KIN at CHRISTMAS

**OPERATION CHRISTMAS  
CHILD SHOEBOXES**  
Please see separate item

**WINTER FESTIVAL  
SATURDAY  
4<sup>th</sup> DECEMBER**  
in the Canolfan and  
Memorial Garden

**Mulled wine, mince pies  
and stalls in aid of Noah's  
Ark Children's Hospital  
emergency packs**

We will be serving mulled wine and mince pies downstairs in the Canolfan. There will also be a small number of stalls in the garden room including a bottle stall, a Fairtrade Hamper raffle and Beulah recipe books (for BHF). Donations to the Bottle Stall will be very welcome!

## Memorial Garden and Memory Tree

The Canolfan doors will be open so that people can spend some time in the Memorial Garden which will be decorated in Christmas lights. We'll create a memory tree so that the names of loved ones lost to us can be added. People may feel they also want to add other aspects of loss they have experienced or witnessed during the pandemic. The tree will be carried over to the church for the Light for our Loss service on Sunday 5th December.

## CHRISTMAS COFFEE MORNING AND RAFFLE ONLINE

**Saturday 18<sup>th</sup> December**

We want to include the whole Pastorate again in the Christmas raffle and online coffee morning.

Keep the date free and we'll let you know how to buy your raffle tickets nearer the time.

## WOULD YOU LIKE TO HELP MAKE UP A HAMPER FOR OUR RAFFLE?

Perhaps you would like to create a themed hamper as a family or join with a friend or group of friends?

## The Christmas hampers we we would like are:

Night Before Christmas;  
Boxing Day; Floral;  
Children's; Afternoon Tea;  
Bathroom

Please contact either Eileen or Eleri by Sunday 21<sup>st</sup> November giving details of who is involved and which hamper you would like to make up.

**Your hamper will need to be  
completed by Thursday 16<sup>th</sup>  
December.**

## COP 26 - Join the global day of action!

On Saturday 6th November people around the world will take to the streets to march together for climate justice. A mass mobilisation will take place here in Cardiff with Christian Aid, Tearfund and CAFOD planning to draw together on the day as a 'faith bloc'. This is a unique opportunity for us to call on the UK Prime Minister and world leaders gathered at COP26 to take action that will end climate injustice. Please join the march and stand in solidarity with those on the front lines of the climate crisis.

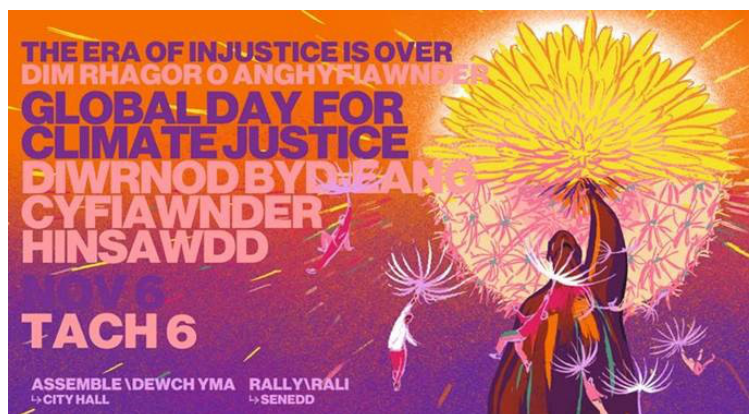
### Where and when?

- **Saturday, 6th November**
- **11.00 am –**

**Meet at Eglwys Dewi Sant** (St Andrew's Crescent, Cardiff CF10 3DD) from 10:45 am for a brief prayer meeting at 11.00 am. This will be an opportunity to chat, collect placards and have a moment of reflection before heading over to the march together by 12.00 pm.

- **12.00 pm – Assemble** at City Hall before marching through the city towards Cardiff Bay for a rally at the Senedd.

Further details from Eileen  
(07518750215)



## Margaret Whittaker 'Coffee' Lounge

It's been a long time, but we are in the final stages of preparing to open the Whittaker Lounge to the general public on 5 November 2021.

We plan to open 4 days a week (10.00am – 12.30pm) with Miss Tilley running the Lounge on Monday and Tuesday and Beulah volunteers on Friday and Saturday. We will have to review our plans for Saturdays as requests for additional volunteers have not yet resulted in more people willing to join our rota – we really need a few more people to join our "reserves" list so, if you can help, please do contact Christine Pugh on 029 2075 4608.

Artistic creativity is not a talent to be found in the Pugh household (as you can see from the poster publicising the opening as displayed outside the side porch entrance) and we are very grateful to the youth fellowship who responded to our request for a purpose designed poster which will be displayed following our opening.

As COVID is still part of our lives, we have agreed a full risk analysis and all Lounge volunteers are in the process of being briefed in respect of the various dos and don'ts which we have to follow. This is quite an important step for us all, and for the first 6 weeks a committee member will be on duty every Friday and Saturday to provide hands-on training the volunteers. (Continued ➔)

## Beulah Family Christmas Meal Whitchurch Golf Club

Don't miss out on a good night out!! If you haven't already added your name to the list for the Christmas Meal (at 7pm on Thursday 9<sup>th</sup> December), don't despair, it may not be too late!! The cost of a meal will be £25 per person. The list will be in the church porch until 28<sup>th</sup> November, so please add your name and indicate your meal choices. If you would like to come, and are unable to do that, please contact Ann or Colin Grimes, no later than Sunday 30<sup>th</sup> November. We're sure we'll be able to 'squeeze' you in! (Covid-19 regulations permitting!!)

Phone 029 2052 9422, and if there's no answer, leave your name and number and we'll get back to you.

### Christmas Decorations

Christmas decorations will be available again this year if anyone wishes to order one please can you contact Karen Holbrook at:

kren.holbrook@gmail.com  
or 07814412593

Also - I have spaces for Church flowers throughout November and December please contact me as above.

*Karen*

### CHRISTMAS GIFTS 2021

We would be grateful to once again receive your gifts of Christmas Food/Chocolates for families who are supported by the Family Intervention Support Services and Cardiff Children Services [no alcohol please].

Please deliver your gifts to Ann Grimes (address in Church Directory) between Monday 7<sup>th</sup> and Sunday 13<sup>th</sup> December.

Thank you,  
*Ann*

### Editorial Team

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Tel: 029 2052 2782

Email: [crossroads@beulahurc.org.uk](mailto:crossroads@beulahurc.org.uk)

Social distancing will limit the maximum number of customers we can seat at any time, but it would be good to see some Beulah people lending their support.

*Christine Pugh*  
Chair  
Margaret Whittaker  
Lounge Committee

### Editor's Note

The **deadline** for articles to be included in the **December 2021** edition of **Crossroads** is **Sunday 21st November** and **Huw** will be editing.

## Light For Our Loss

There will be a light for our loss service again this year on the 6th December at 6 p.m. As many of you may not have been able to attend last year due to shielding/isolating the service will remember all those members and friends who have died during all of the lockdown period.

If you would like to attend I would be grateful if you could register your interest as soon as possible with Helen or myself so that we have an idea of numbers to ensure there is adequate space available.

Anne

## Beulah United Reformed Church



### Light For Our Loss

***We light a candle  
to cherish those we love  
who are lost to us  
through death.***

*A Candle Lit  
Carol Service*

*5th December 2021*

## City URC Worship

As City has returned to onsite worship, they have developed a new pattern for worship. There is a monthly cycle which includes traditional worship, a reflective service, a devotional walk, and a cafe-style service. If you feel like worshipping in a different style, you may want to try one of the services at City.

## Bible Studies

Bible Studies have resumed. If you are interested, they are Tuesdays at 2 p.m. and Thursdays at 7.30 p.m. They remain on Zoom as they include people from across the Pastorate. Get in touch with Martha and David if you would like the link.

## Advent

Before we know it, Christmas will be upon us. Last year Martha produced an Advent Booklet with readings for each day.

On Sundays this year, our candle lighting will look at: 'this time'; 'deep time'; 'slow time'; 'action time'; and, 'joyous time' on Christmas Day. If you have any readings you would like to contribute about time or Advent, please send them to Martha and she will see what we can create:  
[marthalmcinnis@gmail.com](mailto:marthalmcinnis@gmail.com)

## Shoebox Appeal

Operation Christmas Child

We will again be filling shoeboxes with goodies for needy children and leaflets are now available in the Church and Canolfan. Could you please find time to fill a shoebox and/or donate money to enable the purchase of suitable presents for the boxes? Full details on closing dates for receipt of these and where to deliver them will be in the weekly notices. Donations of money can be given to Ann Grimes. Any help you can give will be much appreciated. Thank you. Thank you,

*Eileen*

## Special thanks!



Many people might have noticed that our eco-plaque, presented for our work up until 2015 and valid until 2018, had become very damaged and weathered on its spot outside the Margaret Whittaker Lounge. On examination, it turned out to have been created using a craft called "pokerwork" which made easy restoration difficult.

How delighted we were to find out by chance that we already had such an expert in our contacts! Special thanks to Dede, sister to Ian McDowell who has used her skills and a great deal of time to refurbish the plaque for us. You can see the wonderful results attached!

The plaque marks an important stage in our eco journey, but of course the journey continues as we work towards COP 26 and even greater challenges ahead.

Thank you Dede and Ian!

*Liz Kidd*

## DIRECTORY AMENDMENT

Catherine Tyler's address is incorrect in the new Directory. If you would like to know the correct house number, please contact Catherine using her contact details as given in the Directory.

## VE Day Remembered????

You may recall, in earlier editions of Crossroads, this year, that I have reproduced a couple of musings which my Mum, Elinor, had recorded in one or two notebooks over the years. This one surfaced at the 75<sup>th</sup> Anniversary Celebrations of VE Day, in May 2020. At that time, last year, we were still deeply ensconced in Covid Lockdown, and whilst our street had a socially distanced street party, my Mum's cul-de-sac was familiarly and eerily quiet. Undeterred, my Mum had her own celebration, after all, she had lived through the Second World War, and was personally involved in the celebrations of that very first VE Day. When we visited her later in the afternoon, Mum had put together her own little 'exhibition' of photographs and artefacts (like my Dad's wartime medals) and amongst those, Mum placed her handwritten copy of this poem. I don't know that it had a great significance with VE Day particularly, but it was very much of that time. I just thought it might resonate with just a few of the Beulah congregation!!

*Colin*

## Friday Nights

On Friday night, when I was a kid,  
there was such a lot to do,  
but Friday night was Amami night,  
and of course, it was bath night, too,  
and the old zinc bath used was brought indoors,  
and positioned in front of the fire  
and the boiling kettles were quickly poured,  
till the water right rose higher and higher  
and into the water I gingerly stepped,  
I remember the feeling well,  
and a large red tablet of Lifebuoy,  
with its clean carbolic smell,  
and the big striped towel was on the guard,  
I can see it hanging there,  
and my winceyette nightgown, was being warmed,  
as it hung on the back of the chair,  
and my hair was washed, and rubbed, and squeezed,  
and the soap got into my eyes,  
and the rinsing water always too cold,  
and came as a nasty surprise,  
and then I got out and stood by the fire,  
and the towel was warm and rough,  
and my skin was tingling and glowing,  
and I just about had enough,  
but there was one more thing I had to bear,  
after all the prods and digs,  
and that was the very worst thing of all,  
the dose of syrup of figs!

*Unknown*



## Christmas is Coming ....

I can't believe I am saying this but I actually started preparation for Christmas in July this year... Sanyu's homemade Christmas Cards and Calendars have been so popular that each year the preparation gets earlier and earlier to meet the demand. It's so much fun to make cards with the children; they love it and are so proud of their creations and shout, "you see!" and "again". The calendars provide a beautiful snapshot into the lives of both the children and staff who live and work at Sanyu.

**This year, we have 5 different designs of our Sanyu Christmas Cards.** Each card is handmade by one of our beautiful children (and finished in my apartment!) and costs just 50p. All orders are custom made, so you can select whichever designs you like – see photo below.



**Sanyu Calendars** were a new venture for us last year and were so popular that they are back again this year! Each month is illustrated with photos taken in and around Sanyu Babies' Home, including lots of pictures of our gorgeous children! This year, the calendars come in 3 different sizes:

A4 Wall Hanging Calendar (£10)

A5 Desk Calendar (£10)

A3 Wall Hanging Calendar (£12) - only available for collection / delivery in the Cardiff area.

The profits from this year's Christmas Card and Calendar sales will be going towards replacing Sanyu's pick-up truck. The truck is essential for the day to day running of the home, but it's old, unreliable and not fit for purpose.

Orders can be collected / delivered in the Cardiff area at no extra cost, but for orders going further afield, we will ask for help with postage costs.

To order, please contact me or my family using the contact details below:

Emily

[emily.cheer@hotmail.co.uk](mailto:emily.cheer@hotmail.co.uk) / [cheerfamily1@outlook.com](mailto:cheerfamily1@outlook.com)

07752556264 (Brenda) / 07742129454 (John)





## Whitchurch Rhiwbina Birchgrove Prayers

### OUR FUTURE 2021 WORSHIPS

**27<sup>th</sup> November**

#### **St Teilo's R.C. Church, Whitchurch**

Again, we will meet face-to-face, or for those Friends who cannot join us, St Teilo's has a twenty four hour webcam and our Worship will appear on the webcam live. Details next month.

**18<sup>th</sup> December,  
Rhiwbina Baptist Church,  
Rhiwbina**

**(please note earlier date as Christmas Day is the following Saturday)**

## Memorial Bench

You may have noticed that we have a new bench outside Canolfan doors – if you read the plaque, you will see that it is in memory of Ron and Denie Leech, who were faithful and active members of Beulah for many decades until their recent deaths – Denie in 2020, and Ron this year. The bench is from their garden – and their daughter, Thelma, has kindly donated it to Beulah.



Its position outside Canolfan is particularly fitting as Ron was a driving force in the development of the old Assembly Rooms to Canolfan as it is now, and his name is on the plaque at the foot of the stairs celebrating the opening of the renovated building in 2000.

## Merci Beaucoup

I want to say a big THANK YOU to everyone who has worked hard to make the Canolfan so welcoming. It's been a joy to return there and teach French conversation face-to-face, after a long break since March 2020. My learners and I are all very impressed with the redecorating and the care taken to make everything as Covid-safe as possible. We very much appreciate all the work done to improve the heating system, too. And what a beautiful garden! Merci beaucoup mes amis!

*Valerie Hannagan Lewis*

## SPARKLE WALK

Many thanks again to those who supported the walkers in raising funds for the City Hospice. Your generosity contributed a wonderful £631.25! The overall total raised is £18000. *Louise*

## URC Diaries and Prayer Handbooks 2022

If you would like to order a diary or prayer handbook, please sign the list in the church porch, or contact Louise Morgan, by 14th November.

Pocket Diary, Blue: **£6.99**  
Pocket Diary, Black: **£6.99**  
A5 Diary: **£9.99**  
Prayer Handbook: **£5.49**

## CHURCH CALENDAR

### November

**Sunday 7th**                      **10.30 a.m.** Worship with Communion: Martha McInnes or David Dean

**10.30 a.m.** Junior Church

**7.30 p.m.** Youth Fellowship

**Monday 8th**                      **7.30 p.m.** Elders' Meeting

**Sunday 14th**                      **10.30 a.m.** Worship: Mrs. Louise Morgan & Mrs. Jenny McDowell

**10.30 a.m.** Junior Church

**7.15 p.m.** Youth Fellowship

**Sunday 21st**                      **Crossroads Deadline**

**10.30 a.m.** Worship: Mrs Vera Ruddock

**10.30 a.m.** Junior Church

**3.00 p.m.** Junior Church: Outdoor Church in Heath Park

**7.15 p.m.** Youth Fellowship

**Saturday 27th**                      **10.15 a.m.** WRB Prayers

**Sunday 28th**                      **10.30 a.m.** Worship & Baptism: Revd. Martha McInnes

**10.30 a.m.** Junior Church

**7.15 p.m.** Youth Fellowship

### December

**Sunday 5th**                      **10.30. a.m.** Worship with communion: Revd. David Dean

**10.30 a.m.** Junior Church

**6.00 p.m.** Light for our loss.

**7.15 p.m.** Youth Fellowship

### ROTAS

	<i>AV System Rota</i>	<i>Bible Readings</i>	<i>Prayers</i>
Nov 7	Richard Sweetnam	Andrew Glanfield	Derek Evans
Nov 14	Huw Morgan	--	--
Nov 21	Harley Jones	Richard Sweetnam	Helen Harries
Nov 28	Marianne Barwise	Liz McCarthy	Jenny McDowell
Dec 5 am	Richard Sweetnam	Huw Morgan	Louise Morgan
Dec 5 pm	Harley Jones	Jill Ferdinando	Roger Bidnell