



CHURCH AND FAMILY NEWS

It has been lovely that so many things are happening in church and Rhiwbina in November and December, and quite difficult to keep up with.

I wasn't able to make it to the Evening concert with Rebecca Evans and Michael Pollock but I hear it was a great success and great to be celebrating the 100th concert – a great achievement. Thanks to Trix and all those who help to organise and make the concerts successful.

The Christian Aid meeting with speakers including Mari McNeill went well, thanks to Eileen for organising this event and all those who contributed and supported the event.

There have been some KIN events including Autumn Coffee Morning, and the Christmas coffee morning will be on 17th December and our Carol Service in the evening.

John & Brenda Cheer have led a TED (towards the end of the day) service in the evening, it is

always lovely to have candles, reflection prayers and music Taize style. If you haven't been before look out for the next one on 4th December.



This year the Light for our Loss Service will be on the 11th December with music reflection and prayers to remember those we have lost this year.

The Church always looks great at Christmas (although appeared very bare during Covid), a big thank you to Karen Holbrook for all her hard work throughout the year with decorations and flowers. This year moving more to 'Grown not Flown' flowers, it has been great to see the changes, and quite tricky to sustain over winter time. Since the Flower Festival I have been following the recommended no

dig gardeners. Maybe I should be following Ian's Beulah gardening – There was a great selection of seeds from Beulah's Garden to purchase at the coffee morning – maybe there will be an abundance of home grown flowers all round next year.

Many friends and members have been meeting and planning how best to help with the cost of living crisis. To start, the lounge is now a Warm Space during Friday and Saturday's Whittaker Lounge Café, including free hot/cold drinks with a warm welcome.

Family News

Best wishes to those still in hospital or home recuperating, we are thinking of you all. Val Williams is also recovering at home after her recent heart operation and its good to hear that you are doing well.

Anne



CONTACT

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Revd. Martha McInnes,
Revd. David Dean,

Email: ministers@beulahurc.org.uk



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Letter from the Manse

(Continued from Front Page)

hope that knows how to holler when it is called for, hope that knows how to sing when there seems little cause, hope that raises us from the dead— not someday but this day, every day, again and again and again.

Jan Richardson

Right now, as we prepare for the birth of Jesus, and we face into climate crisis, and we wonder how we, or our loved ones, will pay energy bills and/or mortgages, and we recover from illnesses and face new diagnoses, it seems this stubborn hope may be what we need to enable us to simply get through the day.

God's hope isn't just for a nice day at some point in the future. It is no longer fragile and tender. Hope is the ability, the resilience, to face into this day, doing the work that needs to be done, being friends and carers; following Jesus and being voices for change, hands that offer support, hearts that don't turn cold.

With all this is before us this week, this month or next year, may stubborn hope, God's hope, give us the strength we need to find joy in each day, in whatever lies before us, trusting that we are not alone and when necessary, embodying God's love for those who cannot hope themselves.

Peace,
Martha and David



The Huddle

Meet, Pray, Reflect, Chat

Every Wednesday the Margaret Whittaker lounge will be open for anyone who would like to come together to meet, pray, reflect and have a coffee and chat.

This space is here from 11-12.30pm every Wednesday and will hopefully evolve into a meeting place where people can share a thought of the day and a prayer. Everyone is welcome and if you would like to participate in the "thought of the day" please let me know.

Looking forward to seeing you
Fleur Richards

THANK YOU



Yet again the Beulah family has encircled us with prayer, love and support since Ian was admitted to hospital.

From messages, phone calls and doorstep calls to flowers and cake we can't thank you enough.

Love Bev and family xx

Thank You

I would like to say a big thank you to the Beulah family for the lovely flowers and good wishes I have received during my recent stay in Velindre. Thank you everyone

Evan Thomas

Beulah Tots

Beulah Tots is for anyone with a baby or toddler up to five years of age. We meet at the Canolfan every Tuesday morning at 9.15-11am. We play with toys in the hall and out in the garden. There is a craft table every week to make and create, and a chance to enjoy a warm drink and biscuit (squash/water for the children). The price is £2.00.

There is no need to book just come along and enjoy the morning.

Hope to see you there!

Fleur Richards 😊

Editor's Note

The **deadline** for articles to be included in the **February 2023** edition of **Crossroads** is **Sunday 22nd January** and **Colin** will be editing.

Editorial Team

Colin Grimes,
Huw Morgan,
Email: crossroads@beulahurc.org.uk

Visit the Beulah website at: <http://www.beulahurc.org.uk/>

KIN at CHRISTMAS

Beulah's fundraising activities and celebrations

We hope there is something here for everyone and that you will enjoy taking part in our Christmas fundraising this year. As ever, all the money raised will go to some of the many urgent needs there are at this moment both in the UK and globally.

A big thank you to everyone who has supported KIN at the Autumn Coffee Morning and the Rhiwbina Winter Festival. Your help and generosity are greatly appreciated. Final figures for the money raised will be available soon.

Still to come ...

The KIN Family Christmas Card in aid of Shelter

Junior Church are busy preparing the Christmas Card and it will be at the front of the church to sign over the coming weeks.

Christmas Coffee Morning in aid of Space4U

Saturday 17th December
10.30am

in the Canolfan
A chance for the Pastorate to come together to enjoy festive entertainment with music, conversation, carols, mince pies, cake and coffee. Please join us!

Carol Singing in aid of Ty Hafan

21st - 24th December

We're delighted to be able to carol sing once again around the Rhiwbina streets alongside our friends from All Saints and Bethany.

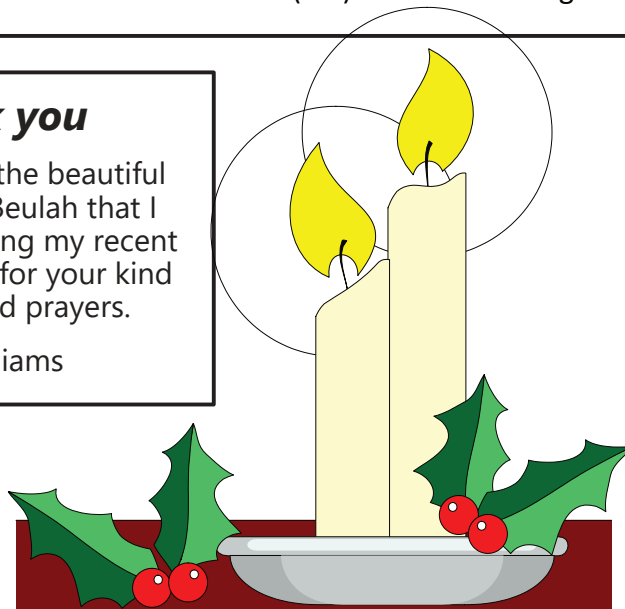
Please do come along and share in one of Beulah's longest and much loved traditions.

There will be full details nearer the time, but the rota for refreshments is as follows:
21st All Saints
22nd Beulah
23rd Bethany
24th (am) Whittaker Lounge

Thank you

Thank you for the beautiful flowers from Beulah that I received following my recent operation, and for your kind thoughts and prayers.

Val Williams



Celebrate a Green Christmas

Thursday 8th December 2022

7.30pm – 9.00pm

Email:

Jason.askew@urcwa.es@urc.org.uk

to register and obtain the Zoom Link

“Journeying Together as Eco Church”

Warm Space

Every Friday
& Saturday
10:00 - 12:30

- A warm space
- Free hot/cold drinks
- Free Wi-Fi
- Companionship
- A warm welcome



New Shoots, Hardy Evergreens and Annual Blooms

After the difficult times of the pandemic, when we did our best to find new ways to be together and support each other, it is so very heartwarming to see the many wonderful things we have going on in Beulah, across our pastorate and amongst the wider church community.

We've seen the successful return of Beulah Tots and Come and Play. The resumption of our well-loved Concerts at the Crossroads. New activities such as Theology on Tap and the wonderful Grown not Flown flower festival and the return of our usual patterns of weekly worship in church, with Livestream and Mixcloud continuing alongside, to name but a few.

We also have some very well-established means of communications:

Crossroads and our notices are well used and loved, as are our noticeboards in the porch with their sign-up sheets and posters and the return of the digital screen in the Canolfan porch. On-line we have our weekly emails from our Pastoral Elders, our website has been given a new lease of life and we've gotten the

hang of FaceBook – both our public Beulah URC page and our Beulah Friends and URC Pastorate groups. We might even look at other social media!

You may know that we have a 'Communications Group' in Beulah (we are always looking for new members if you are interested in joining us) who look after things such as the website, Crossroads, the technology in the Church and Canolfan, our social media presence and other matters supporting both internal and external communication.

Being part of busy church, pastorate and wider URC and North Cardiff communities, there's so much now going on its difficult to keep up with everything and to make sure that we try and get news out as best we can in a timely and effective manner. We have therefore created a new email address: news@beulahurc.org.uk for your activities and events. If you email this address, or copy it in if you are emailing someone else in Beulah, a copy of your email will auto-

matically be sent to all of the following:

- The members of the Communications Group (website, Crossroads, social media)
- Our Church Secretary (notices, weekly email)
- Our Church Treasurer
- Our Ministers
- Our worship group lead (Louise Morgan)
- Our pastoral lead (Ruth Williams)

This will enable us to pick up your activities and events for you and make sure we do our best to promote them via a range of means, including the weekly notices and the weekly emails we receive from our Pastoral Elders, as well as Crossroads, the website and FaceBook as appropriate.

So, please do make a note of news@beulahurc.org.uk and the next time you have an event or something you'd like to promote – please don't forget to copy it in.

Best wishes,

*The Beulah Comms Group
(Andrew, Anne, Colin,
Harley, Huw and Kevin)*

NEW YEAR'S DAY BRUNCH

After a short Communion Service in church, **at 10.30am** on New Year's Day, please join us in the Canolfan, for our traditional New Year's Day Brunch.

We also hope to arrange a New Year's Day Walk (to walk off the Brunch), but this will depend upon the weather!

Ann Grimes



Mindful doodling – last chance

The last of our series of mindful doodling sessions is on Sunday Dec 11th 2 – 4 pm, suitable for adults and children aged 5+ years. With a playful approach and using a variety of mixed media, we undertake a series of guided activities under the expert leadership of artist Alison Graham. No particular ability is needed, just a willingness to 'go with the flow' and let your creativity find new expression. (Its also a warm space with good company and a cup of tea – tell your friends!)

[Book here](#) or contact Fiona

Junior Church and youth at Christmas

In preparation for our Blessing the Crib service, led by Junior Church children at 5pm on 24th December, we will be rehearsing throughout the Sundays of Advent, including rehearsals after the service on Sunday 11th and Sunday 18th December. We would encourage those involved to attend each week if at all possible, or to let us know if you cannot come. Carol Coleman has kindly put together a script for the service. If you have any particular queries or concerns contact Carol Our older young people will be leading part of the morning service on Sunday 18th December.

Are you ready for Christmas?

We have an envelope pack to distribute to every family, to help us think about the Christmas story and prepare ourselves for the Big Day.

Are you ready to start? ...to welcome? ...to celebrate?... to give?... to meet Jesus?

The pack includes a Countdown to Christmas poster and week by week activities suitable for children. We will be giving the packs out at the beginning of Advent. If you would like a pack but cannot be in church early in Advent, or if you know of someone else who would like one, contact Fiona and we can arrange to get one to you.

Packs have been prepared by the [URC](#), in conjunction with the [Joint Public Issues Team](#) (which also includes the Methodist and Baptist denominations).

Fiona Liddell

Sustainable Church Flowers

This year the decision was made to stop using floral foam in church decorations, our aim being to work towards using more seasonal and local flowers and foliage whenever possible. One of the casualties of this decision is that we are unable to make the traditional door swags as these are not sustainable due to the amount of single use plastics.

Apologies to everyone who regularly supported this fundraising project and thank you for all supporting us since 1999 if my memory serves me right, when it was started as a fundraiser for the refurbishment of the Canolfan.

I am planning on making a couple of Christmas wreaths which will be raffled over the coming weeks so please look out for these.

Thank you again
Karen Holbrook

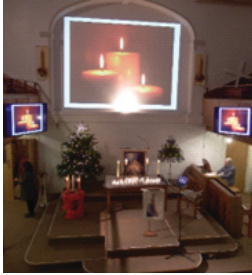


CHRISTMAS GIFTS 2022

We would be grateful to once again receive your gifts of Christmas Food/Chocolates for families who are supported by The Intervention Service at Cardiff Children Services. (No alcohol, please.) Please bring your gifts along to Church on Sunday 4th December or hand them to Ann Grimes. Thank you very much.

LIGHT FOR OUR LOSS SERVICE

at Beulah



On Sunday
11th December
at 6.00pm
All are very welcome.

Operation Christmas Child



I don't want to leave anyone out, so I will just say a huge thank you to everyone who helped in any way, towards this year's Shoebox Appeal.

With all your generosity, we were able to send off 50 boxes to children who, otherwise, would probably not receive any presents this Christmas.

You are all fabulous!

Best wishes, *Ann Grimes* x

ROTAS

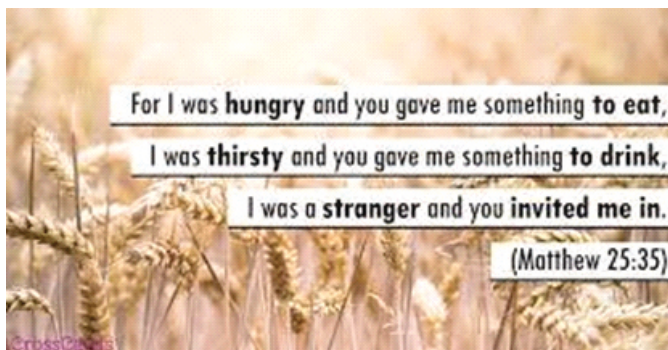
Date	Duty Elder	Stewards	Readers	Intercessions	AV
Dec 4th	Jenny McDowell	Gaynor Rees & Audrey Budding	Liz Kidd	Lorraine Webb	Harley Jones
Dec 11th	Eileen Newington	Marion Williams & Liz McCarthy	Jenny McDowell	Laura Davies	Huw Morgan
Dec 18th	Helen Harries	Mike Warsop & Fiona Liddell	—	—	Richard Sweetnam
Dec 24th	<i>Blessing the Crib</i>		—	—	Huw Morgan
Dec 24th	Kaye Mundy	<i>Christmas Eve Midnight Service</i>		—	Nigel Barwise
Dec 25th	Marianne Barwise	Philippa Ballisat & Giles Ballisat	Helen Harries	Geraint Richards	James Hall
Jan 1st	Ruth Williams	Ann Grimes & Colin Grimes	Louise Morgan	Derek Evans	Andrew Glanfield
Jan 8th	Fiona Liddell	Mary Edwards & Denise Dickman	Andrew Glanfield	Richard Edwards	Harley Jones
Jan 15th	Andrew Glanfield	Nigel Barwise & Richard Sweetnam	Giles Ballisat	Matt Jones	Huw Morgan
Jan 22nd	Jonathan Grimes	Viv Jones & Harley Jones	Roger Bidnell	Neil Kidd	Richard Sweetnam
Jan 29th	Pat Agland	Jill Ferdinando & Peter Ferdinando	Derek Evans	Marion Williams	Nigel Barwise
Feb 5th	Beverley Clay	Gaynor Rees & Denise Dickman	Pat Ruddock	Jill Ferdinando	James Hall
Feb 12th	Ian McDowell	Naomi Williams & Tony Webb	Liz Kidd	Pat Ruddock	Andrew Glanfield
Feb 19th	Louise Morgan	Cathy Wales & Hollie Glanfield	James Hall	James Hall	Harley Jones
Feb 26th	Eleanor Mills	Derek Evans & Richard Sweetnam	Fiona Liddell	Hollie Glanfield	Huw Morgan

Come in from the cold!

At our last Church Meeting, members were keen to see a response from the Church to the challenges facing members, friends and our community in the face of steep rises in the cost of

We will be publicising the Whittaker Lounge as a warm space, where, on a Friday and Saturday, (10.00 to 12.30) people can enjoy warmth and company, with **everyone** who comes entitled

One of the other suggestions was that we became members of C3SC (Cardiff Third Sector Council) which co-ordinates work in the voluntary sector in Cardiff and this we have done. It is currently focussing on dispensing Welsh Government money to support “warm spaces”. We have registered and have applied for a small grant to cover some of the costs of our activities. It also puts us in contact with others reaching out into the community so we can coordinate our activities.



to a complimentary hot drink, free wifi, free book exchange and a warm welcome. The Church has registered

living, in particular, the cost of heating. Members’ suggestions were many and imaginative! They ranged from Tai Chi groups to film shows, from support for food banks to making even more use of the Whittaker Lounge as a space for people to come for warmth and company.

with the UK ‘Warm Spaces’ directory and, once arrangements are fully in place, we hope to see members and friends together with friends from the community making even more use of our warm and comfortable facilities.

In the meantime, if you would like to help with any of these ideas you can:

- continue to give regularly and generously to our Food Bank collection,
- take an interest in these projects and help where you can,
- support our volunteers in the Whittaker lounge, and/or
- extend a friendly welcome to those finding their way to the Whittaker Lounge for the first time.



Since then, members have been busy bringing some of these ideas to life. Geraint Richards is leading a small group looking at ways of supporting those in financial difficulties (longer standing members may remember the old “Helping Hand” fund). To begin with they are thinking about how we help people to keep their houses warm. Monico Movies has agreed to work with us in putting on a family film in February to cheer up a dreary time with a free treat in warm surroundings. KIN is maintaining its long standing support for a local foodbank so look out for up to date requests for what is needed most.

More widely we hope to be linking up with our friends in the Penrhys community, a long-standing friendship, to see how best we can share support. As we go to press we are exploring with our local partner churches in Rhiwbina the possibility of maintaining a joint “Community ‘Fridge” where those who are desperate can find the makings of a meal to feed themselves or their family.

We may find that this is a long-haul commitment and we thank all members and friends who are helping to take forward these important work.

Liz Kidd



CHURCH CALENDAR



DECEMBER

Sunday 4th	10.30am 6.00pm	Worship & Communion: Revd. Martha McInnes TED in the Canolfan (Towards the End of the Day, Advent prayer & song, music from Taize)
	7.15pm	Youth Fellowship
Monday 5 th	10.00am 2.00pm	Miss Tilley's Community Café Women's Fellowship
Tuesday 6 th	10.00am 9.30 -11am	Miss Tilley's Community Café Beulah Tot's
Weds 7 th	11-12.30pm	The Huddle, Prayers in Church followed by Coffee & Chat
Thursday 8 th	9.30am	Café Dosbarth
Friday 9 th	10.00am	Whittaker Lounge Café
Saturday 10 th	10.00am	Whittaker Lounge Café
Sunday 11th	10.30am 6.00pm 7.15pm	Worship: Revd. James Hall Light for Our Loss Service: Revds. David Dean & Martha McInnes Youth Fellowship
Monday 12 th	10.00am 12 midday 7.30pm	Miss Tilley's Community Café Women's Fellowship - Christmas Lunch in Cafe Fach Elders Meeting
Tuesday 13 th	10.00am 9.30 -11am	Miss Tilley's Community Café Beulah Tot's
Weds 14 th	11-12.30pm	The Huddle
Thursday 15 th	9.30am	Café Dosbarth
Friday 16 th	10.00am	Whittaker Lounge Café
Saturday 17 th	10.00am	Whittaker Lounge Café
Sunday 18th	10.30am 6.00pm	Worship: Mr. Geraint Richards & Youth Fellowship Carol Service
Monday 19 th	2.00pm	Women's Fellowship
Weds 21 st	11-12.30pm 7.00pm	The Huddle Carol Singing in the street: All Saints Church
Thursday 22 nd	7.00pm	Carol Singing in the street: Beulah URC
Friday 23 rd	7.00pm	Carol Singing in the street: Bethany Baptist Church
Saturday 24 th	10.30am 5.00pm 11.15pm	Carol Singing in the street: Beulah URC Blessing the Crib Service Midnight Communion Worship - Revd. Martha McInnes
Sunday 25th	10.30am	Christmas Day Worship - Revd. Martha McInnes



CHURCH CALENDAR (Continued)

JANUARY 2023

Sunday 1st	10.30am	(Short) Communion Worship: Revd. Martha McInnes Followed by New Year's Day Brunch
Weds 4th	11-12.30pm	The Huddle, Prayers in Church followed by Coffee & Chat
Thursday 5th	10.00am	Whittaker Lounge Café (tbc)
Friday 6th	10.00am	Whittaker Lounge Café (tbc)
Saturday 7th	10.00am	Whittaker Lounge Café (tbc)
Sunday 8th	10.30am	Worship: Mrs. Jenny McDowell & Mrs. Marion Williams Followed by Coffee after Worship
	7.15pm	Youth Fellowship
Monday 9th	10.00am	Miss Tilley's Community Café
	2.00pm	Women's Fellowship
	7.30pm	Elders Meeting
Tuesday 10th	10.00am	Miss Tilley's Community Café
	9.30 -11am	Beulah Tot's
Weds 11th	11-12.30pm	The Huddle
Thursday 12th	9.30am	Café Dosbarth
Friday 13th	10.00am	Whittaker Lounge Café
Saturday 17 th	10.00am	Whittaker Lounge Café
Sunday 15th	10.30am	Worship: Revd. Gethin Rhys Followed by Coffee after Worship
	7.15pm	Youth Fellowship
Monday 16th	10.00am	Miss Tilley's Community Café
	2.00pm	Women's Fellowship
Tuesday 17th	10.00am	Miss Tilley's Community Café
	9.30 -11am	Beulah Tot's
Weds 18th	11-12.30pm	The Huddle
Thursday 19th	9.30am	Café Dosbarth
Friday 20th	10.00am	Whittaker Lounge Café
Saturday 21st	10.00am	Whittaker Lounge Café
Sunday 22nd	10.30am	Worship & Baptism: Revd. David Dean/Revd. Martha McInnes Followed by Coffee after Worship
	4.00pm	Joint Worship: Prayers for Christian Unity - Bethany Baptist Church
	7.15pm	Youth Fellowship
Monday 23rd	10.00am	Miss Tilley's Community Café
	2.00pm	Women's Fellowship
Tuesday 24th	10.00am	Miss Tilley's Community Café
	9.30 -11am	Beulah Tot's
Weds 25th	11-12.30pm	The Huddle
Thursday 26th	9.30am	Café Dosbarth
Friday 27th	10.00am	Whittaker Lounge Café
Saturday 28th	10.00am	Whittaker Lounge Café
Sunday 29th	10.30am	Worship: Synod Service Followed by Coffee after Worship
Monday 30th	10.00am	Miss Tilley's Community Café
	2.00pm	Women's Fellowship
Tuesday 31st	10.00am	Miss Tilley's Community Café
	9.30 -11am	Beulah Tot's



**BEULAH
LUNCHTIME CONCERTS**

Beulah concerts are now up and running again and the Rebecca Evans evening concert was a wonderful way to kick start them and, as I write, we are awaiting the 30th November oboe and harp lunchtime recital.

From January onwards Sam Baxter will be taking over the admin and direction of the lunchtime recitals.

I shall continue doing the Crossroads entries for him.

So these are the planned concerts for Jan/Feb

Lunchtime recital on 25th
January at 1.05 pm

Canola Trio

Rhian Porter - cello

Rhys Taylor - clarinet

Caradog Williams - piano

A group with a wide repertoire from classical, Welsh traditional and tango style music!

Lunchtime Recital
on 22nd February
at 1.05 pm
Alis Huws

Currently the official harpist to the Prince of Wales and enjoys playing classical and contemporary music. A truly wonderful artist!

Best wishes,

Trix



All Saints Church Rhiwbina
Proudly Presents an Evening of Festive Music:

Carol of the Bells
featuring *ASR choir & guests*

Thursday 8th December 2022

7pm

Tickets £5 each

All Saints Church
Heol-Y-Felin
Rhiwbina

All monies raised will be donated to
the DEC Ukraine appeal

Refreshments and Auction

Please contact Sian Gethin-Pymble for more information
07865 090671
siangethin@hotmail.com





City United
Reformed Church

City URC Link

November 22

City URC is part of Cardiff and Penarth Pastorate

Ministers: Rev Martha McInnes and Rev David Dean

City United Reformed Church

Windsor Place, Cardiff CF10 3BZ

029 2022 5190 www.cityurc.org.uk

Worship: Sunday at 10.30 am

Pastoral Care:

Any member of the congregation needing pastoral support may contact their own Elder, either directly or via the Church Office

admin@cityurc.org.uk

Secretary: Alison Tansom

admin@cityurc.org.uk

Treasurer: David Meek

admin@cityurc.org.uk

Acting Editor: Jean Silvan Evans

silvanevansj@cardiff.ac.uk

Beulah Film Show!

Look out for details of our fun family film show on the afternoon of February 11, the result of a welcome partnership between Beulah and Monico Movies. This event, planned to take advantage of Monico Movies' expertise and their state of the art equipment is designed to provide a fun afternoon for our children, grandchildren, young people, families and the young at heart! WATCH THIS SPACE!! Entrance Free

