



## CHURCH AND FAMILY NEWS

I hope you have all had a lovely time over the summer, and ready for a new term and all that September brings. It's looking like another busy month in Beulah.

Our Pastorate Day Out was largely dry, however, we were glad of the hall and kitchen facilities at Trinity, and it was great that so many were able to join in some of the day.

If you missed the family BBQ in July, there is another opportunity after the Harvest Service. We will also have a meal after the Induction of Elders on 1st October so please keep the dates in your diary. In preparation for Harvest, Marianne will lead a bread making workshop. Numbers are limited, so please sign up in the porch. The bread will be made, and you will be making a Harvest Mouse to take home to bake.

Junior Church Promotion Sunday will be held on 24th September, and we look forward to seeing you all there.

The Thanksgiving Service for Revd. Simon Walkling was held on 5th August, and we wish him well as he moves to Swansea. There are interviews soon for his replacement as Moderator of the Synod and, hopefully,

someone in post in the New Year.

Last, but by no means least, our thanks to Barbara Rhys and Pat Cazenave for all their work over many years catering for all events. I know you have both enjoyed this immensely and I'm sure you will be ready for a rest. A hard act to follow! However, we know the baton has passed to a great team including Ann Grimes, Louise Morgan, Richard Sweetnam (I hope I haven't missed out someone already!)



### Family News

The funeral service for Cathryn Hales was held in Beulah on 14th August, and our sincere condolences go to Carolyn, Juliet and all family and friends.

Best Wishes to all those receiving exam results, and to all those heading off to university this year. Please keep in touch and let us know if you would like to receive Crossroads. I'm sure the peace and quiet the

Wilkes household is looking forward to this year will be too quiet!

If you have any family news to share, please let me know.

Best Wishes.  
Anne

### Junior Church Family Outing

**Sunday 10th September**

If you would like to join us on a visit to the Meadows Farm Village Retreat, near Caerphilly.  
(see their website: <https://themeadowsfarmvillage.co.uk/>),

Please sign the list in the church porch or contact Fiona Liddell.

We would go after morning church, have a picnic lunch together at the farm and an afternoon free to see the animals and explore.

We need names by 3rd September, in order to negotiate a group booking. You can contact Fiona for any further details.

**CONTACT**

### Ministers in the Pastorate:

Revd. Martha McInnes,  
Revd. David Dean,  
Church Secretary: Anne Wilkes,  
Church Treasurer: Barbara Rhys,  
Church Office: Tel: 07309 738828 Email: [admin@beulahurc.org.uk](mailto:admin@beulahurc.org.uk)



## **Letter from the Manse**

(Continued from Front page)

that we not only wait in hope, not only witness (watch) to the pain of creation and the good work around us, but that we keep working. This witnessing and working are the actions of people who put their hope in God. They are the directions to which we are called in the face of 'dark' times.

Autumn is a time in which we often celebrate the goodness of God's creation. Yes, despite the pain of creation, creation remains a gift to us. We still have food, though others may not. We still marvel at the beauty of creation, though others live alongside the damage done by fire. We still have an abundance of water though others have little or none. How can we share God's resources with those for whom creation has lost its ability to produce? How can we value creation and lessen the damage our lives do to it? Is it walking, taking a bus or train, reducing plastic consumption? What can we do to care for the gift of creation?

Creation is good, but our lives are damaging its goodness. How do we witness to this damage so that politicians take note? Do we sign petitions, march with others, withdraw from the consumerism which adds to the damage, tell the stories of those barely living because their corner of the world has lost its goodness? What can we do now to witness in the midst of the darkness of climate crisis?

The world is literally on fire. It isn't just one of those things; it is made worse by the climate crisis. This autumn,

## **KIN**

### **Together we care and together we share**

#### **KIN Meeting**

Sunday 10th September  
in the Studio (Canolfan)  
after worship

Why not grab a cup of coffee and come and join us to discuss and plan fundraising events within Beulah over the coming months. All are very welcome - we'd be delighted to see some new faces!

#### **Harvest**

**Sunday 17th September**  
**This year we will be collecting for Space4U and Huggard.**

**Space4U** opens twice a week to provide a welcoming place for refugees and people who are seeking asylum. Friendship and support, English classes, recreational activities and practical help are offered, as well as a hot meal.

Space4U also run a foodstore and would be very grateful for any of the following items:

Long grain white rice, pasta, lentils, spaghetti, tomatoes, chick peas, tuna, kidney beans, tinned fruit, fruit juice, long life milk, toilet rolls, shampoo, soap, toothpaste.

as we give thanks for creation, we are also called to witness to the damage across creation, and we are called to work to limit the damage. Our work and witness for creation are based on the hope we have in God, the Creator, and our connection to all humanity because all humans are created in God's image.

**Huggard** is Wales' leading centre for people who are homeless and sleeping rough. Please donate pants and socks for women and men. Thank you.

If you are interested in hearing more about the work of these two charities, please speak to Jenny McDowell (Space4U) or Karen Holbrook (Huggard).

There will be a  
**Harvest BBQ Lunch**  
after Worship  
(see separate announcement)

**Joy of Learning Barn Dance**  
Saturday 30th September  
The barn dance is in aid of:  
Joy of Learning and  
Sanyu Babies' Home.  
(See Emily's separate  
announcement)

**Date for your Diary**  
Christmas Coffee Morning  
Saturday 18th November

In these 'dark times' may God give us the courage to continue witnessing and work for all creation.

Yours in Christ,

*Martha and David*

## Beulah Glass Art Works

Visitors to Beulah often comment on the beautiful glass pieces, that we have on the downstairs walls of the sanctuary. I thought recently that newer members of the congregation might like to know the history of these pieces.



The plaques on the walls next to the art works tells us that they were made in memory of the Reverend Ann Sheldon, and that they were made by Steve Robinson. Ann (nee Sunderland) grew up in Beulah – her parents were very involved members of the church – her father was Church Secretary at one time.

Ann attended Sunday School, and through her teenage years, was an enthusiastic member of the Youth Club and Youth Fellowship. Ann forged many lifetime friendships with other young people at the time, and although did not live much in Cardiff after she left for St Ann's College, Oxford in 1974 to study French and Latin, she kept close ties, and returned whenever she could.

After many years working as an accountant, mostly in Hereford, where she

was an active member, elder and lay worship leader of Hampton Park URC, Ann started a TLS course (a URC study programme for lay people) and it was then that she felt the call to ministry. Her call was accepted and she left her work in Hereford to study at Westminster College, Cambridge. She graduated with a Master's Degree in Theology, in 2007, and was ordained to Sutton Coldfield URC in the same year – supported by a coachload of very proud Beulah members.

Ann loved her congregation, and they in turn loved her. Tragically, it was not to last, and in November 2009, Ann died at the far too young age of 53, having been diagnosed with breast cancer earlier that year.

With typical generosity, Ann left a large legacy to the work of Beulah, some of which is used for the Young Person's Travel Fund. But we wanted a more visible sign of Ann's presence, and a small group was appointed to come up with ideas. We asked ourselves about her personality and character - and that's why we thought of expressing something through the medium of glass.



Glass is bright, it shines with light and colour – and that is what Ann was like, and she loved the Welsh countryside and coast. We found the artist, Steve Robinson, in St David's, and enjoyed several trips there to discuss his designs, and were delighted with the resulting pieces, dedicated here in a special service in February 2014.



The candle holder was also commissioned and donated by some of Ann's friends. One of the group commented that we had brought a little bit of God's creation into the sanctuary, and that is a fitting tribute to the girl and woman that we knew and loved. Whenever we look at the pieces, we are reminded of the warmth and friendship that we received from Ann, and bless God for her life.

*Louise.*

*As a footnote to this article – some of you may have noticed that, recently, pieces of the seaweed have come off. We have tracked down Steve (who is now in Totnes), and he will arrange to repair and clean the pieces.*

## Concerts at the Crossroads, Autumn 2023

The concerts for the next season are now prepared and about to start again in September.

Please note the earlier starting time - it is now **1pm** and not 1.05pm as before.

We are also - reluctantly - charging £8 a ticket rather than the previous £5. Running costs have gone up and we want to remain self-funding as far as is possible. Please bring correct money if you can.

### Wednesday September 27<sup>th</sup> at 1pm

Dafydd Allen – tenor  
(Associate Artist at the WNO)

Marlowe Fitzpatrick – piano  
WNO

Dafydd has been a major prize-winner in Wales. It is some time since we had a tenor in Beulah so one to look forward to!

### Wednesday October 25<sup>th</sup> at 1pm

Jâms Coleman – piano with  
Amanda Lake – violin, Lydia  
Abell – viola and Alicja Kozak –  
cello.

Sadly the Mavron Quartet, as  
previously advertised, had to  
withdraw from this concert.

But Jâms has been able to  
step in and help organize a  
group with the final  
programme to be announced  
for the October edition of  
Crossroads.

Here expect a top class  
chamber concert!

If you remember Jâms last  
played the Moonlight Sonata  
in Beulah at his recital, before  
lockdown, in February 2020!

### Wednesday November 29<sup>th</sup> at 1pm

The Oneira Trio

Emily Harris - harp, Elliot  
Kempton – viola, Isabelle  
Harris – flute

All three have been prize-  
winners in the recent past at  
the RWCMD

Sadly, over the summer  
months, two of the founder  
members of the organizing  
group for the Beulah concerts  
have passed away, Marg  
Jones and Cathryn Hales.  
They made a great  
contribution for which we are  
all indebted and remember  
them with gratitude.

*Trix*

## THANK YOU

I wish to send a very big  
thank you to everyone who  
works hard to make the  
Canolfan such a lovely  
place. I was one of the  
lucky ones to start using it  
almost as soon as its  
refurbishment was compl-  
eted, around the new  
millennium, and it has been  
a delight to have it as my  
part-time workplace until  
now. Everyone I have met  
has been helpful and  
supportive, making my  
work easy. All my learners  
have commented over the  
years on how pleasant the  
Canolfan is as a venue for  
their French classes, and  
that is all down to you!

As some of you know  
already, I am retiring at the  
end of August and will miss  
the Centre and its lovely  
garden, together with the  
pleasant conversations we  
had together.

My colleague Cath Lawson  
has kindly offered to take  
three of my classes and  
she is really looking  
forward to working in the  
Canolfan. I know she will  
be very happy there.

Encore une fois, je vous dis  
merci, chères amies et  
chers amis, et au revoir.

*Valerie Hannagan Lewis*

### Editor's Note

The **deadline** for articles  
to be included in the



**October 2023**

edition of **Crossroads** is  
**Sunday 24th September**  
and **Colin** will be editing.

### Diary Dates:

#### Whitchurch, Rhiwbina, Birchgrove Prayers 10.15-10.45

26 <sup>th</sup> August	All Saints, 19A Gabalfa Rd, Llandaff North. CF14 2JH
30 <sup>th</sup> September	Tabernacle, 81 Merthyr Rd., Whitchurch, CF14 1DD
28 <sup>th</sup> October	All Saints, Maes y Deri, Rhiwbina, CF14 6IJ
25 <sup>th</sup> November	St Teilos, Old Church Rd., Whitchurch, CF14 1AD
30 <sup>th</sup> December	Rhiwbina Baptist, Lon Ucha, Rhiwbina, CF14 6HL

## ROTAS

Date	AV	Readers	Intercessions	Flowers	Arranger
<b>September</b>					
3rd	Richard Sweetnam	Louise Morgan	Giles Ballisat	Louise and Huw	Marianne B
10th	Nigel Barwise	Naomi Williams	Richard Sweetnam	Mike & Mary Warsop	Mary Warsop
17th	James Hall	Pat Ruddock	Mark Stephens	Marion Williams	Karen & Beverley
24th	Andrew Glanfield	Giles Ballisat	Cathy Wales	Heather Bishop	Karen
<b>October</b>					
1st	Harley Jones	Matt Jones	James Hall	Roger Martin	Karen
8th	Richard Sweetnam	Holly Glanfield	Arlene Ramasut	Lorraine Larcombe	Karen
15th	Nigel Barwise	Cathy Wales	Tony Webb	Viv Morgan	Marianne B
22nd	James Hall	Ruth Williams	Louise Morgan	Elin James	Karen
29th	Andrew Glanfield	James Hall	Brenda Cheer	tbc	Viv Jones

### Canolfan Garden Awarded Green Flag Community Award for 2023

We are pleased to announce that the Canolfan Garden has just been re-awarded a Green Flag Community award as a community garden.

This is an assessment carried out by "Keep Wales Tidy" for gardens that are open to the community.



A map of all the gardens in Wales can be found in this link.

<https://keepwalestidy.cymru/our-work/awards/green-flag-parks/>

The garden is maintained by a group from Beulah who have "working parties" every few

months, where the emphasis is both on the party and the work! If you would like to be on the email distribution list for this or would like to know more, please contact:

Ian McDowell

*We received the letter, below, from Margaret. It is always nice to hear that the efforts of those who maintain the garden are appreciated by visitors to the garden. Ed.*

Dear Rev'd Martha, Rev'd David, Anne and all the Beulah Fellowship,  
I am writing on behalf of the Whitchurch Rhiwbina & Birch-

grove Worship Friends to congratulate our Beulah Friends on securing a Green Flag Community Award for your Beulah Garden. A very well deserved Award. I'm sure your Garden has given great pleasure to all those who have taken the opportunity to sit and enjoy the quietness. I know many years ago my Mother and I would very often call in and sit amongst the peace and quiet and beauty of the surroundings. Well done to everyone.

*Margaret (Ellmes)*  
Organiser of Whitchurch Rhiwbina & Birchgrove Monthly Worship

Visit the Beulah website at: <http://www.beulahurc.org.uk/>

## Time for a Tympath!

When: Saturday 30<sup>th</sup> September 2023

What time: 6.30pm – 9.30pm

Where: Canolfan Beulah

Fundraising for: Sanyu Babies' Home and Joy of Learning

Come along to an evening of barn dancing, accompanied by a live band, hot dogs and ice cream, and presentations about **Sanyu Babies' Home** and **Joy of Learning!**

Sanyu Babies' Home is the oldest babies' home in Uganda and takes care of up to 50 children aged from 1 day to 4 years old.

Sanyu looks after orphaned, abandoned and abused children with the primary aim of reuniting children with family members where possible, and if not, finding a local foster / adoptive family. Sanyu believe that children belong in families, not institutions.

And that's where Joy of Learning comes in. Joy of Learning has been set up to work with the reunited children of Sanyu Babies' Home, aiming to get them 'from Sanyu to School'. Joy of Learning's primary aim is to enable education by finding educational sponsors whose monthly donation covers a child's school fees and requirements. Joy of Learning also makes sure that the basic needs of each family are met by providing food, hygiene, clothing and medical support when necessary.

There is no charge to come to the Barn Dance, but donations are most welcome! Proceeds will be split between Sanyu Babies' Home and Joy of Learning and donations can be made using cash or card.

We hope to see you there!

*Emily Cheer*

## Shoebox Appeal

Operation Christmas Child



It is time to start thinking about Shoeboxes. Last year, Beulah members and friends filled and delivered 50 boxes for distribution to children who otherwise would have very little or nothing at Christmas. Thank you, so much, to all those involved in that effort.

So, again, this year we will be having a shoebox collection to help with the cause. If you are unable to make up a box, yourself, we will be happy to receive your items or donations. The collection date for items will be at the beginning of November, and the exact date will be revealed soon, so keep a lookout in the next Crossroads, or in the weekly notices. We will have leaflets available soon to provide you with guidance, but if you have any questions in the meantime, please ask Denise Dickman or Ann Grimes. Thank you,

*Ann*

## Beulah Social

Our programme of 'nights out' at the Wales Millennium Centre continues with the following shows: ***I Should be so Lucky; An Officer and a Gentleman; and, Come From Away.***

If anyone would like to join us, please see the posters in the Church porch. *Ann*

## Editorial Team

Colin Grimes,

Huw Morgan,

Email: [crossroads@beulahurc.org.uk](mailto:crossroads@beulahurc.org.uk)

Subject: Annual Letter To Local Churches

News from the URC Finance Committee

9 August 2023

URC Finance Department



Ministry And Mission Fund - Annual Letter To Local Churches

To: All members and adherents of United Reformed Churches and our Local Ecumenical Partnerships

Dear Friends,

When will normal service be resumed?

As we are writing this letter and closing off the URC's accounts for 2022, the country is still torn with industrial disputes, mostly notably with Health Service workers, rail industry workers, teachers etc. etc. Whatever your view as to the wisdom or justice of such action, we suspect all of us are affected by the disruption to some degree.

In church life too, are we back to "normal life"? Some churches no doubt have returned to something like their pre-Covid level of activity and attendance numbers. Quite a few have recommenced their activity but find their numbers have reduced. Some churches have found re-opening too difficult and have decided to close.

Whatever the "new normal" was to be, we suggest its arrival has (like many trains) been disrupted, delayed, or cancelled all together.

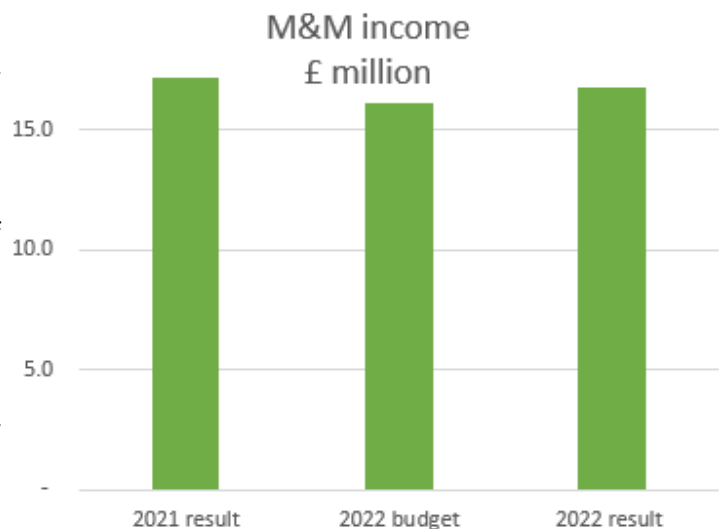
The URC's finance officers had concerns that the late arrival of the return to normality would impact very significantly on the giving to the M&M Fund in 2022. However, the churches responded magnificently and the giving to M&M was £600,000 ahead of budget. It was also only 2.5% down on 2021's result.

So, thank you to all who continued to contribute to your local church, thank you to all those churches who met their commitment for 2022 in full, and thank you to all those who, in adversity, continued to treat the M&M Fund as the first priority and paid what they could.

With normal service not yet resumed, 2023 is not going to be an easy year either. We now have the added disruption of high inflation, pushing up wages and overhead costs. As the Spirit directs and as our means allow, can the churches once more respond to the call of our gracious, loving and ever-generous God?

Again, thank you all!

If you have any questions or comments arising from this letter, please speak to your church treasurer who has been provided with more detailed information. If they are not able to help directly then they can get in touch with the finance team at Church House.



Yours in Christ,

*Ian Hardie (Immediate Past Treasurer) Vaughan Griffiths (Deputy Treasurer)*



## Elders' Rota

Date	Duty Elder and Stewards	Vestry Prayer	Communion		Preparation
3rd Sept Communion	Louise Morgan	Arlene Ramasut	Kaye Mundy	Secretary	Kaye Mundy
	Gaynor Rees (S)		Pat Cazenave	Marianne Barwise (Prayer)	
	Nigel Barwise (S)		Andrew Glanfield	Colin Grimes	
10th Sept	Andrew Glanfield	Bev Hampson			
	Liz McCarthy (S)				
	Mike Warsop (S)				
17th Sept	Jonathan Grimes	Eleanor Mills			
	Richard Sweetnam (S)				
	Mary Edwards (S)				
24th Sept	Beverley Clay	Colin Grimes			
	Andy Wales (S)				
	Audrey Budding (S)				
1st Oct Communion	Tony Webb	Anne James	Ruth Williams	Secretary	Ruth Williams
	Ann Grimes(S)		Louise Morgan	Jenny McDowell (Prayer)	
	Denise Dickman (S)		Bev C	Ian McDowell	

### Flower Arranging Rota

I am glad to welcome Viv Jones, Marianne Barwise and Arlene Ramasut, to the flower arranging team of Beulah.

They join Karen, Ann Brown and myself in arranging the flowers donated by the people who kindly put their name against dates on the Flower rota.

We would welcome anyone else who would be willing to join us. It could be just for once a year if you are donating the flowers, as Jill Ferdinando and Mary Warsop do.

It would be great to have extra hands and it's an enjoyable task which occurs not too often for any one of us.

Many thanks to all the team,  
from *Beverley*

## Beulah Church Family Christmas Meal at Whitchurch Golf Club

Don't miss out on a good night out!! Over the next couple of weeks a poster will appear in the Church vestibule/porch, with details of the meal, and a list for you to sign up for the Christmas Meal



(at 7pm on Thursday 7th December). The cost of a meal will be announced shortly. The list will be in the church porch until Sunday 26th November, so please add your name as soon as you can, to ensure your place, and indicate your meal choices. If you would like to come, and are unable to do that, please contact Ann or Colin Grimes, no later than Tuesday 28th November. We're sure we'll be able to 'squeeze' you in!

## PLAY YOUR CARBON RIGHT!

The Eco Group led worship on Sunday 18<sup>th</sup> June. We marked the end of the Great Big Green Week by thinking about what we can do as a church and as individuals to tackle climate change by taking action to reduce our carbon footprints. You may remember that we were joined by Julia Edwards from the Church in Wales. She had devised a game to help us based on Brucie's Play Your Cards Right and she invited us to **Play Your Carbon Right** by guessing which actions would do most to cut our carbon emissions.



Lots of people asked afterwards if we could put the carbon statistics in Crossroads.

### **Each year the average personal carbon footprint = 11,700 kg**

(1 metric tonne = 1,000 kg)

#### **We could reduce our emissions by:**

- Living car free 2,000kg
- Taking one less long-haul return flight 1,700kg
- Installing Solar PV at home 1,500kg
- Switching to a vegetarian diet 700kg
- Taking one less Continental Europe flight 700kg
- Buying more locally produced food 600kg
- Using a hybrid car 600kg
- Recycling everything 200kg
- Eating less dairy 200kg
- Reducing indoor temperatures 40kg
- Washing clothes at lower temperatures 10kg
- Only printing what's absolutely necessary 10kg



#### **On Festival Saturday the Eco Group took these ideas to Parc Y Pentre**

Marianne had made amazing footprints out of sourdough which the children could colour and take home. We'd also made our own version of Play Your Carbon Right - although it was so windy we couldn't play it quite as planned as everything had to be weighted down!!

#### **On Saturday 23<sup>rd</sup> September the Rhiwbina Eco Team are organising an event in the village**

Beulah's Eco Group will have some activities in the Canolfan and we'd be grateful for help. If you have a free hour between 11.00 and 4.00, please let Eileen know. The Church will be open with sustainable flower arrangements to enjoy, and the Whittaker Lounge will be open throughout the day as well.



**Members of the Eco Group are Eileen, Marianne, Mary Edwards and Ian alongside Andy, Pat and James (who focus on energy efficiency measures). If you are particularly interested in what we do or have any ideas or comments, please speak to one of the group. Perhaps you would like to join us - we would love to hear from you!**



# Beulah United Reformed Church

## September 2023

### All Welcome

<b>Sunday 3<sup>rd</sup></b>	<b>10.30am</b>	<b>Worship &amp; Communion - Revd. David Dean All Age Junior Church</b>
<b>Sunday 10<sup>th</sup></b>	<b>10.30am</b>	<b>Worship – Revd. David Salsbury Junior Church</b>
<b>Sunday 17<sup>th</sup></b>	<b>10.30am</b>	<b>Family Worship &amp; Communion Harvest Thanksgiving Family BBQ</b>
<b>Sunday 24<sup>th</sup></b>	<b>10.30am</b>	<b>Worship - Revd. David Dean Junior Church Promotion Sunday</b>
<b>Saturday 30<sup>th</sup></b>	<b>10.15 - 10.45am</b>	<b>WRB Prayers, Tabernacle Presbyterian Church of Wales, Merthyr Rd Whitchurch</b>
<b>Sunday 1<sup>st</sup> Oct</b>	<b>10.30am</b>	<b>Worship &amp; Communion - Revd. Martha McInnes Induction of Elders &amp; Family lunch after worship</b>
	<b>6.00pm</b>	<b>TED – Reflective Service – Canolfan.</b>

#### Mondays

**Miss Tilley's Community Café**

**9.00am - 12.30pm** Term time

**Women's Fellowship**

**2.00 - 3.00pm**

**Elder's Meeting -11<sup>th</sup> Sept**

**7.30 - 9.00pm**

#### Tuesdays

**Miss Tilley's Community Café**

**9.00am - 12.30pm** Term time

**Beulah Tots - Starts back 12<sup>th</sup> Sept**

**9.30 - 11.00am** Term time

**Theology on Tap - 19<sup>th</sup> Sept**

**7.30 - 9.00pm at the Deri Inn**

#### Wednesdays

**The Huddle**

**11.00 - 12.30pm**

#### Thursdays

**Caffi Dosbarth**

**9.30am - 12.00 midday** Term time

#### Fridays & Saturdays

**Whittaker Lounge Café**

**10.00am - 12.30pm**

#### Sundays

**Youth Fellowship**

**7.15 - 9.00pm** Term time