



## CHURCH AND FAMILY NEWS

Church News Oct 2023

Autumn is definitely here and we're now in the time where night is longer than daytime!

Church life has increased again in September, including Junior Church Promotion and Harvest Service. Thanks to everyone taking part in the services, music and bread making. The church always looks great and the flowers for the Eco Festival were beautiful. Growing up we always had many dahlias in the garden and I have managed to grow some myself this year, no pressure to look after them for another year.

David also reminded us to take things slowly, particularly adhering to the new 20mph speed regulations. After going so slowly for a while, 30mph does seem quite fast!

The Interfaith choir is in the middle of rehearsals for a performance to celebrate 20 years of the Interfaith Council for Wales, on 16<sup>th</sup> November. Beulah Players are also busy with rehearsals and we are especially looking forward to their performance after a few years break.

Thank you to Trix for again becoming involved with The Lunchtime Concerts as Sam who has been organising

along with publicising them has handed in his notice.



The first of October brings the induction service for New Elders, Thank you to Geraint, Pat C and Colin. Colin will officially take on Pastoral Elder role and Church Life Elder (without portfolio). Mary Bidnell is taking over from Pat and Marion Williams, the district with Jonathan Grimes. I hope you were/are able to join the service on the 1<sup>st</sup> and meal afterwards. Thanks, in anticipation to all Elders for helping with the catering (desserts) and set up serving and clearing away. There always seems to be enough help and enough to eat and be full.

October will bring Coffee mornings and of course buying cards for all occasions and Christmas. Look out for the MacMillan Coffee Morning, and Ruth's hand made cards for Marie Curie.

Synod hold meetings every 6 months and October's will be held in a new venue in

Abergavenny on Saturday 14<sup>th</sup>. All are welcome to attend, however only one person from each church can vote. If you are interested in attending, please let me know.

We also have a big thanks to Barbara again this month, as she finishes managing the Canolfan Bookings – a big task – there are many enquiries & bookings and also many last-minute changes! Mike Warsop and Chris Wilkes are also handing over the heating arrangements of the Church and Canolfan, thank you to them too. (I'm sure I can find things to do to fill Chris's time at least). The Canolfan Manager (including heating) will be taken over by Mike McCarthy and a big thanks to him. – Further details included in Crossroads. There is a rota for weekend Canolfan opening, closing and setting up chairs on a Sunday, if you would be able to help with this and haven't already had a chance to volunteer, please get in touch.

### Family News

Many of our friends and members are and have been unwell, we do miss you, and hope you know and

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**CONTACT**

### Ministers in the Pastorate:

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Revd. David Dean,

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Church Secretary: Anne Wilkes,  
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## CHURCH AND FAMILY NEWS

(Continued from page 2)

remember that you are in our thoughts and prayers.

Please let me know your news to share.

Good Wishes,

Anne



## Letter from the Manse (Continued from Front page)

But Wells questions this assumption of scarcity. Is God a god of scarcity or is God a god of abundance? Wells suggests that we look to the story of the feeding of the thousands. There were a few loaves and a few fish. There were thousands of people in the middle of nowhere. And yet that little bit of food was enough for all to eat their fill. God provided what was needed.

This story is mirrored in Exodus with the daily collection of quail and manna for the Hebrews in the midst desert. God provides what is needed again and again. This, Wells suggests, indicates that God is a god of abundance.

So perhaps we can put the practice of gratitude together with a theology of abundance and we can see the gifts of God within the

life of our church, and within our own lives. Rather than seeing what we do not have, perhaps we can see what we do have in our community. What gifts do the people in our community bring to the life of the church? How can we use them to serve God?

As we assess the gifts among us, there may be some sadness. We may no longer be able to keep certain groups going, but we may find God is gifting us in other ways. Where is the abundance of God visible among us?

We are challenged to continue reflecting God's love today. When we practice gratitude and focus on a theology of abundance, perhaps we can do this more fully.

Yours in Christ,  
*Martha and David*

**Church Transport** - At Church Meeting, on Monday 25<sup>th</sup> Oct, the matter was raised about transport to and from church services, especially for those who wish to have help with that. If **you** would like help with that, i.e. lifts to church, please mention it to your Pastoral Elder, or Tony Webb, or Ann and Colin, and we will do our best to arrange it.

## Bookings Manager

I am delighted to inform you that we will have a new Bookings Manager for the Canolfan [and Whittaker Lounge/Church] as from 1 October 2023. His name is Mike McCarthy and he has been helping me with unlocking and locking the Canolfan on a Saturday for many years now, so knows the building well.

He will be employed during the day Monday-Friday and will not be available at the weekend. He can be contacted by email on [bookings@beulahurc.org.uk](mailto:bookings@beulahurc.org.uk) if

you need to book any room in the Canolfan or the Whittaker Lounge/Church in the future.

We also ask that you pass any queries regarding heating, possible faults, etc direct to Mike, and only Mike, at this email address, and if he is unable to deal with them himself he will contact the appropriate person. Thank you.

In the event of an emergency/problem arising over the weekend, please contact either Mike Warsop or Chris Wilkes.

Gavin Williams, our Caretaker, will continue to lock the building each weekday evening and Mike will be doing so when Gavin is on leave. We also have a separate team of key holders who will be responsible for opening and locking the Canolfan on Saturdays and Sundays.

It has been a pleasure dealing with all the room bookings over the past few years and I will miss it all, but am very happy knowing that you will be in very good hands.  
*Barbara*

## August Junior Church

We had lots of fun in August.  
Made a big rainbow.  
Played being on a pirate ship in the Bay.  
Made Joseph's coat of many colours.  
Cooked pizzas and made fruit kebabs.  
Made our own musical instruments and played them in church.  
Harvested all the vegetables and fruit, which grow in the Canolfan garden, and at coffee we sold them for our charity – (the little girl named Beulah).  
Our last Sunday was sunny, so we went to the park for a picnic.  
Thank you to everyone for a very happy time.  
*Love, Junior Church*

## A Very Big Thank You

To Marianne, Andrew, Hollie, and Deckhand Eva, Denise and Kate, Ian, Viv Morgan, Brenda, not forgetting Junior Church teachers, Marion, Sue, Audrey, Christine, Carol, Pat Agland, and Ann, who also lent a hand. Thank you all for being so very willing to help keep Junior Church going in August, when this is a break from our normal Junior Church.

My grateful thanks to all.

*God bless, Pat Cazenave*

## THANK YOU

I would like to thank everyone at Beulah for sending such a lovely card and flowers for my 90<sup>th</sup> Birthday.

Thank you so much,

*Sheila Phillips*

## KIN

### Together we care and together we share

#### Mair Haywood's Bequest

At the Church Meeting on Monday 25<sup>th</sup> September, it was decided to make the following donations as we continue to allocate funds from Mair's generous bequest:

£ 1,000 Christian Aid appeal for Libya floods

£ 1,000 Red Cross appeal for earthquake in Morocco

£ 1,000 to be shared between Sanyu Babies Home and Joy of Learning

£1,500 Huggard Centre

£2,000 Patagonia Instrument Project

£500 Beulah \*

The Huggard is currently embarking on a new project to provide emergency accommodation in a second hostel.

The Patagonia Instrument

Project is a charity in Wales which provides musical instruments for youth groups and schools in Patagonia. It was originally set up after the BBC National Orchestra of Wales visited the country in 2015. The charity is currently raising money for a new children's string orchestra and a return BBC education trip.

Alan and Mair Haywood were interested both in music and education and the KIN committee has always hoped that part of the bequest could reflect this.

\* Beulah is a young girl who the church supports through Health Help International. The money will be used to supply new prosthetics as and when she needs them.

*Eileen*

## THANKSGIVING PLAQUES

Some of you will already know about these, and may even have family or friends whose names are included on the existing plaques.

If you aren't aware of them, there is a picture frame, containing three 'plaques', displayed in a corner of the Garden Room, downstairs in Canolfan. When they were first produced, in 2003, they were displayed on the landing, where a lot of people would have been able to see them. Following a redecoration of the Canolfan, they were relocated to the Garden Room.

Over a number of years, quite a few people have asked if the names of their loved ones could be added to these Thanksgiving Plaques. As a form of remembrance, it would be nice to update the plaques, in order that we remember those that have gone before us.

This is my appeal to you, to send me the names of anyone who you wish to be remembered in this way. If you would like to include any brief words of endearment, or thanksgiving, then also include those.

Many thanks.

*Colin*

## Sunflowers



The joyful Harvest Festival service this year was led by our church secretary Anne Wilkes who told us about the sunflowers in her garden. Despite her best efforts to protect them from bugs and the elements, she was eventually defeated by marauders - squirrels - who came to feast on the sunflower seeds!!

Thankfully, it would seem that these sunflower gluttons did not make it as far as Barbara Gray's garden. Here she is with her giant sunflower which she grew from one small plant this year. This must surely deserve the accolade of the tallest & loveliest



sunflower in Rhiwbina! Well done Barbara, who although not in the best of health at the moment, spends time each day tending her beautiful garden.



The sunflower theme was continued by our Eco team last Saturday and in the wonderful sustainable flower arrangements in the church which we were all able to enjoy on Sunday.

As we move towards winter, memories of these beautiful sunflowers may help us to remember how blessed we are to have gardens in which to plant them and both sun and rain to make them grow.

*Arlene Ramasut*

## Whittaker Lounge

Mondays/Tuesdays -  
**Miss Tilley's  
Community Café**

Thursdays -  
**Caffi Dosbarth**

Fridays/Saturdays -  
**Whittaker Lounge Café**

## MACMILLAN CANCER SUPPORT

On Saturday 7th October, the Whittaker Lounge will open as a 'Macmillan Coffee Morning', between 10.00am and 12.30pm.

All money raised in the morning will go towards Macmillan Cancer Support.

There will be homemade cakes, a raffle and tea/coffee available. Please pop in and join us for chat/tea/coffee/cakes and help support this charity.

Many thanks,

*Eleri*

### Editor's Note

The **deadline** for articles to be included in the



**November 2023**  
edition of **Crossroads** is  
**Sunday 22nd October**  
and **Colin** will be editing.

## Diary Dates:

**Whitchurch, Rhiwbina, Birchgrove Prayers 10.15-10.45**

28 <sup>th</sup> October	All Saints , Maes y Deri, Rhiwbina, CF14 6IJ
25 <sup>th</sup> November	St Teilos, Old Church Rd., Whitchurch, CF14 1AD
30 <sup>th</sup> December	Rhiwbina Baptist, Lon Ucha, Rhiwbina, CF14 6HL

## ROTAS

Date	AV	Readers	Intercessions	Flowers	Arranger
<b>October</b>					
1st	Harley Jones	Matt Jones	James Hall	Roger Martin	Karen
8th	Richard Sweetnam	Holly Glanfield	Arlene Ramasut	Lorraine Larcombe	Karen
15th	Nigel Barwise	Cathy Wales	Tony Webb	Viv Morgan	Marianne B
22nd	James Hall	Ruth Williams	Louise Morgan	Elin James	Karen
29th	Andrew Glanfield	James Hall	Brenda Cheer	tbc	Viv Jones
<b>November</b>					
5th	Harley Jones	Neil Kidd	tbc	Barbara and John Rhys	Arlene R
12th	Richard Sweetnam	Colin Grimes	tbc	Trix Pryce	Karen
19th	Nigel Barwise	Liz McCarthy	tbc	Eleri John	Karen
26th	James Hall	Peter Ferdinando	tbc	Trix Pryce	Ann Brown

## LUNCHTIME CONCERTS

**Wednesday, 25th October at 1.00pm**

**Jâms Coleman - piano  
Amanda Lake - violin  
Lydia Abell - viola  
Alicja Kozak - cello**

Jâms has asked fellow musicians to join him in this chamber concert. Please expect a classical concert from these top ranking musicians. There are two main works in the programme. A Beethoven String Trio and a Mozart Quartet.

Jâms thrilled us before lockdown with a piano recital consisting of Beethoven's Moonlight Sonata. This all seems a lifetime away now as it was days before the lockdown was announced in 2020!

This is the second concert in the autumn series. Please notice the starting time. Tickets on the door as before.

Thank you for supporting the concerts which started in 2008 with a generous gift from Cathryn Hales. It was part of Peter C J's outreach programme.

*Trix*

**Visit the Beulah website at: <http://www.beulahurc.org.uk/>**

## Our Memories of Beulah

Barbara and Alan were married in 1955 in a small village church in Somerset. Barbara and her parents were members of the church choir, and her father was also a bell ringer.

Our wedding caused a stir in the village, as a coach arrived from Cardiff, carrying all of Alan's relatives to attend the wedding. It must have been a long journey for them, as the Severn Bridge had not been built by then. Alan's parents were members of Bethesda Gospel Chapel, so it was quite different from our village church. Alan and I wondered what to do about attending a local church after we married, and had settled in Rhiwbina. A neighbour who lived on Wenallt Road, Mrs Letherby, suggested Beulah, where we have been members ever since.

We used to bring our four daughters, morning and evening, and generally sat upstairs on the right-hand side of the balcony. The congregation used to love seeing them all, and would

smile to see the youngest asleep, and the other three busy with their books. At that time, the Revd. Glyndwr Jones was the minister, and the services were then quite different from today. Now it is more relaxed and informal. Alan was made a Deacon and I helped with the Sunday School. Alan was also Sunday School secretary when attendances were over 100 children.

Alan then joined the Men's Working Group. A lot of changes followed, including the building of the Canolfan. Alan organised several trips for the church to the Gower, some of which have been recorded on DVD. Time marches on, and we are now the older members of the Beulah. Since COVID, we have been mostly absent. Alan's sight is very poor, and we unfortunately cannot participate as much as we would like to. However, we have very fond memories of our time at Beulah, and the many people we've known there.

*Alan and Barbara Gray*

## Beulah Social

Due to a 'slow' response to the show "***I Should be so Lucky***", we have pulled it from our programme, but there are still sign up sheets for: ***An Officer and a Gentleman and, Come From Away***, in the church porch. And, look out soon for the sign up sheet for ***Hamilton*** next year!

*Ann*

## Shoebox Appeal

Operation Christmas Child



Last month, we reminded you that it is time to start thinking about Shoeboxes. For many years, Beulah members and friends have helped fill and deliver between 50 and a hundred boxes, for distribution to children who otherwise would have very little, or nothing, at Christmas. Thank you, so much, to all those involved in that effort.

If you're thinking of filling a box, and not sure of the criteria, leaflets are available in the church porch.

The final collection date for items will be on Sunday 28th October. If you have any questions in the meantime, please ask Denise Dickman or Ann Grimes. Thank you, *Ann*



**Christmas Post Box** - This year we will be bringing back the "Christmas Post Box." The post box will be for the Beulah church family only.

The post box will be available for posting during December, and the cards will be available for collection on Sunday 17th December. The 'Big Christmas Card' will still be available in church for members and friends to sign, if they wish to send their 'Greetings' to the rest of the Church Family.

## Editorial Team

Colin Grimes,  
Huw Morgan,  
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## Elders' Rota

	Duty Elder (DE) Steward (S)	Vestry Prayer	Minister's Right	Minister's Left	Communion Preparation
Oct 1st Communion	Tony Webb (DE)	Anne James	Ruth Williams	Secretary	Ruth Williams
	Ann Grimes(S)		Louise Morgan	Jenny McDowell (Prayer)	
	Denise Dickman (S)		Beverley Clay	Ian McDowell	
Oct 8th	Anne James (DE)	Ruth Williams			
	Hollie Glanfield (S)				
	Giles Ballisat (S)				
Oct 15th	Colin Grimes (DE)	Helen Harries			
	Derek Evans (S)				
	Mary Bidnell (S)				
Oct 22nd	Geraint Richards (DE)	Colin Grimes			
	Eleri John (S)				
	Beverley Clay (S)				
Oct 29th	Arlene Ramasut (DE)	Mary Bidnell			
	Fiona Liddell (S)				
	Jonathan Grimes (S)				
Nov 5th Communion	Bev Hampson (DE)	Geraint Richards	Arlene Ramasut	Secretary	Arlene Ramasut
	Viv Jones (S)		Colin Grimes	Anne James (Prayer)	
	Harley Jones (S)		Beverley Clay	Philippa Ballisat	

### The Wonder Years

Wonder where are my glasses? Wonder where are my keys? Wonder where is my bus pass?

These are passed.

### Now it's The Wonderful Years of my 90's!

They have begun with some wonderful, great days of celebrations. My family were together, so there was lots of love and laughter, as it used to be.

Thank you to all my Beulah friends and family for all the lovely cards, and the lovely church flowers which were delivered to my porch. They were all so appreciated. It has been a wonderful time with friends and family, and long may it continue!

*Joan Ridley*



## COFFEE MORNING

**Saturday 14th October 2023**

**10.00am -12 noon**

**in the Canolfan**

**Beulah Rd**

**Rhiwbina**

**Cardiff**

**In aid of**

**Marie Curie Holme Tower**

**Penarth**

**Sale of hand made greetings cards  
including Christmas cards**

**Cash only**



# Theology on Tap

With Autumn just around the corner, we are due to start up our Theology on Tap meetings again (third Tuesday of each month, 7:30pm, at The Deri Inn). The first one of these will be Tuesday the 19th September (and then the 17th October and 21st November).

But, what is Theology on Tap all about and is it for me?

Firstly, it's a space for us to meet and be together and share discussion and fellowship over a drink. It's very relaxed. We'll have a topic and someone (usually David, or sometimes Andrew, but we welcome others) will introduce the subject and start off some discussion or pose some questions. Who knows where our thoughts and discussion will take us – often to unexpected places!

Secondly, you don't need to have a degree in theology!! This is about us, as Christians, sharing our thoughts and opinions, developing our ideas and supporting each other in our daily lives. Although we do have a topic, we do also spend time catching up with each other and any news we might want to share. Importantly, there's (usually!!) no right or wrong answer – we are free to bring our own views and share as we feel comfortable, or just to listen.

We are usually around 8 to 10 people from several of the Cardiff and Penarth Pastorate churches. Sometimes we have a few more, and sometimes a few less. If there's a goodly number

of us, we might split into smaller groups after the introduction, so everyone can be heard and hear. Some people come most months, some occasionally, and some only manage to make it once in a while – all are very welcome, and each meeting is standalone.

Some enjoy a glass of beer or wine, others a lemonade or a coffee, but you don't have to have a drink, you can join just for the discussion. We finish formally by 9:00pm but you can stay as long or as short as you like.

Some topics we have discussed to date include: Kings in the Bible, Kings Today (around the time of the Coronation), What does being part of a Church mean to us?, Feminine imagery of God in scripture, What would Jesus say to Richard Dawkins?, New Year's resolutions, Religion and wealth, Is there ever such a thing as a just war?

We've yet to confirm the topic for September, but it may be something to do with the messages in the new Barbie film (which you won't need to have watched – but is very good)!

We'd love to see you at one of our meetings, just turn up – no need to book! If you are coming for the first time and you'd like us to keep an eye out for you, or if you'd like help with transport, please let David or Andrew know.

Best wishes,

*Andrew Glanfield & Dave Dean*

## Beulah Church Family Christmas Meal at Whitchurch Golf Club



Just a reminder, in case you haven't noticed the sign-up sheet in the church porch, for the Christmas Meal.

(At 7.00pm on Thursday 7th December).

The cost of the meal will be announced shortly.

The list will be in the church porch until Sunday 26th November, so please add your name as soon as you can. The menu will be added to the poster soon, so you can then indicate your meal choices.



If you would like to come, and are unable to sign up in the porch, please contact Ann or Colin Grimes, no later than Tuesday 28th November. We're sure we'll be able to 'squeeze' you in!



**Beulah United Reformed Church**

**October 2023**

**All Welcome**

<b>Sunday 1<sup>st</sup></b>	<b>10.30am</b>	<b>Worship &amp; Communion- Revd. Martha McInnes</b>
	<b>6.00pm</b>	<b>Induction of Elders &amp; Family lunch after worship</b>
		<b>TED – Reflective Service – Canolfan.</b>
Saturday 7 <sup>th</sup>	10.00am -12.30pm	MacMillan Coffee Morning in Whittaker Lounge
<b>Sunday 8<sup>th</sup></b>	<b>10.30am</b>	<b>Worship - Revd. Gareth Dyer</b>
		<b>Junior Church</b>
Saturday 14 <sup>th</sup>	10.00am -12.00 midday	Marie Curie Coffee Morning, Canolfan. Hand made cards. Cash only please.
<b>Sunday 15<sup>th</sup></b>	<b>10.30am</b>	<b>Worship – Revd. David Simpson</b>
		<b>Junior Church</b>
<b>Sunday 22<sup>nd</sup></b>	<b>10.30am</b>	<b>Worship – Mr. Richard Edwards</b>
		<b>Junior Church</b>
Saturday 28 <sup>th</sup>	10.15 - 10.45am	WRB Prayers, All Saints, Maes y Deri, Rhiwbina
<b>Sunday 29<sup>th</sup></b>	<b>10.30am</b>	<b>Worship – Revd. David Simpson</b>
		<b>Junior Church</b>
<b>Sunday 5<sup>th</sup> Nov.</b>	<b>10.30am</b>	<b>Worship &amp; Communion Revd. David Dean</b>

**Mondays**

Miss Tilley's Community Café

9.00am -12.30pm Term time

Women's Fellowship

2 – 3.00pm

Elder's Meeting - 9<sup>th</sup> Oct

7.30 – 9.00pm

**Tuesdays**

Miss Tilley's Community Café

9.00am -12.30pm Term time

Beulah Tots

9.30 – 11.00am Term time

Theology on Tap – 17<sup>th</sup> Oct

7.30 – 9.00pm at the Deri Inn

**Wednesdays**

The Huddle

11.00am - 12.30pm

**Thursdays**

Caffi Dosbarth

9.30am - 12.00 midday Term time

**Fridays & Saturdays**

Whittaker Lounge Café

10.00am - 12.30pm

**Sundays**

Youth Fellowship

7.15 - 9.00pm Term time