

CHURCH AND FAMILY NEWS



Church News

Season of mist and mellow fruitfulness (Keats)

As we move into Autumn, it is lovely to be back writing the Secretary's letter again and I would like to thank all those who kept it going in my absence.

Also heartfelt (!! thanks to everyone in Beulah for their support, whether in visits and lifts or with cards, phone calls and prayers. It meant so much to me and helped me get through a very difficult time.

The nights are drawing in and it is getting cooler. We will soon be celebrating harvest with donations in our church service and a harvest supper and auction. It is a time of year of great beauty. but also a time to reflect on the changing seasons and our natural world.

Our services in September have been focussing on creation. In David Dean's service on the 8 September

we looked at Genesis 1 and John 1 – the meaning of 'Let there be light' what it means to be servants of God. We also considered change and the young people moving on to new stages in their lives. On the 15 September David Simpson continued to examine the season of creation and how we act within the world God has created. Beulah will be learning of ways we can act on 5 October, when the Eco Group will hold an event that will give us the opportunity to think about ways we can help make Wales fossil free.

On 22 September Jason Askew concentrated on Disability Sunday and how everyone can play a part in the church. The need to be inclusive and ensure that those with any disability can fully take part in church life.

Family News

It is with great sadness that we learned of the death of Betty Hulston this week and our thoughts are with her family and friends.

We send our best wishes to Mary Richards and to

Rubina Lewis who are both unwell at home.

Diamond Wedding Celebrations

Many congratulations to David and Sylvia Simpson who celebrated their diamond wedding recently.

Congratulations to Betty and Derek Evans who celebrate their Diamond wedding anniversary on 3 October,

Congratulations to Liz and Ken Graham who will also be celebrating their Diamond wedding.

In the spirit of our reflections on creation I found this prayer

We bless you,
God of Seed and Harvest
And we bless each other
That the beauty of this world
And the love that created it
Might be expressed though our lives
And be a blessing to others
Now and always

Every blessing

Anne

Celebrating Beulah Art Work - request

I am working on a book with Jo Jones about the art work that has been such a feature of Beulah worship for some years.

If you have any pictures that we can use in the book, please forward them to me, even if they are from a phone. If you have any camera photographs these would be even better and I can arrange to have them reprinted.

Also, one section of the book will be dedicated to what this art work has meant to us all. If you have any memories or thoughts on specific art works please send them to me. They can be anonymous if you wish.

Any ideas or suggestions for the book would be warmly welcomed.

Many thanks

Anne James

Space4U Food Collection

A reminder that the next Space4U collection is on **Sunday 3 November**, for donations of food items for Space4U - long life milk, fruit juice and tins of tomatoes.

Thanks
Jenny

2025 URC Diaries and Prayer Handbooks

If you wish to order a pocket diary or Prayer Handbook, please sign the list in the church porch by October 20th, or contact Louise Morgan.

The URC Prayer Handbook takes a different theme each year, and follows the lectionary through the church seasons, with a second section of prayers around the theme. The prayers are contributed mostly by ministers and members from around the URC. Many of us use the prayers for personal devotions, but they are also a useful resource for those preparing prayers in worship, so if you haven't seen the handbook before, perhaps you would consider trying one this year.

This is what this year's editors have said about the 2025 edition, which is entitled 'Immersive Joy.'

"...we invited people to interpret the idea of being 'immersed in joy' in whatever way resonated with them..... We hope that, as you read the prayers, you might reconnect with your own sense of joy, and be refreshed and strengthened."

The pocket diaries are priced at £9.00, and the Prayer Handbooks at £7.00 (including a contribution to p&p)

Letter from the Manse

(Continued from Front page)

instead to found an unorganised one. He seems to have come to carry religion out of the temples into the fields and sheep pastures, onto the roadsides and the banks of the rivers, into the houses of sinners and publicans, into the town and the wilderness, toward the membership of all that is here.' This is bearing witness to the love of God. This is 'loving as I have loved you.'

The Spirit calls us to deepen our friendships. As we do, we expand and broaden our experience of love. We don't always get it right for each other. We make mistakes. We are selfish, but because of God's love for us, we keep at the work of love--together.

There is a story of a child playing happily in the forest until he finds it is beginning to get dark. He starts to feel afraid and cannot find his way to a path out of the forest. Finally, he sees another child and asks if they can help him find the way out. 'No, I'm lost too,' but even as they say that they reach out their hand and take his. Together, perhaps, they find their way out. This is love. This is friendship.

May God bless us with friendships. May God use us to bear witness to God's love.

Peace,

Martha and David

Ministers in the Pastorate:

Revd. Martha McInnes,
Revd. David Dean

Email: ministers@beulahurc.org.uk

Church Secretary: Email: secretary@beulahurc.org.uk
Church Treasurer: Barbara Rhys, Email: treasurer@beulahurc.org.uk
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CONTACT

Papyrus Hopewalk

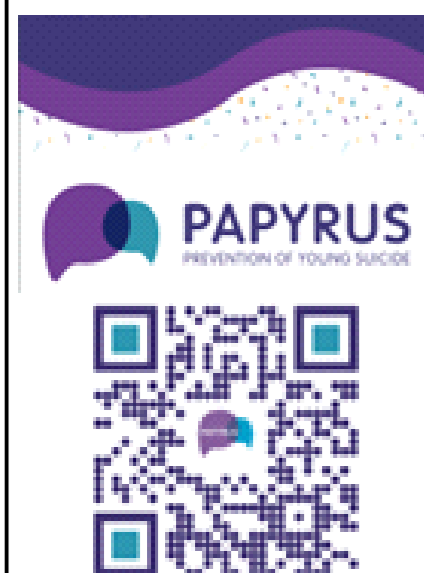
Many of us have recently become aware of the amazing work done by the Charity Papyrus. They focus on the prevention of suicide and the promotion of positive emotional wellbeing in young people. They run a yearly walk around the the UK every October - Hopewalk. It is timed to link with Mental Health Awareness Day.

The aim of the walk is to raise awareness and funds for Papyrus's important work, to smash the stigma and get the conversation around suicide started.

Some of us from Beulah plan to join Cardiff's Hopewalk in memory of Simon Ruddock. Lifts can be shared to the event if helpful, please speak to Marianne Barwise.

The Cardiff Hopewalk will be on Thursday 10th October at 5:30pm. The walk will start and finish at Papyrus Office, Hastings House, Fitzalan Place, Cardiff, CF24 OBL. The walk will be roughly under 1 hour. You can sign up at: <https://www.papyrus-uk.org/hopewalk/>

Thanks, *Marianne*



SOCIAL OUTING: COACH TRIP TO GLOUCESTER AND GLOUCESTER CHRISTMAS MARKETS

**SATURDAY
9TH NOVEMBER 2024**

Thank you to those of you who have signed up to say you would be interested in coming along and I have transferred your names to the new 'confirmed' list which is in the Church Porch and the coach is now booked. If at least 45 people sign up, the cost will be £15.00 per head. The plan will be to leave from outside the Canolfan at 8.30am and depart from Gloucester at 5.00pm, so if you are planning a night out you can still fit that in!

For those of you who haven't been on one of our trips before, you will be free to 'do your own thing' on the day and **everyone is welcome**. If you would like more information please don't hesitate to contact me.

Barbara

Shoebox Appeal Operation Christmas Child

This year, again, we will be having a shoebox collection to help with the cause. If you are unable to make up a box, yourself, we will be happy to receive your boxes/items or donations. The collection date/deadline for items will be **Sunday 27th October**. We will have leaflets available soon to provide you with guidance, but if you have any questions in the meantime, please ask Ann Grimes.

Thank you, *Ann*

ROOM HIRES

Just a reminder to all Church members and friends that if you are planning an event in the Church or Canolfan, it is important that you book the space beforehand. The Canolfan in particular is a very busy place and activities sometimes take place over the weekend.

To avoid double bookings, please always contact Mike McCarthy on bookings@beulahurc.org.uk to check that the space you need is available. Thank you.

Barbara

Sapphire Wedding Anniversary

We have been overwhelmed by the kindness of the church when we were presented with a beautiful bouquet of flowers for our Sapphire (45 years) Wedding Anniversary on September 1st.

Tony and Rose Mason

BWise

The young teens group (which we now call BWise - from BYY Beulah Younger Youth!), will from now on be meeting on Sunday evenings 6pm in Margaret Whittaker Lounge on the first Sunday of each month (6 Oct, 3 Nov, 1 Dec).

Matt and I are the contacts for this group.

Fiona

Editors' Note

The **deadline** for articles to be included in the **November 2024** edition of **Crossroads** is **Sunday 20th October**.

Contributions should be sent to Colin, in person, by post or by email at:

crossroads@beulahurc.org.uk

Editors:

Colin Grimes,

Nigel Barwise

Email: crossroads@beulahurc.org.uk

Visit the Beulah website at: <http://www.beulahurc.org.uk/>

Local Hero

An American oil company has plans for a new refinery and sends someone to Scotland to buy up an entire village, but things don't go as expected

Screening on Saturday 12th October in Canolfan Beulah at 7.30pm

Tickets £5, from Serenade, Victoria Fearn Gallery, Deri Stores and The HoneyPot

BEULAH DIRECTORY 2024-25

Please notify Louise Morgan (contact details in Directory) if there are any amendments or additions to your entry that you would like to be included in the new Directory.

Similarly, if you no longer wish any details to be entered, please let Louise know as soon as possible.

CROSSROADS

One way for us to keep in touch with our young people as they move away from Cardiff for work and study is for us to send them Crossroads each month. If you would like to receive an electronic Crossroads, or know a young person who would, please email Louise Morgan with their email address, and they can be added to the list.

Monico Movies

Lunchtime Concerts

**Wednesday, 30th October at
1.00pm**

Themba Mvula - baritone

Paul McKenzie - piano

Nicola Rose, who now organises the concerts, has made a point of finding artists who will produce varied programmes.

Themba is of Welsh/Zambian heritage and is just such an artist.

It is an exciting recital of songs and arias with his RWCMD trained accompanist Paul McKenzie.

Tickets £8 on the door as before with concerts free for students.

Next date for your diary - always a Wednesday - 27th November at 1.00pm :

Four Trombones!

Pedwar Bones, a trombone quartet, perform Baroque to Jazz! An experience like no other!

Best wishes, Trix

PS Is there anyone in the congregation who could deliver some posters to the Caerphilly roundabout area?

Please contact Harley or Trix



The dedication's never ending

COFFEE MORNING

Saturday 19th October 2024
10.00am -12 noon

in the Canolfan
Beulah Rd
Rhiwbina
Cardiff

In aid of
Marie Curie Holme Tower
Penarth

Sale of hand made greetings cards including Christmas cards

Cash Only

THANK YOU

Eleanor Mills arrived at my door with lovely flowers. With a big smile, she said these are for you from 'Beulah Family'. How lovely was that. Many thanks to you all for your kind thoughts. You have made an 'old lady' very happy. Much love from Margaret Clee

Church Transport

Need a lift to and from church on Sundays? Please mention it to your Pastoral Elder, or Tony Webb, or Ann and Colin, and we will do our best to arrange it.

Songs of Praise and Blessing

On Sunday the 27th October, the church will be open from 10am onwards for an additional time of music and song before the main service (which will start at 10:30am as usual). This will be an opportunity to listen and learn new songs as well as more familiar songs which have been rearranged. The words will be on the screen, and you can join in or just sit and listen and prepare for worship as you would like. We are hoping to try this again on the 24th November (last Sunday of the month). All are welcome and we very much hope you can join us.

Teen Taster Day – “Drop In2 The Canolfan”

Following the success of the Beulah Play Day for 0-5 year olds, an event for adolescents is being planned for autumn half term, Tuesday 29th October, 2pm – 3.30pm.

The aim is to try to connect a wider range of this age group to the Canolfan and to provide a selection of taster, fun, well-being activities appropriate for 14-17 year olds, (ie key stage 4 and 5 students).

Planning is underway to offer Bike Repair / MOT workshop, Yoga taster session, Table tennis, Foosball, Music Quiz, Craft Future Eyes Activity, Board Games Café.

Please feel free to publicise this event with family, neighbours, or any other appropriate outlet. It will be a challenge to access this particular target audience, so your help in doing so will be very much appreciated.

If you feel you might be able to offer some support, on the 29th, a few additional helpers would be very welcome.

Thank you, *Eleanor*



“Teen Taster Day – “Drop In2 The Canolfan”

Autumn half term, Tuesday 29th October , 2pm – 3.30pm.

The Canolfan, Beulah, Rhiwbina Crossroads,CF146LT..

A chance for KS4 and KS5 students to meet up, to take part in some fun, stress free, taster activities at half term ...

The aim is to try to connect a wider range of this age group to The Canolfan and to provide a selection of taster , fun, well-being activities appropriate for 14-17 year olds, (ie key stage 4 and 5 students).. and it's all FREE

Join us for Circus Eruption Workshop, Yoga taster session, Table tennis, Foosball, Music Quiz, Craft Future Eyes Activity,Board Games Café.



Just a few of the things we have planned

For further details contact Eleanor

ROTAS

Date	AV	Readers	Intercessions	Flowers	Arranger
October					
6th	Ian McDowell	Matt Jones	Colin Grimes	Lorraine Larcombe	Karen
13th	Richard Sweetnam	Pat Ruddock	Ian McDowell	Viv Morgan	tba
20th	James Hall	Brenda Cheer	Tony Webb	Louise, Rachel and Naomi	Viv Jones
27th	Nigel Barwise	Andy Wales	Giles Ballisat	Marianne Barwise	Marianne Barwise
November					
3rd	Andy Wales	Hollie Glanfield	Roger Bidnell	Brenda & Eleanor Mills	tba
10th	Andrew Glanfield	Jonathan Grimes	Richard Sweetnam	Marianne Barwise	Marianne Barwise
17th	Ian McDowell	Cathy Wales	Derek Evans	tba	tba
24th	Richard Sweetnam	Colin Grimes	Roger Martin	Trix Price	tba

Beulah Church Family Christmas Meal at Whitchurch Golf Club 7.00pm, Thursday, 5th December 2024

It's that time again when we start making plans for the annual 'bash' at the golf club. Over the next couple of weeks a poster will appear in the Church vestibule/porch, with details of the meal,



and a list for you to sign up for the Christmas Meal. The cost of your meal will be **in the region of £28 per head**, but the exact cost will be announced shortly. The list will be in the church porch until **Sunday 24th November**, but please add your name, and your meal choices, as soon as you can, to ensure your place. If you would like to come, but are unable to get to church to fill in your name on the sheet, please contact Ann or Colin Grimes, no later than Tuesday 26th November. We're sure we'll be able to 'squeeze' you in!

Phone Colin, and if there's no answer, leave your name and number and we'll get back to you.

Intercessions December 2024

1 st	Brenda Cheer
8 th	Geraint Richards
15 th	Jenny McDowell and Marion Williams
22 nd	Youth Fellowship
29 th	Matt Jones

Fossil Fuel Non Proliferation Treaty

The eco group is holding an event on Saturday, 5th October where you can find out more. Elected representatives, churches and organisations will be invited and it would be great if there was a good turnout from Beulah to show the church's support of the treaty. Please do come along.

IT'S TIME FOR A FOSSIL FUEL NON-PROLIFERATION TREATY

We need a global exit plan from fossil fuels. Join us for refreshments and listen to our speakers. Hear how you can help Wales become a Fossil Fuel Treaty Nation.

Saturday 5th October
10-12noon
Canolfan Beulah,
Rhiwbina CF14 6LX



Secretary@beulahurc.org.uk
FossilFuelTreaty.org



Climate.
Cymru

ELDERS' DUTY ROSTER

Elder and Steward rota October 2024 - November 2024						
Date	Elder on duty (DE) & Stewards (S)	Vestry prayer	Communion	Minister's right	Minister's left	Preparation
					(P = Prayer)	Communion Prayer
October 6th	Andrew Glanfield (DE)	Phillipa Ballisat	Bev Hampson	Secretary	Bev Hampson	Arlene Ramasut
Communion	Hollie Glanfield (S)		Beverley Clay	Arlene Ramasut (P)		
	Richard Sweetnam (S)		Kaye Mundy	Eileen Newington		
October 13th	Jonathan Grimes (DE)	Liz Kidd				
	Cathy Wales (S)					
	Fleur Richards (S)					
October 20th	Beverley Clay (DE)	Colin Grimes				
	Ann Grimes (S)					
	Viv Morgan (S)					
October 27th	Eileen Newington (DE)	Marianne Barwise				
	Viv Jones (S)					
	Harley Jones (S)					
November 3rd	Colin Grimes (DE)	Mary Bidnell	Ian McDowell	Secretary	Ian McDowell	Eleanor Mills
Communion	Giles Ballisat (S)		Barbara Rhys	Eleanor Mills (P)		
	Gaynor Rees (S)		Louise Morgan	Beverley Clay		
November 10th	Geraint Richards (DE)	Arlene Ramasut				
	Naomi Williams (S)					
	Gaynor Rees (S)					
November 17th	Eleanor Mills (DE)	Jonathan Grimes				
	Audrey Budding (S)					
	Richard Sweetnam (S)					
November 24th	Bev Hampson (DE)	Ian McDowell				
	Mike Warsop (S)					
	Helen Harries (S)					

The National Synod of Wales

Enquirers' Event

on zoom, Saturday 5th October 2024

This event is an opportunity for any in the congregation or friends to find out more about the training opportunities in the United Reformed Church. It is not just aimed at ministerial calling but will give more details about training for all disciples, regardless of the level they wish to achieve.

From Stepwise, for those that wish to develop their discipleship, through Lay Preaching training as an Assembly Accredited Lay Preacher, to a ministerial calling or Church Related Community Worker or even Pioneer training, there is so much to find out about.

Email ministries@urc.org.uk



Learn what God might be asking of you at the Ministry Enquirers' Event taking place on 5 October from 9.30am-12.30pm on Zoom.

Here you'll be able to think about God's call to Stepwise, Worship Leading, Lay Preaching, Lay Pioneering, Ministry with children and young people, the Ministry of Word and Sacraments or Church Related Community Work.

For joining details, [please email the Ministries Team](mailto:ministries@urc.org.uk)

ministries@urc.org.uk



Beulah United Reformed Church

October 2024

All welcome

Saturday October 5 th	10.00am	Eco group event in Canolfan - a global exit plan from fossil fuels.
Sunday October 6 th	10.30am	Worship - Revd Martha McInnes / Revd David Dean Communion, Junior Church
	6.00pm	BWISE young teens group
Tuesday October 8 th	7.30pm	Theology on Tap
Thursday October 10 th	5.30pm	Hope Walk organised by Papyrus
Saturday October 12 th	7.30pm	Film in Canolfan 'Local Hero'
Sunday October 13 th	10.30am	Worship - Revd David Salisbury (Moderator) Junior Church
Monday October 14 th		Elders Meeting
Saturday October 19 th	10.00am	Marie Curie Holme Tower coffee morning
Sunday October 20 th	10.30am	Worship – Ms Judy Harris Junior Church <i>Last day</i> to order 2025 URC Diaries and Prayer Handbooks
Saturday October 26 th	10.15am	Gathering for Prayer at Whitchurch Methodist Church
Sunday October 27 th	10.00am	Songs of Praise and Blessing before the morning service
	10.30am	Worship - Revd Gareth Dyer Junior Church <i>Last day</i> for Shoebox Appeal
Tuesday October 29 th	2.00 pm	Youth Drop in event – Drop in to the Canolfan
Wednesday October 30 th	1.00pm	Lunchtime Concert at the Crossroads

Regular Weekly Activities

Sundays	7.15 – 9.00pm (termtime)	Youth Fellowship
Mondays	9.30 – 12.00 (termtime)	Miss Tilleys Community Café
	2.00 – 3.00pm	Women's Fellowship
Tuesdays	9.30 – 12.00 (termtime)	Miss Tilleys Community Café
	9.30 – 11.00 (termtime)	Beulah Tots
Wednesdays	11.00 – 12.30 (termtime)	The Huddle
Thursdays	9.30 – 12.00 (termtime)	Caffi Dosbarth
Fridays and Saturdays	10.00 – 12.30	Whittaker Lounge Café