



*Beulah*  
The Monthly  
Newsletter  
of Beulah  
United  
Reformed  
Church

December  
2025  
&  
January  
2026

**CROSSROADS**

**The Monthly  
Newsletter  
of Beulah  
United  
Reformed  
Church**

**December  
2025  
&  
January  
2026**



*The*  
**United  
Reformed  
Church**

[www.urc.org.uk](http://www.urc.org.uk)

## ***Letter from the Manse***

Dear Friends,

'It's Christmas!!!!' Well, not quite, but it will be Christmas in the blink of an eye.

When we moved to the UK, and discovered we had to pay to watch television, we started listening to Radio 2. No one told us that as early 30 somethings we should have listened to Radio 1. The radio given to us was tuned to Radio 2, so we have always listened to Radio 2. Now as 60 somethings we should probably listen to Radio 4 or Classic FM, but we still predominantly listen to Radio 2.

As we write, it is not Christmas, but it is the BBC Children in Need annual fundraiser. For those who don't listen to Radio 2, each year a radio presenter takes on some athletic challenge to raise money for Children in Need. This year Sara Cox is using her feet to travel over 130 miles in five days across the Northeast of England.

Wednesday, as Martha drove across Cardiff, Sara spoke of her friend, Gethin Jones, joining her for part of the run. She said, 'He is a true mate. I can say I'm just going to run with my pods in (and not talk) and he will just join me.' It struck Martha that this is

exactly what we celebrate at Christmas.

God sent someone as our true friend - Jesus. Jesus is the person who shows the world the love God has for all people. Jesus is that someone who comes alongside us when we need to run, walk and stumble through life. He simply joins in as a friend who knows us and does what we need in that moment. As we read the Bible, we see this story of love in his birth, life and ministry.

But, you say, 'We see that *then*, but what about now, when Jesus is not *physically* present?' Well, that is where the Gethin Joneses come into play. Gethin was the friend who, in that moment, gave Sara what she needed to keep running. We, you and I, friends and strangers, are the 'mates', who come alongside people now as they walk, stumble, run through life together. We show that love and support to others - as they also show it to us.

At the end of his life, Jesus called his followers his friends. John 15:15: 'I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have

(Continued on page 3)

Part of the United Reformed Church Cardiff and Penarth Pastorate

# CHURCH AND FAMILY NEWS

## Church News



*The time draws near the birth of Christ:*

*The moon is hid; the night is still;  
The Christmas bells from hill to hill  
Answer each other in the mist.*

(Tennyson)

2025 seems to have gone by very quickly and it has been a busy and a sad year for Beulah.

We will remember those we have lost on 14 December in the Light for our Loss Service and of course we will remember them all year, but this is a chance to come together and share grief and loss and also be warmed by memories, love and the hope of Christmas.

In November our gardeners planted the fig tree (Variety Little Miss Figgy) that had been donated in memory of Peter Cruchley in a sunny corner in the Canolfan Garden. They made a "box" with paving slabs and a coarse gravel base as this is recommended to encourage fruiting. Let's hope the fig roots set over the winter and is fully established next summer.

We have a very full Advent that embraces the community around us – from our part in the Rhiwbina

Festival on 29 November to Singing in Rhiwbina Tap with Jingle and Mingle on 10 December and carols around the Christmas Tree in Y Groes on 22 December and outside the Whittaker Lounge on the Saturdays in December. Our Advent services start on 30 November and we will have the opportunity to share all the elements of a Beulah Christmas as we wait in hope for the birth of Christ. Kin will be raising funds for Space4U, Tenovus, City Hospice and Papyrus during Advent.



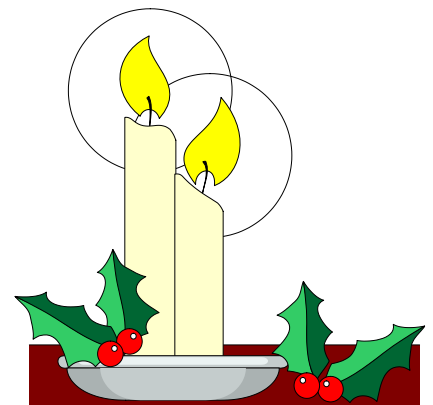
## Family News

Thank you to the Beulah Flowers Fairies for the flowers that cheered me up in my break from Secretary duties and the warm wishes and helping hands that have sustained me through this period. I hope to return in the New Year and have missed you all.

Our thoughts and best wishes go to all those who are unwell at home and in hospital particularly over Christmas and the New Year and wish them and everyone a healthy 2026.

May I take this opportunity to wish everyone a peaceful and blessed Christmas.

Every blessing,  
Anne



**CONTACT**

## Ministers in the Pastorate:

Revd. Martha McInnes,  
Revd. David Dean,

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## Letter from the Manse

(Continued from Front page)

made known to you.' We have learned from Jesus and we are friends to those we meet. We are the ones who help each other keep going. When life is tough, we rely on each other to be the love of God *now, today*. When life is good, we share the joy.

At Christmas we celebrate the baby being born once more. As the family settle into their accommodation, we lean in to hear the whispers of love. In the face of the cruelty of empire, our breath is taken away by the inclusive nature of God's love, heard in the angel's message to the shepherds and the visit of the magi. As we celebrate, we listen for the promise of light that overcomes darkness. The light that is seen in Jesus, we see in people who are true friends.

May we watch for opportunities to be 'mates' to those around us embodying God's love. May we listen for God's presence with us in the 'mates' who surround us and stumble with us into a new year.

Nadolig Llawn,

*Martha and David*



## KIN

(Beulah charity fundraising group)

You will recall that in the November newsletter we promised to let you know the final total raised from our Harvest Supper and Auctions. This came to £1,112.61. We have been able to add some other donations - £83.00 that were made previously, and the family of the late Frank Kinsey kindly donated the money raised at his funeral - £366.86. All this means that we have been able to send the sum of £1,562.47 to Christian Aid. Thank you.

By the time you read this, the Rhiwbina Winter Festival will have taken place and we will have raised money for Tenovus and Space4U. Also, all the details of our proposed fundraising over Christmas were set out in the November issue of Crossroads. Just a quick reminder:

Community Carol Singing in aid of City Hospice;  
Christmas Raffle in aid of Shelterbox;  
Church Christmas Card in aid of Papyrus (please use gift aid envelopes provided to help increase the final total).

Ann Grimes will also be grateful for gifts of Christmas food for disadvantaged families in Cardiff. Please bring these along on Sunday 7 December.

A reminder that there will also be the usual donation of gifts for Space4U on 7 December.

The monthly Community lunch continues to thrive and raise much needed funds for the Cardiff Foodbank and, for information, there will be a lunch on Sunday 28 December.

**Please see weekly Notices for details of all the above.**



**City Hospice**  
Caring for Cardiff



## Thank You

To the Beulah Church Family,  
Many thanks for the lovely flowers that Andy kindly delivered to me. They are looking lovely.  
I am enjoying the colours.  
My very best wishes to you all.  
From *Margaret Clee* xx



## CYMRU CARES

These beautiful lanterns were made for us in Junior Church by Charlotte, Griff, Robin and Marianne. Placed first on the communion table and then in the Canolfan windows, they helped us shine a light on the need for climate justice.

Each year during the COP United Nations Climate Summit, there is a Global Day of Action. This

year communities from Wales to Brazil, from the Valleys to the Amazon joined to proclaim:

**This world is ours - and it is not for sale.**

Schools, churches, community organisations and individuals in Wales were invited to make and display lanterns declaring that **CYMRU CARES** for our neighbours here in our communities, and for our neighbours across the globe. We were also encouraged to

write to our elected representatives asking them to act with fairness and courage in the face of the climate crisis.

Forty members of the congregation signed our letter, which was then displayed in the Canolfan so passers-by could read it and see that Beulah demands urgent and specific climate action. The letter called for climate finance

and debt justice, ethical investments, keeping those already suffering the worst impacts of the climate crisis at the heart of policy making, and signing up to the Fossil Fuel Non-Proliferation Treaty. Copies of the letter, along with little photos of our lanterns, will be sent to local councillors, our MP and MSs.

Thank you to Gethin for leading worship, to Marianne and the children and to you all for supporting this powerful act of witness.

*Eileen*



World Day of Prayer - a date for your diaries.

### **The World Day of Prayer Service for 2026**

will be held on Friday, 6th March

at Rhiwbina Baptist Church

at 2.00pm.

Light refreshments will be served afterwards.

More information to follow later.

*Diane Burton  
Mary Bidnell.*

## **Editors' Note**

We wish all our readers and contributors a very Happy Christmas and a Healthy New Year.



The **deadline** for articles to be included in the

**February 2026**

edition of **Crossroads**

is **Sunday 18th January,**

**and Nigel will be editing.**

Contributions should be sent to Nigel, in person, by post or by email at:

**[crossroads@beulahurc.org.uk](mailto:crossroads@beulahurc.org.uk)**



## **Editors:**

**Colin Grimes,**

**Nigel Barwise**

**Email:**

**[crossroads@beulahurc.org.uk](mailto:crossroads@beulahurc.org.uk)**

## Advance Notice of Church Spring Clean

Hopefully, some of you might have noticed how clean the church was looking in September?!

A team of volunteers worked hard to get Beulah looking spic & span for Rebecca Grimes' wedding. In doing this, we couldn't help but notice how dirty the pews and other parts had become over time. So, in conversation with the Elders, it was agreed to trial a twice yearly deep clean, to maintain our church at a good level of cleanliness. We do employ a cleaner for an hour and a half each week, but this time is spent on the toilets and general vacuuming.

So dear members - I have been tasked with calling for volunteers to pitch in with the next deep clean which will be in early March.

More details will be given in February's Crossroads but basically, it's a bucket/bowl, marigolds and elbow grease, for a couple of hours on Day 1, and polish, cloths and more elbow grease on Day 2!

Hopefully, there will be enough volunteers to make this fun!!!!

*Arlene Ramasut*



## Congratulations Caleb

Caleb James who is a pupil at Ton-yr-Ywen Primary School in the Heath, has been selected alongside a female pupil to represent the infant pupils on the School Senedd.

Once a month they will meet with the Deputy Head and pupils from the Junior School to discuss ways of improving the school and any concerns raised by the pupils.

In the Deputy Head's own words, Caleb was chosen because he is exceptionally kind, thoughtful, caring and creative. These are all qualities which are reinforced by Beulah, and in particular at Junior Church with teacher Pat (Cazenave) and her team: Pat (Agland), Carol (Coleman), and Ann (Grimes).

Caleb was amazed and thrilled to have this opportunity.

## Shows at Wales Millennium Centre



Anyone and everyone is welcome to join a group of show lovers to the WMC. The sign up lists are displayed on the notice-board in the church porch, so please just add your name to any or all of the lists.

If you're worried about how to get there, we all share lifts.

Any questions, please contact Ann Grimes.

The **Beulah Charity Christmas Card** will be at the front of the church from this Sunday. This year it is a fir cone Christmas tree with individual cards made by junior church to hang on it. All are invited to sign a card and give a donation to Papyrus using the gift aid envelopes provided as appropriate.



## Operation Christmas Child Shoebox Appeal

Thank you to everyone who supported this appeal in any way.

We took 40 filled boxes to the warehouse this year.

Thank you,  
*Ann*



## ROTAS

Date	AV	Readers	Intercessions	Flowers
<b>December</b>				
7th	Richard Sweetnam	Derek Evans	Diane Burton	Flower Fund
14th	Nigel Barwise	Pat Ruddock	Marion Williams & Jenny McDowell	Flower Fund
21st	James Hall	Cathy Wales	Ian McDowell	Flower Fund
24th - 5pm	Richard Sweetnam	-	-	
24th - 11.15pm	Andrew Glanfield	-	-	
25th	Ian McDowell	Anne James	Hollie, Jonathan & Eva Glanfield	Flower Fund
28th	Richard Sweetnam	Jill Ferdinando	Richard Edwards	Flower Fund
<b>January 2026</b>				
4th	Nigel Barwise	Colin Grimes	Jonathan Grimes	tbc
11th	Andy Wales	Louise Morgan	Revd David Simpson	tbc
18th	Andrew Glanfield	Liz McCarthy	Cathy Wales	tbc
25th	Ian McDowell	Naomi Williams	Kate Hampson	tbc
<b>February</b>				
1st	Richard Sweetnam	Peter Ferdinando	Ruth Williams	tbc

## Elders and Stewards Rotas December

	Duty Elder and Stewards (S)	Vestry Prayer	Minister's Right	Minister's Left	Preparation
<b>7th December</b>	Jonathan Grimes DE	Gaynor Rees	Kiersten Eales	Secretary	Kiersten Eales
	Cathy Wales(S)		Geraint Richards	Marion Williams	
	Fleur Richards (S)		Mary Bidnell	Mark Stephens (P)	
<b>14th December</b>	Colin Grimes (DE)	Kate Hampson			
Morning Service	Ann Grimes (S)				
	Viv Morgan (S)				
<b>14th December 6pm</b>	Anne James	N/A			
Light for our Loss	Barbara Rhys				
<b>21st December</b>	Colin Grimes DE	Mary Bidnell			
Morning service	Giles Ballisat (S)				
	Gaynor Rees (S)				
<b>21st December 6pm</b>	Geraint Richards DE	N/A			
Carol Service	Naomi Williams (S)				
	Denise Dickman (S)				
<b>24th December 5pm</b>	Junior Church				
Nativity service					
<b>24th December 11.15pm</b>	Andrew Glanfield (DE)	N/A	Andrew Glanfield	Bev Hampson	
Christmas Eve	Johnathan Glanfield (S)				
<b>25th December</b>	Marion Williams (DE)	N/A			
	Mary Edwards (S)				
	Barbara Clift (S)				
<b>28th December</b>	Kate Hampson (DE)	Ian McDowell			
	Audrey Budding (S)				
	Helen Harries (S)				

## Church Life Review

In the middle of November, the General Assembly of the URC gathered for an extraordinary session to affirm the work of the Church Life Review. Not heard of the Church Life Review? You probably aren't alone! Over the last couple of years, a variety of folks from across the denomination have talked to each other to try to determine what some of challenges are and how to support local churches so they might 'thrive.'

Following these consultations a number of resources are being developed for us. These resources include: support with accountancy (lots of churches need bookkeeping skills though you still have to have a named treasurer); compliance i.e. making sure we have policies and procedures; and other types of admin. While this support will be significant, the most exciting prospect is the

development of a fund which will primarily support the employment of lay people to work alongside churches. These workers will develop the mission and community work of the church. Some examples might be a youth and children's worker or a parish nurse.

The fund for these posts is being created with money from each of the 13 Synods. Much of how this will be done is still to be developed, but the ideas emerging are exciting opportunities for the whole URC.

Martha attended this session of General Assembly and was left wondering, 'What kind of creative post could we create to link church to community?' Are there some skills that we could use to serve our neighbours? If you have any idea, she would love to hear it!

On 10 January at City URC, David and I will be leading a morning to talk about leading worship. What are the essential elements of worship? Why do we have what we have in an order that might be the same or might be different?

The session begins at 10 and will end at noon. All who lead worship or are interested are welcome.

### Elder and Steward Rota 2026

I am currently working on the Elder and Steward Rota from February to October 2026. If you wish to become a Steward please let me know, it would be good to welcome more people onto the rota.

Also please note from January Holy Communion will only require 4 Elders (apart from Lent and Advent). This was agreed at Elders.

The rota will be circulated before Christmas via email and will appear from February in Crossroads.

*Anne James*

## LITTLE MISS FIGGY



On the morning of Thursday 20 November, we planted the Fig Tree (Variety Little Miss Figgy) that has been donated in memory of Peter Cruchley in a sunny corner in the Canolfan Garden.

We made a "box" with paving slabs and coarse gravel base – this is recommended to encourage fruiting. Lets hope she gets her roots set over the winter and is fully established next summer.

Ian

## Christmas Post Box

This year we will be having our "Christmas Post Box" once again.



The post box will be for the Beulah church family only and will be available for posting during December.

The cards will be available for collection at the **KIN Coffee Morning** on **Saturday, 20th December.**

## Elders and Stewards Rotas January & February 2026

Please note: Communion is 4 Elders apart from certain times in Lent and Advent

	Elder on duty & Stewards (S)	Vestry prayer	Communion		
			Minister's right	Minister's left	Preparation
			(P = Prayer)		
<b>4th January Communion</b>	Mary Bidnell (DE) Eleri John (S) Mike Warsop (S)	Marianne Barwise	Nigel Barwise Jonathan Grimes	Secretary Marion Williams(P)	Nigel Barwise
<b>11th Jan</b>	Andy Wales (DE) Cathy Wales (S) Richard Sweetnam (S)	Arlene Ramasut			
<b>18th Jan</b>	Ian McDowell (DE) Audrey Budding (S) Denise Dickman (S)	Keirsten Eales			
<b>25th January</b>	Bev Hampson (DE) Harley Jones (S) Viv Jones (S)	Andy Wales			
<b>1st February Communion</b>	Jonathan Grimes(DE) Liz McCarthy (S) Fleur Richards (S)	Bev Hampson	Gaynor Rees Mark Stephens	Secretary Jenny McDowell (P)	Gaynor Rees
<b>8th Feb</b>	Keirsten Eales (DE) Hollie Thomas (S) Viv Morgan (S)	Mark Stephens			
<b>15th February</b>	Marion Williams (DE) Tony Webb (S) Derek Evans (S)	Ian McDowell			
<b>22nd February</b>	Arlene Ramasut (DE) Mary Edwards (S) Helen Harries (S)	Anne James			

## BEULAH UNITED REFORMED CHURCH

### January 2026

<b>Sunday 4 January</b>	10.30am	Worship – Revd David Dean/Revd Martha McInnes Junior Church
	6.00pm	BWise
	5.45pm	Towards the End of the Day - Canolfan
<b>Sunday 11 January</b>	10.30am	Worship – Rev David Simpson Junior Church
<b>Monday 12 January</b>	7.30pm	Elders' Meeting
<b>Tuesday 13 January</b>	7.30pm	Theology on Tap, Deri Inn
<b>Saturday 17 January</b>	3.00pm	Family Film
<b>Sunday 18 January</b>	10.30am	Worship – Revd James Hall Junior Church
<b>Sunday 25 January</b>	10.30am	Worship - Revd David Dean/Revd Martha McInnes Junior Church

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<b>Mondays</b>	9.30am -12.00 1.00 -3.00pm	Miss Tilley's Community Cafe Women's Fellowship
<b>Tuesdays</b>	9.30am -12.00 9.30am -11.00	Miss Tilley's Community Cafe Beulah Tots (term time only)
<b>Wednesdays</b>	11.00am -12.00	The Huddle (term time only)
<b>Thursday</b>	9.30am -12.30	Cafe Dosbarth (term time only)
<b>Fridays &amp; Saturdays</b>	10.00am -12.30	Whittaker Lounge Cafe
<b>Sundays</b>	7.15 -9.00pm	Youth Fellowship (term time only)

### Lunchtime Recital

**Wednesday 28<sup>th</sup> January 2026**

There isn't a Wednesday lunchtime recital in December as there is a very full Beulah diary that month! As in previous years we jump to the month of January and a musical celebration during the early months of winter! This year we are welcoming students from the David Seligman Opera School at the RWCMD with Head of Opera James Southall.

**The date for your diary is the 28<sup>th</sup> January 2026.**

The audience numbers continue to climb under the leadership of Nicola Rose and the band of Beulah helpers. Do come and sample what these recitals are like.

**Tickets are £8 on the door or more if you are able.**

**All monies raised go to the artists and admin.**



**In our November Elders Meeting**, we explored, with Rachel Hazelwood who kindly joined us, how we might become a more neurodiversity friendly church. We are already a welcoming and open church, but there are plenty of things we can do, some bigger, some smaller, to make Beulah a more inclusive and inviting place for everyone. Watch this space! Later in the meeting we had further discussion around the wording and form of a new, far more inclusive, welcome poster. We need to get this right, and a draft will be brought to Church Meeting for consideration when we are ready.

We heard the great news that the Summer art project will be on the wall before the Rhiwbina Winter Festival, that the building work is complete (save snagging), that work on the new constitution continues and that some glitches have been ironed out in our new sound system. Many thanks to all involved for all of this important work.

We discussed our current challenge in finding a replacement Treasurer. Barbara Rhys has now kindly served an entire additional year than intended and we are no closer to finding a replacement. This is extremely urgent as we have to have a Treasurer to continue to operate as a church. It should be noted that the role going forward is quite different from that Barbara has undertaken for so many years as we now have a paid finance administrator who will look after all the day-to-day payments and invoices, Barbara is kindly continuing to manage the KIN fund and we are moving the accounts to an easy online system called 'Quickbooks'. Barbara is going to finish on the 31st December this year (but is very happy to work alongside someone new for a number of months), so if

anyone might be interested in the role please do speak to either Barbara or myself.

We agreed with a proposal to start a new Beulah Bible Study Group, the first session of which will be 6:30pm on Wednesday, 28th January, and we thanked Martha for her work leading on this. All will be very welcome – please watch the notices for more details nearer the time.

We agreed our calendar of meetings (Elders, Church, AGM) for next year and these will be publicised. This included establishing themed meetings around our Church Life areas (Worship, Pastoral, Engagement, Community and Communications – noting that we still have a vacancy for an elder to be the shepherd for our work in the area of Youth and Young People - so we will try and pick this up as best we can between us) as well as yearly meetings devoted to key topics such as safeguarding and fire safety.

Earlier in the year, Martha led a review of our current eldership structures which involved a questionnaire completed by a number of our current and previous serving elders. This indicated that we are not doing anything fundamentally wrong, but that there were a number of improvements we could make to improve communications, clarity and inclusivity. We are currently considering a range of things we might change or do, but importantly, going forward, all elders (Pastoral and Church Life) are warmly invited to all Elders Meetings. As was reported previously, we have also retired the Leadership Team (with thanks for all their hard work over many years guiding our church and keeping us safe), and will instead look to institute regular meetings of our Church Officers and our Ministers from 2026, as we once had.

We've also been looking at how we document our key processes

and the prioritisation of our wealth of activities as we become a smaller membership over time. Everything we do in Beulah means something to at least one person, often to many, but we know we cannot carry on doing everything with the number of volunteers we have (particularly when we cannot fill key vacancies we need to be a church), so we will need to think further on this in 2026. In this vein, we agreed to retire the New Years Day brunch, which Tony and Chris (and their band of willing helpers) so ably looked after for 17 years, rather than looking to seek replacements as they step down from this service.

We discussed how far right groups are using scripture to drive their narrative and we learnt of a workshop that is being run in Cardiff at the end of January to look at the use of how we challenge the use of Biblical rhetoric in anti-immigration campaigns. This will be held from 1-3pm on the 31st January at City URC and all are welcome. Please contact Martha for more details.

As we do every meeting, we think about and pray for the members of one of our districts. Our pastoral work is a key element of Beulah's mission, and this part of the meeting is both important and special to us.

We were sad not to be joined by Anne James at this meeting, but very pleased that she has made the right decision to rest up for the colder months to charge up her health batteries. We are grateful for the amazing job she does for Beulah, and look forward to her picking up the Secretary role again when she feels ready.

With God's Blessings,  
*Andrew Glanfield*  
Chair of Elders  
& Church Meetings

**Beulah URC**

# **Family Film Shows**

Family favourites on the big screen

Suitable for all ages\*



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**Saturday afternoons 3.00pm**

**17th Jan, 21st Feb & 21st Mar 2026**

**Canolfan Beulah, Rhiwbina Village**

**FREE of charge**

Interval ice cream      No booking required

Call or text 07891 707039 for enquiries or further details

*\* Under 18s must be accompanied by an adult*



# BEULAH UNITED REFORMED CHURCH



## December 2025

<b>Sunday 30 November</b>	10.30am	First Sunday of Advent - Andrew Glanfield Junior Church
<b>Sunday 7 December</b>	10.30am 5.45pm 6.00pm	Second Sunday of Advent - Revd Martha McInnes/Revd David Dean Towards the End of the Day Service, Canolfan B Wise – Young Teens Group
<b>Weds 10 December</b>	7pm	Jingle and Mingle in Rhiwbina Tap
<b>Sunday 14 December</b>	10.30am  6.00pm	Third Sunday of Advent – Jenny McDowell and Marion Williams Junior Church Light for our Loss Service
<b>Monday 15 December</b>	7.30pm	Elders' Meeting
<b>Saturday 20 December</b>	10.45am	Christmas Charity Coffee morning – Canolfan
<b>Sunday 21 December</b>	10.30am 6.00pm	Fourth Sunday of Advent – Revd Stephen Best Community Carol Service
<b>Monday 22 December</b>	6.00pm	Community Carol Singing in Y Groes
<b>Weds 24 December</b>	5.00pm 11.15pm	Family-friendly Nativity Service let by our younger children Christmas Eve Communion Service
<b>Thursday 25 December</b>	10.30am	Family Service
<b>Sunday 28 December</b>	10.30am	Worship – Mr Richard Edwards, Junior Church

- Coffee will be served in the Canolfan after Sunday worship unless otherwise stated

**Carol singing outside the church – Saturdays 6, 13, & 20, at 10.00am – all proceeds to charity**

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<b>Mondays</b>	9.30-12.00	Miss Tilley's Community Cafe*
	2.00-3.00	Women's Fellowship
<b>Tuesdays</b>	9.30-12.00	Miss Tilley's Community Cafe*
	9.30-11.00	Beulah Tots
<b>Wednesdays</b>	11-12.30	The Huddle
<b>Thursdays</b>	9.30-12.00	Cafe Dosbarth (Term Time)
<b>Fridays and Saturdays</b>	10-12.30	Whittaker Lounge Cafe
<b>Sundays</b>	7.15-9.00	Youth Fellowship (term time)

- Miss Tilley's closes for Christmas on 22 December and reopens on 5 January.

**Visit the Beulah website at: <http://www.beulahurc.org.uk/>**