

CHURCH AND FAMILY NEWS

*"Why, you must needs be strangers,
would you be pleas'd
To find a nation of such barbarous
temper*

*That breaking out in hideous violence
Would not afford you an abode on
earth."*

(Play *Sir Thomas More*, attributed Shakespeare)

March brings with it thoughts of Spring and the gardens waking up again. It promises us all hope. This is much needed at the present time with so much worrying news. Our services in January and February addressed some of these concerns, with both Martha and David addressing the political climate in the US which is also beginning to be evident in the UK. Martha's service included the text from Micah - *To act justly and to love mercy and to walk humbly with your God* and we made paper chains to symbolise our connection. David talked about holding on to the good and the light. Iestyn Henson carried on the theme with Matthew 5, 13-16 – you are the salt of the earth, you are the light on the world.

The quote above, attributed to Shakespeare, features Sir Thomas More addressing crowds rioting against immigrants and it seems we are still no better at

welcoming the stranger to our country.

Many attended a Lecture in City URC on *'Populism and the Claims to Christianity – How the Church should respond'* that addressed some of the issues that the UK is facing with the rise of intolerance and racism. Many also went to the event *'When Faith becomes a Target'* at the Darul Isra Mosque, which looked at anti-Semitism and anti-Muslim hatred with speakers from Jewish and Muslim backgrounds. Beulah has signs around the church that say *'Refugees Welcome'* and regularly supports Space4U, which provides a space for refugees and asylum seekers.

Through our active participation we continue to share and work with others to spread a different narrative and bring the message of the Gospels to the fore.



We can hold on to hope and light and work to spread our message and support the community in many ways. In March we celebrate one year of our

Community Meals. These offer a warm, generous and welcoming place, created by Marianne Barwise and the team of people who support her. The meals have raised over £1000 for Food bank. Thank you to all involved.

Family News

Sending thoughts and good wishes to everyone who is ill at home or in hospital and those of our congregation who are in residential care.

Every blessing

Anne

CONTACT

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Letter from the Manse

(Continued from Front page)

bring hope, to speak love, to do justice, to be open to God's presence. As we listen to the cries of pain, fear, and loss around us, we offer resurrection hope. May our Easter celebrations remind us that death and hatred do not, cannot, have the final word. Love wins as we live out the calling of the resurrection. Wendell Barry advises us to live our calling this way in his poem, 'Practice Resurrection':

*"So, friends, every day do something that won't compute.
Love the Lord.
Love the world.
Work for nothing.
Take all that you have and be poor.
Love someone who does not deserve it."*

Peace,

Martha and David

THANK YOU

Thank you to my Beulah Friends,

Thank you so much for the cards and lovely messages you have sent to me and my family. I have read and re-read them over and over. They have given me great comfort.

Tina Taverner

Apologies

This item, above, should have appeared in the February edition, but I forgot to pass it onto Nigel. So, I send my profuse apologies to Tina.

Colin

Worship Leaders Gathering

Saturday, 7 March At City 10.30am to 12.30pm.

Everyone who leads worship is welcome to come and learn together. On this occasion we have been asked to think together about communion. What is it in our Reformed tradition? What are the meanings behind it?

In addition, part of the session will include reflecting on our own worship practices. What do we do well, what could we improve?

Martha



Thank you

I am writing to let you all know that I will no longer be collecting cards.

It's about 23 years since I started and I think we must have raised in excess of £50,000 for Marie Curie in that time.

I want to say a huge thank you to all the people who have helped me over the years, donating and making cards, gifts, cakes, serving coffee, selling raffle tickets, running stalls, publicity.....the list is endless. Without you it would never have happened and I am so grateful to you all.

Finally, thank you so much to everyone who has supported me over the years. Your generosity and kindness has helped so many people in Holme Tower.

With love

Ruth

Shows at Wales Millennium Centre



Anyone and everyone is welcome to join a group of show lovers to the WMC. The sign up lists are displayed on the noticeboard in the church porch, so please just add your name to any or all of the lists.

If you're worried about how to get there, we all share lifts.

Any questions, please contact Ann Grimes.



KIN (Beulah Charity Community Fundraising Team) Feb Report 2026

To update you on KIN this month I thought I would outline the topics covered in the 40-minute KIN meeting held on 15th Feb after morning worship, to give you an insight on what we do, hoping to inspire you if you would like to join us in the future. Items on the agenda included an update on funds, ideas for charities to support in 2026, continued discussion on KIN name and planning for Easter.

The fantastic Christmas fundraising totals include –

Shelter Box	£590.00
Health Help International	£210.98 (For a young lady named Beulah and her replacement prosthetic limbs.)
Papyrus	£450.18
Space4U	£473.50
Ty Hafan	£539.14
Tenovous Cancer Care	£344.40
City Hospice Trust	£460.49 (Doubled by a match funding agreement they have in place.)

We still have a sum of Mair Haywood's bequest we would like to allocate in her memory, to be discussed next meeting.

We pooled ideas of Charities we wish to support over the coming year. HHI, The Red Cross, Shelter Box, Space4U and the Leprosy Mission were noted, other ideas are welcome.

Over Easter, KIN will co-ordinate the Good Friday **bread and soup lunch raising money for Christian Aid**, and Easter Raffle, fund raising for Ripple Effect (previously Send a Cow).

Arlene will be selling her beautiful Silver and sea pearl crosses again for charity.

There will be an Alms Bowl Collection in the Easter Service, so please start collecting your loose change at home. Usually the Alms Bowl is small change collected during Lent in thanks for meals or other daily activities we take for granted in our affluent modern society. For those who no longer use much cash we will have alternative ways for giving on that day.

Richard Sweetnam has again kindly agreed to co-ordinate an Easter morning Breakfast, funds from this will go to The Samaritans this year.

There will be a Christian Aid Big Breakfast on 16th May to mark Christian Aid week in Beulah. Watch out for further plans around this. Christian Aid Week begins 10th May, so we will be distributing collection envelopes as usual.

A number of people have approached me encouraging the name of KIN to be updated. As recorded last month Kindred In Need has an amazing history and pedigree, proposing a change of name in no way takes away from this but aims to keep the group purposeful over the coming years. We would like the name to reflect clearly the purpose of the group, its awareness raising role and the value of working with rather than for individuals locally and across the world in need of support. Ideas put forward include: Together for the World (TfW), taken from our letter head; 'Caring and Sharing' at the Crossroads (CASH); Kindness@Beulah' which still uses the word 'Kin' as continuity; Cariad Beulah; and Beulah in Action. Our thoughts in the meeting took us to a name focused around the word 'Response', coming from Bible passages in Micah. 'Beulah Responding' came out with the most votes so far. I hope listing them here will inspire further comments and thoughts. As always, we would love to hear from you with any suggestions for a group name, fund raising ideas or charities to support.

Lastly, thank you to you all, for all you contribute to make KIN fundraising so successful.
From *Marianne Barwise*.

Fast to help people and planet flourish

Helping churches to care for creation together



Eco Group news – what we're doing and how you can get involved!

<https://climatestewards.org/resources/carbon-fast-for-lent/>

This looks like an excellent resource from Climate Stewards. The actions cover lots of aspects of creation care and, importantly, may help us change our habits going forward. Please take a look.

For those who don't like QR codes or emails, I will print all the weeks' posters and put them on the notice board on the landing outside the Leaver Room in Canolfan. If you are unable to take a look there and would like them printed off, please contact me.

Thank you, *Eileen*



Carbon Fast
for Lent



Climate Stewards

JOIN THE CLIMATE STEWARDS CARBON FAST 2026!



40 DAYS OF CLIMATE ACTION CHALLENGES

WANT TO TAKE PRACTICAL ACTION THIS LENT TO CARE FOR CREATION AND REDUCE YOUR CARBON FOOTPRINT?

WHAT IS A CARBON FAST?

GIVING UP UNSUSTAINABLE CONSUMPTION PRACTICES TO REDUCE OUR CARBON FOOTPRINT—AND IN DOING SO, LEARNING TO LIVE LIGHTLY ON GOD'S EARTH.

SCAN QR CODE TO JOIN



WHY DO THIS?

BY STARTING TO REDUCE OUR CONSUMPTION AT LENT, AND CONTINUING WITH THOUGHTFUL LIVING THROUGH THE YEAR, WE ARE CARING FOR CREATION, A RESPONSIBILITY ENTRUSTED TO US BY GOD.



FAST TO HELP PEOPLE AND PLANET TO FLOURISH

WEEKLY THEMES:

- WEEK 1: CREATION CARE
- WEEK 2: CONSUMERISM / SHOPPING
- WEEK 3: MONEY / INVESTMENTS
- WEEK 4: FOOD WASTE / MEAT & DAIRY
- WEEK 5: TRANSPORT / DRIVING
- WEEK 6: ENERGY / ELECTRICITY / GAS
- WEEK 7: SOCIAL MEDIA

WHAT IS INVOLVED?

- 7 TOPICS WITH 3 CHALLENGE LEVELS
- WEEKLY REFLECTION ON CREATION CARE
- SHARE YOUR PROGRESS WITH US - EMAIL AND SOCIAL MEDIA

TO JOIN - SIGN UP VIA QR CODE FOR WEEKLY EMAIL AND TIPS!

Editors' Note

The **deadline** for articles to be included in the

April 2026

edition of **Crossroads** is **Sunday 22nd March**,

and **Nigel** will be editing.



Contributions should be sent to Nigel, in person, by post or by email at:

crossroads@beulahurc.org.uk

Editors:

Colin Grimes,

Nigel Barwise

Email:

crossroads@beulahurc.org.uk

What's On? in our Pastorate

This news page is where we celebrate everything that is happening in the churches of the URC Cardiff and Penarth Pastorate. Everyone is always welcome at any of the churches at any time but here we share information of events and services which may be of particular interest.

At Canton Uniting Church (Theobald Rd, Canton CF5 1QL) Concerts

Sunday 1st March 3pm

A Vocal St David's Day Concert from post-graduate singers of the RWCMD.

Sunday 8th March 3pm

Postgraduate students of the RWCMD present a concert of music for flute, cello and piano, centred around Kuhlau's Trio op 119 and including music by Fauré.

Sunday 22nd March 3pm

A birthday concert for the fabulous jazz pianist Geoff Eales! Geoff teams up with friends for an afternoon of his favourite music, jazz and classical, including his own compositions.

Supporting the CUC building fund.

At Beulah (Beulah Road, Rhiwbina CF14 6LT)

Saturday 7th March 6.30pm

A Barn Dance in support of Joy of Learning from 6.30-9.30. There will be a live band with hot dogs and ice cream in the interval. Entry is free with opportunities to buy Ugandan crafts and support the work of Joy of Learning. For more information contact cheerfamily1@outlook.com

Saturday 21st March 3pm

Beulah URC Family Film Show in Canolfan Beulah:

Family favourites on the big screen, suitable for all ages.

FREE of charge, Interval ice cream provided. No booking required. Call or text 07891 707039 for enquiries or further detail.

Sunday 22nd March 12.00pm

Community Meal in Canolfan

Wednesday March 25th at 1pm

Lunch-time concert at the crossroads (in Beulah Church)

Manon Ogwen Parry – soprano and Jeffrey Howard – piano

Welsh soprano, Manon Ogwen Parry, winner of the W. Towyn

Roberts Scholarship at the 2025 National Eisteddfod joins us for the first time at Beulah URC.

Currently in her final year of the Opera Course at the Guildhall School of Music and Drama in London, Manon is increasingly in demand as a performer across the UK. She is partnered by distinguished pianist, Jeffrey Howard, and together they will perform a programme of songs and arias to take us towards Easter.

Wednesday 25th March, 6.30pm

Bible Study in the Whittaker Lounge. David and Martha are leading us in an exploration of Matthew's gospel.

Lent and Easter

Study Groups

In Lent there are a series of reflective learning groups taking place. They will be based on the book, 'Receiving Jesus: The Way of Love,' by Mirrian Edgar Budde, the bishop of Washington, DC. Budde looks at what she feels are essential practices which enable us to live in love.

At **Canton Uniting Church** (Theobald Rd, Canton CF5 1QL): Wednesdays 6pm and 7pm: 25th February and 4th, 11th, 18th and 25th March.

At **Beulah** (Beulah Road, Rhiwbina CF14 6LT) in the Whittaker Lounge, behind the Church: Thursdays 26th February, 12th and 26th March.

At **City URC Church** (Windsor Place CF10 3BZ) in the Old Chapel: Thursday 5th and 19th March.

You are welcome to attend whichever suits your schedule each week. Martha and David will be leading the session at City and Beulah

Holy Week

Sunday 29th March (Palm Sunday):

Combined Pastorate Sunday worship service at **City** - 10:30am. Tea and fellowship afterwards.

Monday 30th March, Tuesday 31st March and Wednesday 1st April:

Holy week prayers at **Beulah** each evening at 7.30pm in the Whittaker Lounge.

Maundy Thursday 2nd April:

7.30pm communion service at **Beulah** in the upper room of Canolfan

7.30pm service at **Canton Uniting Church**

Good Friday 3rd April

10.30 service at **City URC** led by Martha

12.00 service at **Beulah** with a dramatic interpretation of the story followed by lunch

Easter Sunday 5th April:

08.45 Early morning service in the garden at **Beulah** followed by Easter Breakfast

10.30: Family Worship with communion at **Beulah**

10:30am Easter Sunday communion service at **City**

ROTAS

Date	AV	Readers	Intercessions	Flowers
March				
1st	Andrew Glanfield	Audrey Budding	Kaye Mundy	Flower Fund
8th	Ian McDowell	Liz Kidd	Eleanor Mills	Lesley Richards
15th	Richard Sweetnam	Marion Williams	Mark Stephens	Arlene Ramasut
22nd	James Hall	Kate Hampson	Mary Bidnell	Gaynor Rees
29th	<i>No Service at Beulah. Joint Pastorate Worship is to be held at City Church.</i>			
April				
2nd	Nigel Barwise	Richard Sweetnam	-	Flower Fund
3rd	Andrew Glanfield	Brenda Cheer	-	Flower Fund
5th	Ian McDowell	Vicki Grimes	Brenda Cheer	tbc
12th	Richard Sweetnam	Arlene Ramasut	Liz Kidd	Lorraine Larcombe
19th	James Hall	Andy Wales	Eco Group	Lorraine Larcombe
26th	Nigel Barwise	Mary Bidnell	Rev'd David Simpson	tbc

Lunchtime Concert

Wednesday the 25th March at 1pm

Manon Ogwen Parry - soprano
With Jeffrey Howard – piano

We are delighted to welcome to Beulah the winner of last year's W Towyn Roberts Scholarship at the 2025 National Eisteddfod. She is accompanied by Jeffrey Howard making a welcome return to Beulah. Manon is an outstanding singer and together with Jeffrey will present a programme of songs and arias to captivate us all. Well over 100 people came to the January concert, why not come and join us?

Tickets as usual, £8 on the door

In the Shadows

Exploring Biblical characters who are less well known.

Space for friendship, prayer.

Any questions,
contact Martha

12-14 June

at College Trefeca.

Cost £210

If you are interested, the sign-up sheet is in the church porch.

—————
Bible Study will continue exploring Matthew on 25 March at 6.30pm.

CARETAKING DUTIES

CANOLFAN/GARDEN

- Check on a daily basis (Monday-Friday) that tables and chairs are in the correct place for the day's activities.
- Deal with ad hoc problems as they arise, i.e. contact a member of the Premises Group to ensure the problem is dealt with as promptly as possible. [Currently Chris Wilkes and Mike McCarthy.]
- Ensure the general tidiness of the **inside and outside** of the building.
- Ensure the building is secure e.g. windows and external doors closed, and lock the building Monday-Friday no later than 10.00 pm. [The cleaners will normally **open** the Canolfan between Monday and Friday each week.]
- Open and lock the garden gate Monday-Friday as required.
- Check and refill toilet rolls, paper towels and soap dispensers as required.
- Order supplies from CBOF (template available).
- Put out bins for Council collection as required and report any missed collections.

WHITTAKER LOUNGE

- Empty the black bin in the Whittaker Lounge kitchen on Monday and Thursday mornings and place the black bag in the appropriate bin at the side of the Canolfan.

GENERAL

- Read electricity and gas meters in the Canolfan, and the gas meter in the Church, on the 27th day of each month and email readings to Ecotricity.
- There will be occasions when the timings for opening and closing the building may vary and it will be necessary to liaise with the Bookings Manager on this.
- Liaise with the Bookings Manager in respect of holidays so that cover can be arranged.
- The sum £250.00 per month is offered, payable mid-month.

Note: There is a separate rota for opening and locking both the Canolfan and the Garden on Saturdays and Sundays.

12 February 2026

Please contact Barbara Rhys (contact details in Church Directory) if you would be interested in this role, know of anyone who might be interested, or require more information.

Palm Sunday,

29 March, 2026

We have a unique opportunity to gather together across the pastorate on 29 March to share with our URC friends. This opportunity to worship together is an even more special occasion as people from the World Council of Reformed Churches/ Europe will be joining us.

They are coming to Cardiff to meet us, to find out what being church in the URC is like.

The theme of their work is 'Called to Communion, Committed to Justice.' As we begin our journey through Holy Week, what better way to start than to share in worship and recognise our calling to seek justice? We hope you will all make a special effort to share this service together, and set off on our Holy Week journeys.

The service will be at City at 10.30am. There will be special activities for children and youth. We plan to begin those at 10 a.m. For parents there will be drinks and pastries while you wait for the service to begin.

Martha

Space4U Food Collection. Different items please!

Thank you for your continued support for the Space4U food collection each month.

We have had a stock take and have found that the following items are currently needed:

Tinned chick peas, red kidney beans, sweetcorn, peas, tinned fruit and coffee.

Your donations of these items would be much appreciated. Items can be left in the porch of the church on the first Sunday of the month.

Thank you

Jenny

	Elder on duty & Stewards (S)	Vestry prayer	Communion		
			Minister's right	Minister's left	Preparation
			(P = Prayer)		
1st March Communion	Geraint Richards(DE) Naomi Williams(S) Cathy Wales (S)	Kate Hampson	Andy Wales Marion Williams (P)	Secretary Bev Hampson	Andy Wales
8th March	Jenny McDowell (DE) Eleri John (S) Mike Warsop (S)	Colin Grimes			
15th March	Mark Stephens (DE) Norman Henderson (S) June Henderson (S)	Gaynor Rees			
22nd March	Ian McDowell (DE) Barbara Clift (S) Denise Dickman (S)	Geraint Richards			
29th March Palm Sunday	No Service in Beulah				
2nd April Maundy Thurs	Colin Grimes (DE) Helen Harries (S)	N/A	Gaynor Rees Kate Hampson	Secretary Gaynor Rees (P)	Gaynor Rees
3rd April Good Friday	Marianne Barwise (DE) Kaye Mundy Derek Evans (S)	N/A			
5th April Communion Easter Sunday	Jenny McDowell (DE) Ann Grimes (S) Audrey Budding (S)	Andrew Glanfield	Keirsten Eales Andrew Glanfield Louise Morgan	Secretary Mary Bidnell (P) Andy Wales	Keirsten Eales
12th April	Bev Hampson (DE) Richard Sweetnam(S) Helen Harries (S)	Marianne Barwise			
19th April	Andrew Glanfield (DE) Hollie Thomas (S) Viv Morgan (S)	Mark Stephens			
26th April	Kate Hampson(DE) Fleur Richards (S) Kaye Mundy (S)	Mary Bidnell			



World Day of Prayer

The World Day of Prayer Service for 2026

will be held on Friday, 6th March
at Rhiwbina Baptist Church
at 2.00pm.

Light refreshments will be served afterwards.
More information to follow later.

*Diane Burton
Mary Bidnell.*

Iona Pilgrimage 2027

Have you heard about St Columba, who founded a monastery on Iona, and ever wondered what the island is



like? Have you sung John Bell hymns for years and thought about worshipping in Iona Abbey? Have you been to Iona in the past, as a guest at the Abbey or Retreat House, or even as a day visitor, and wanted to return? Have you talked to church friends and heard how important the trip in 2024 was for them? Perhaps 2027 is your year to join a group from Wales to make a pilgrimage there.

The isle of Iona is described by many as a 'thin place' - a place where the boundary between heaven and earth is thin so that humans feel particularly close to God. In Wales, Caldey is a thin place for many. Lindisfarne is another such place. Are these places described as 'thin' because Christians have prayed on the island for centuries? Is it because they are isolated, and we can hear God better when we aren't distracted by our worldly worries? Is it because they are so beautiful that the Creator seems so much closer to us than in our towns and cities?

Calendar for Easter in Beulah

Lent Studies

Joint weekly studies to be held alternately between Beulah and City URC. Commencing Thursday 26th February at Beulah 7.30pm

Resource –

“Receiving Jesus, the Way of Love”

by Mariann Edgar Budde
(purchase is not necessary)

Leader – Martha / David

Palm Sunday 29th March

Joint service at City URC 10.30am.

Holy Week Prayers

Monday 30th, Tuesday 31st and Wednesday 1st
at 7.30 pm in Whittaker Lounge.

Maundy Thursday – 2nd April

Service in Leaver Room led by Martha / David

Good Friday – 3rd April

Walk of Witness with Bethany and All Saints (details TBC)

Service in Beulah at 12 noon

Dramatic interpretation of the events of Good Friday.

Bread and soup lunch in Canolfan

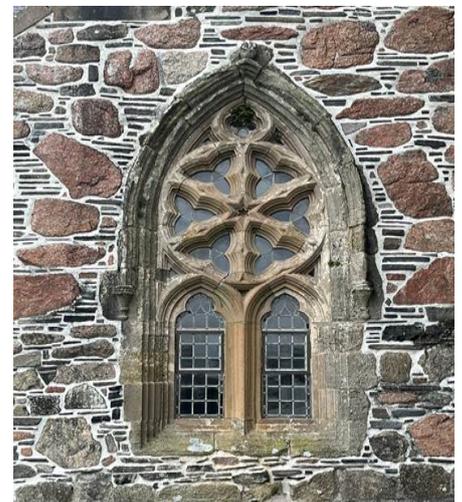
Easter Sunday – 5th April

Early Morning service in the Canolfan garden 8.45am

Easter breakfast in Canolfan 9.00am

Easter Morning Communion service – 10.30am

Martha / David



Perhaps it is all of those things. Iona has been an important place of pilgrimage and prayer for many through the centuries - and for me, through several decades. The Iona Abbey was one of those places I heard about soon after we came to the UK in 1993. The first time our family travelled from Oban across Mull to Iona on a day trip. Later, I went up with a colleague for a couple of days. Finally, in 2004 our family went for a week with church members for the first time.

The Abbey community welcomes guests and invites them to share in community life and

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BEULAH SPRING CLEAN

Wed 18th & Thurs 19th
March
10am - 12pm

You may remember that the deep clean which took place last October revealed the extent to which our church needed some TLC! It was, therefore, decided to trial a bi-annual deep clean to keep the church in better shape. We do have a cleaner for an hour or so a week but that just covers a quick Hoover through and cleaning the toilets.

If you feel that you can help us with this project on either day, please let me know or mention it to one of the Elders.

Wednesday 18th will be cleaning day.

All you need to bring are your marigolds, some cleaning cloths and a bowl. I will provide a gentle wood cleaner. We will aim to wipe clean all the pews, the furniture, wooden panelling and doors and any other ledges or surfaces.



Thursday 19th will be polishing day.

Please bring spray polish, cloths and of course, elbow grease!

We will shine all the pews, the furniture, panelling and doors and Hoover all the nooks and crannies.

The more helpers, the easier it will be. If you haven't volunteered for anything before, this maybe your chance to contribute to the life of the church- and to share coffee and cake with friends!

Many thanks in advance. I look forward to us being a great Dust Busters team.

Arlene Ramasut

Iona Pilgrimage 2027

Continued from page 10

worship. There are basic rooms that are shared. There are daily tasks to which we contribute. There is worship which shapes the pattern of the days. There is space to mix with new people, to walk the island, to reflect, and to pray.

David and I hope to lead another group to Iona during 2027 - probably May half-term week. If you would be interested in going, please let me know, and I can put you on the list of possible attendees. We can also answer any questions about the week - as can a number of people who went in 2024. We look forward to hearing from you.

Martha



Iona Abbey, in 2024



BEULAH UNITED REFORMED CHURCH

MARCH 2026

ALL WELCOME



Sunday 1 March	10.30am	Worship – Communion – Mr Geraint Richards Junior Church
	6.00pm	BWise
Sunday 8 March	10.30am	Worship – Revd David Dean/Revd Martha McInnes Junior Church
Monday 9 March	7.30pm	Elders' Meeting
Tuesday 10 March	7.30pm	Theology on Tap, Deri Inn
Sunday 15 March	10.30am	Worship – Mrs Maggie Kirkbride Junior Church
Saturday 21 March	3.00pm	Family Film - Canolfan
Sunday 22 March	10.30am	Dr Andrew Glanfield Junior Church
	12.00	Community Lunch, Canolfan
	5.45pm	Towards the End of the Day, Canolfan
Wednesday 25 March	6.30pm	Bible Study, Whittaker Lounge
Sunday 29 March	10.30am	Joint Service at City URC- <u>No service in Beulah</u>



Mondays	9.30-12.00	Miss Tilley's Community Cafe
	1.00-3.00	Women's Fellowship
Tuesdays	9.30-12.00	Miss Tilley's Community Cafe
	9.30-11.00	Beulah Tots (term time only)
Wednesdays	11.0-12.00	The Huddle (term time only)
Thursday	9.30-12.30	Cafe Dosbarth (Term time only)
Fridays & Saturdays	10-12.30	Whittaker Lounge Cafe
Sundays	7.15-9.00	Youth Fellowship (term time only)

Visit the Beulah website at: <http://www.beulahurc.org.uk/>

Digwyddiad Cymorth Cristnogol/Christian Aid Event

Y Cwrdd The Gathering

Penarth: 17/3/26

Wrecsam/Wrexham: 18/3/26



Sganiwch y côd QR neu ebostiwch cymru@cymorth-cristnogol.org i gofrestru!

Scan the QR code or email cymru@christian-aid.org to register!



Fridah a'i hŵyr y tu allan i'w cartref
Fridah and her grandson outside their home

Ymunwch â ni i glywed straeon ysbrydoledig am waith Cymorth Cristnogol yn Kenya ac ymhellach. Byddwn yn clywed gan ein partner, Beacon of Hope, sydd, drwy hyfforddiant a datblygu sgiliau, yn trawsnewid cymunedau trefol Nairobi.

Dewch draw a chael eich ysbrydoli gan syniadau i helpu eich eglwys gyfrannu, gweddio a gweithredu dros gyfiawnder.

Join us to hear inspiring stories from Christian Aid's work in Kenya and beyond. We'll hear from our partner, Beacon of Hope who, through training and skills development are transforming communities in urban Nairobi.

Come along and get inspired by ideas to help your church and community pray, act and give for justice.

**cymorth
cristnogol
christian
aid**

PENARTH

17 Mawrth/ 17 March
10am - 12.45pm

Stanwell Road Baptist Church, CF64 2EY

WRECSAM/WREXHAM

18 Mawrth/18 March
10.00am - 12.45pm

Capel y Groes, 10 Stryt Holt, LL12 7AG

Christian Aid is a key member of ACT Alliance. Eng and Wales charity no. 1105851 Scot charity no. SC039150 Company no. 5171525. The Christian Aid name and logo are trademarks of Christian Aid.

© Christian Aid 13/01/2026 - 16:28:28 . Photo Credit: David Macharia/Christian Aid. Fridah and her grandson outside their home.

Thank You!



from
Health Help International



to

Beulah UR Church

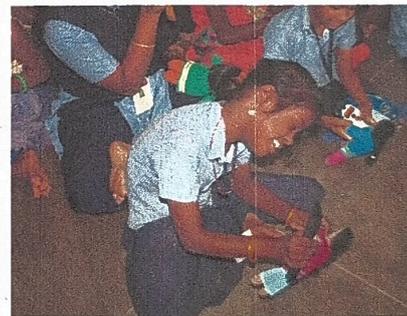
for the very generous donation of

£210.98

made on the 27th January 2026



To help with the support of the disadvantaged
in India and Zambia



Health Help International, Stow Park Church Centre,
Brynhyfryd Road, Newport NP20 4FX
Tel. 01633 671055
Web: <https://hhi.org.uk>



Beulah URC

Family Film Shows

Family favourites on the big screen

Suitable for all ages*



Saturday afternoons 3.00pm

**21st March, 18th April, 16th May,
and 20th June 2026**

Canolfan Beulah, Rhiwbina Village

FREE of charge

Interval ice cream No booking required

Call for enquiries or further details

**** Under 18s must be accompanied by an adult***

THE LORD MAYOR'S COFFEE MORNING

From **10:30am** til **12pm** on **21st March**
at **Canolfan Beulah**

Please join The Rt Hon The Lord Mayor of Cardiff for a Coffee Morning. Includes **tea, coffee, cakes** and a **raffle**.
Tickets can be bought on the website or by contacting Ann Grimes at Beulah.



☎ 07970 013332
🌐 lordmayorofcardiff.co.uk



All money raised
will go to these
two charities



The Lord Mayor's charities, this year, are: the Forget-Me-Not Chorus, which is a wonderful choir set up for those living with dementia and their carers; and, the Rescue Hotel, a charity whose mission is to ensure that every dog in South Wales, regardless of their history or situation, has access to the treatment and care they deserve.