

**The Monthly
Newsletter
of Beulah
United
Reformed
Church**

October 2026



www.urc.org.uk

Part of the United Reformed Church Cardiff and Penarth Pastorate

Dear Friends,
As you sit down to meals with friends, Harvest Suppers, Commitment for Life quizzes, charity coffee mornings, and personal celebrations, I thought I would give you a brief update on the first few weeks of my sabbatical.

While David works away in Cardiff, I have been in Northern Ireland at Corrymeela. As I sat on a bench overlooking the North Atlantic, I thought of my university friend who first told me about a place where people worked for peace. It has clearly changed over the years. The site is a beautiful facility with worship and peace at its heart. It, like so many charities, is in a time of transition - their director has moved on; they feel called to discern the next direction

Corrymeela is a place that has many paid staff and yet it still relies heavily on volunteers. I met new volunteers and returning volunteers whose work is to create a place of peace for those who meet there. Corrymeela is a place filled with stories - of welcome, of transformation, of safety, and of hope. As I listened to people, I heard a few of these

stories. One such story came from a Muslim woman who said Corrymeela is the only place in Northern Ireland where anyone, and everyone is welcome. (Corrymeela opened space to some in Belfast threatened by recent riots.) That struck me - no other church or community have managed to help anyone and everyone feel safe within their buildings? Her answer was clearly no. So, I have been reflecting on what it means to create a community that is open and safe for everyone. Her statement will remain one of the stories I carry with me.

As I journey through my sabbatical, I am wondering how are we being called to continue the vision of being welcoming communities? What does that need to look like today - which may be different from when we began the journey? I ask this as the leaders and staff at Corrymeela ask themselves the same questions.

I have also been to the Festival of Preaching in Cambridge. There I heard Rev. Dr. Mark Oakley speak about what needs to shape our preaching in a 'pitiless'

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CHURCH NOTES AND FAMILY NEWS

Church Notes

This month, I was fortunate to spend another few days in North Wales. Travelling home along the A470 on the Sunday morning, we were able to listen to the service from Beulah via the Live Stream. What a brilliant facility this is, not only when we are away on holiday but also, and especially, when we are unable to be physically in Beulah for whatever reason. It is available for all services held in the church, the link is always the same and it can be found on the front page of the website www.beulahurc.org.uk

Recently, we have enjoyed worship led by a number of leaders from among our congregation. We are blessed to have people who are willing to serve and share in this way. There are always opportunities to get involved with leading worship, perhaps joining with other leaders to plan a service or preparing prayers, a reflection or family time. For those who prefer a 'behind the scenes' role, help in creating the power point presentation from time to time would be very welcome. Please get in touch with Louise, Jenny or myself if you would like to know more about how you could contribute.

September is traditionally 'back to school' month or, for most of us, 'back to routine'. It is good to have a break but it is also good to welcome everyone back to Church and back to the Canolfan and to see the crossroads busy again. Our new elders will be starting their roles officially at the beginning of October and it was a pleasure to welcome them to our September elders meeting alongside those who will be taking a well-earned rest. We will all have the opportunity to welcome the new and thank those who are retiring at the church Family lunch after worship on the 4th October.

The Harvest Supper was a successful evening of quizzes, food and auction fun. An impressive amount was raised for Christian Aid's harvest appeal which is focussing on Sudan this year. Many thanks to all those who gave of their talents and time on the evening and to those who offered such a variety of promises. My social diary for the autumn now looks much more interesting than it did!

Family News:

We send our love and prayers to friends who are facing difficult times; to friends who are mourning and to friends who are in hospital or unwell at home.

I would like to share this Autumn Blessing from Ruth Burgess:

*Wild as an autumn gale
is the blessing of the Maker.
Wondrous as a winter's tale
is the blessing of the
Storyteller.*

*Wise as a falling leaf
is the blessing of the Holy
Spirit.*

*Maker, Storyteller, Holy Spirit,
bless us now, and evermore.
Amen.*

[Autumn, Ruth Burgess,
Wild Goose Publications]

Marion

WASHING UP LIQUID AND HAND SOAP IN CANOLFAN KITCHEN

We are blessed in Beulah in having so many able and talented pot washers who help in Canolfan kitchen.

In an effort to be more sustainable, we are now refilling our washing up liquid bottles from a giant container of Ecover, and we are obtaining the hand soap from Siop Sero.

There should always be a spare of each in the cupboard outside the kitchen. If we are about to run out, please let Ann Grimes or Louise Morgan know. Please could you not throw the bottles or their lids away, (even in the correct recycling bin!) as we intend to re-use them as often as possible. We would also be grateful for the occasional donation of empty bottles.

Many thanks,
Ann & Louise.

Ministers in the Pastorate:

Rev'd Martha McInnes, currently on sabbatical

Rev'd David Dean,

Email: ministers@beulahurc.org.uk

Church Secretary: Marion Williams,

Email: secretary@beulahurc.org.uk

Church Treasurer: Nigel Barwise,

Email: treasurer@beulahurc.org.uk



Letter from The Manse

(Continued from front page)

world. In a time when it is so easy to focus on fear and anger, he said we need to tell the stories of love - love shaped by Jesus' revelations to us. So, my next question is how does having love at the heart of what we do together shape us and shape our church? Mark indicated he felt that telling stories of love would continue to form us into a community shaped by the cross and responsive to the needs of people around us. Stories of love inspire us to act in love ourselves.

So, after three weeks I am carrying some big questions. I will carry these questions with me as I travel on to my next place of exploration - the Othona Community in Dorset, founded at the same time as Corrymeela with a vision to be a place for people to gather and find peace and rest. I'll update you with my thinking in November!

Yours in Christ,

Martha (and David, holding down the forts!)

Editors:

Colin Grimes,

Nigel Barwise

Email:

crossroads@beulahurc.org.uk

Operation Christmas Child



We will, again, be doing a shoebox collection this year.

Leaflets will soon be available.

Because of Customs Control in some countries, there are a number of items which are not to be included in the boxes this year. These are things like soap, toothpaste, sweets, lotions or liquids. For a full list see the leaflet, or the website (link below).

Typical items to fill your shoebox with, are: toys, school supplies, & personal care items (but not liquids), and, this year, it is still £5 to send a box, and if you are unable to make up a complete box, we will happily accept contributions to be able to fill boxes and send them on your behalf.

For more information, please 'Google' "Samaritan's Purse UK", or follow this link.

<https://www.samaritans-purse.org.uk/what-we-do/operation-christmas-child/how-to-pack-a-shoebox>

Our collection date will be 25th October.

Thank you.

Ann Grimes

Editors' Note

The **deadline** for articles to be included in the

November 2026

edition of **Crossroads** is **Sunday 25th October,**

and **Colin** will be editing.



Contributions should be sent to Colin, in person, by post or by email at:

crossroads@beulahurc.org.uk

Canolfan Opening & Locking Up

During the week, volunteers from Beulah lock-up Canolfan each weekday evening and then, on a weekend, volunteers open & lock-up on Saturdays and Sundays.

The weekday rota is a set day each week, but there are still a couple of gaps. The weekend rota is every 6 weeks or so.

If you might be able to help with either of these rotas, or add your name to a reserve list, please have a chat with Colin Grimes.

Date	Duty Elder & Stewards	Vestry Prayer	Communion Minster's right	Communion Minster's left P = Prayer	Preparation
4th October Communion	Nigel Barwise (DE) Viv Jones (S) Harley Jones (S)	Anne James	Arlene Ramasut Gaynor Rees	Marion Williams (P) Andrew Glanfield	Arlene Ramasut
11th October	Andrew Glanfield (DE) Natalie Samuels (S) Ann Grimes (S)	Gaynor Rees			
18th October	Bev Hampson (DE) Cathy Wales (S) Denise Dickman (S)	Andy Wales			
25th October	Jenny McDowell (DE) Audrey Budding (S) Eleri John (S)	Mary Bidnell			
1st November Communion	Gaynor Rees (DE) Harley Jones (S) Viv Jones (S)	Marianne Barwise	Mary Bidnell Jon Grimes	Jenny McDowell (P) Bev Hampson	Mary Bidnell
8th November	Andy Wales (DE) Liz McCarthy (S) Tony Webb (S)	Andrew Glanfield			
15th November	Marianne Barwise (DE) Kaye Mundy (S) Liz Yardley-Richards (S)	Bev Hampson			
22nd November	Mary Bidnell (DE) Naomi Williams (S) Neil Kidd (S)	Colin Grimes			
29th November	<i>Pastorate</i>	<i>service</i>	<i>at Canton</i>		

Marie Curie Cancer Care

Viv Morgan will be selling packs of handmade Christmas cards in aid of Marie Curie Cancer Care, Holme Towers, Penarth.

The Cards will be £2 for a pack of five cards and there will be packs of Christian themed cards, general Christmas themed or mixed.

You can contact Viv if you wish to order any of these Cards and they will also be available on certain Sundays in Canolfan and at any functions.



Thank you for your support.



TCS London Marathon 2027 Lindsey Allan

So, after saying I would never do another marathon; I've been offered the chance to run London again next April!! Since it will be 5 years since my original breast cancer diagnosis, I've said, why not!! 😊

I'm raising money for cancer research at Cardiff University (where I work). Please sponsor me so I can do something towards getting rid of cancer forever.

I will be running a cake stall (instead of a run!!) during coffee after church on **Sunday 11th October** and any donations would be gratefully received. I will have a collection bucket on the day, or you can sponsor me using the QR code or enthuse link below.

Thank you 😊😊

Please sponsor me at the following Enthuse link:

<https://2027tcslondonmarathon.enthuse.com/pf/lindsey-allan>



Beulah Church Family Christmas Meal at Whitchurch Golf Club 7.00pm, Thursday, 10th December 2026

It's that time again when we start making plans for the annual 'bash' at the golf club. There is a poster in the Church vestibule/porch, with details of the meal, and a list for you to sign up for the Christmas Meal. The cost of your meal will be **£32 per head**.



The list will be in the church porch until **Sunday 22nd November**, but please add your name, and your meal choices, as soon as you can, to ensure your place. If you would like to come, but are unable to get to church to fill in your name on the sheet, please contact Ann or Colin Grimes, no later than Monday 30th November. We're sure we'll be able to 'squeeze' you in!

Bible Study

The monthly Bible study group has been running now since January at 6.30-8pm on the fourth Wednesday of the month.

Throughout the year, we have been exploring the gospel of Matthew with either Martha or David leading us. The start time of 6.30pm was experimental, to see if it suits people to start and finish a little earlier in the evening. It now feels sensible to review the timings.

So, if this is something you would like to attend but it is just too early, let us know! The sessions are stand-alone, everyone is welcome to come along at any time as we explore, learn and share together.

For more information, or to share your feedback, contact Marion or David. Please Note: No Bible study in October, the next one will be November 25th.



ROTAS

Date	Readers	Intercessions	AV	Flowers	Arranger
October					
4th	Naomi Williams	Kate Hampson	Richard Sweetnam	Elin James	Beverley
11th	Peter Ferdinando	Audrey Budding	Andy Wales	Karen	Karen
18th	Andrew Glanfield	Tony Webb	James Hall	Louise, Rachel and Naomi	Marianne
25th	Neil Kidd	Diane Burton	Andrew Glanfield	Marion Williams	Karen
November					
1st	Bev Hampson	Roger Bidnell	Ian McDowell	Viv Morgan	Arlene
8th	Audrey Budding	tbc	Richard Sweetnam	tbc	tbc
15th	Marion Williams	Ian McDowell	Nigel Barwise	Trix Pryce	Marianne
22nd	Kate Hampson	Anne Rees	Andy Wales	Eleri John	tbc
29th	Pastorate Communion Service at Canton Uniting Church				

TED (Towards the End of the Day) services

These services are held most months in Canolfan Beulah. They are led by John and Brenda Cheer and are 'a simple service with music, words and a little space for reflection'.

We are invited to gather at 5.45 for tea & cake ahead of the service at 6.00pm.

Dates for the Autumn are:

18th October
8th November
13th December



Church Deep Clean

Please join us for the 6 monthly church deep clean on Tues 6th &/or Wed 7th Oct 10-12pm. Help on either or both days will be much appreciated. As this will be our third full clean, it is likely to be considerably easier than the previous ones. We usually wipe down the pews and hard surfaces on Day 1 and then polish & Hoover on Day 2.

But please remember that many hands make light work!

Diolch/ Thank you

Arlene

What's On in our Pastorate

This news page is where we celebrate everything that is happening in the churches of the URC Cardiff and Penarth Pastorate. Everyone is always welcome at any of the churches at any time but here we share information of events and services which may be of particular interest.

The next Theology Book Club will be discussing *Joyful, Anyway* by Kate Bowler. The meeting will take place on Monday 30th November, 7 p.m., at Martha and David's house. If you are interested, let Martha know you plan to attend.

At City URC Church (Windsor Place CF10 3BZ)

Saturday 3 October from 10:30am-12noon Pastorate Worship leaders training in the Upper Room at City URC. Everyone is welcome. Nici Lintern- Gittens will be leading the session on the topic of Inclusive Language.

Due to the Cardiff Half-Marathon on **4 October** making access to City URC almost impossible, there will be no worship at City URC that morning.

At Canton Uniting Church (Theobald Rd, Canton CF5 1QL)

FUNDRAISING for Building Development/Community Garden Fund:

Saturday, 10th October: This will comprise a half day of jazz from 1.30pm to 10pm, including refreshments.

Sunday 25th October: 'Sunday at Six' – an hour of mediaeval Welsh music and poetry by Bragod. Tickets from: [Bragod Tickets, Sunday, October 25 • 6 PM - 7 PM | Eventbrite](#) or on the door.

At Beulah (Beulah Road, Rhiwbina CF14 6LT)

Tuesday 13th October at 7.30pm: Theology on Tap in the Deri Inn.

17th October at 3pm: Family Film Show in Canolfan (free of charge, including internal ice cream).

Sunday 18th October 5.45pm: TED service. We are invited to gather at 5.45 for tea & cake ahead of the service at 6.00.

Sunday 25th October at 12.00pm: Community Meal.

Wednesday 28th October 1.00pm: Lunchtime Concert: Rhys Herbert - 'cello & James Southall – piano
What better way to enjoy an autumnal Wednesday afternoon than with music for 'cello and piano. This talented duo will perform some of the most loved pieces in the repertoire, Rhys last performed for us in 2024, and returns with his exceptional pianist, James Southall, both of whom are in high demand as musicians in Wales and beyond.

Visit the Beulah website at: http://www.beulahurc.org.uk/

BEULAH UNITED REFORMED CHURCH

October 2026

ALL ARE WELCOME



Sunday 4 October	10.30am	Rev'd David Dean – Communion & Induction of Elders Junior Church Church Family Lunch
	7.15pm	BWise
Weds 7th October	7.30pm	Pastoral Team Meeting
Saturday 10th October	3.00pm	Wedding
Sunday 11 October	10.30am	Worship – Rev'd James Hall Junior Church
Monday 12 October	7.30pm	Elders Meeting
Tuesday 13 October	7.30pm	Theology on Tap, Deri Inn
Saturday 17 October	3.00pm	Family film - Canolfan
Sunday 18 October	10.30am	Worship – Rev'd Gethin Rhys Junior Church
	5.45pm	TED Service
Sunday 25th October	10.30am	Worship – Geraint Richards Junior Church
	12.00pm	Community Lunch - Canolfan
Weds 28th October	1.00pm	Lunchtime Concert
Sunday 1st November	10.30am	Worship – Rev'd Stephen Best - Communion Junior Church

Mondays	AM	9.30-12.00	Miss Tilley's Community Café
	PM	1.00-3.00	Women's Fellowship
Tuesdays	AM	9.30-12.00	Miss Tilley's Community Café
		9.30-11.00	Beulah Tots (term time only)
Wednesdays	AM	11.00-12.00	The Huddle (term time only)
Thursdays	AM	9.30-12.00	Caffi Dosbarth/ Whittaker Lounge Café
Fri & Sat	AM	10.00-12.30	Whittaker Lounge Café
8 Sundays	PM	7.15-9.00	Youth Fellowship (term time only)

Beulah URC

Family Film Shows

Beulah Family Films have returned
and absolutely everyone is welcome!

Family favourites on the big screen

Suitable for all ages*



Saturday afternoons 3.00pm

Sat 17th Oct and Sat 21st Nov

Canolfan Beulah, Rhiwbina Village

FREE of charge

Interval ice cream No booking required

Call or text Hollie for enquiries or further details

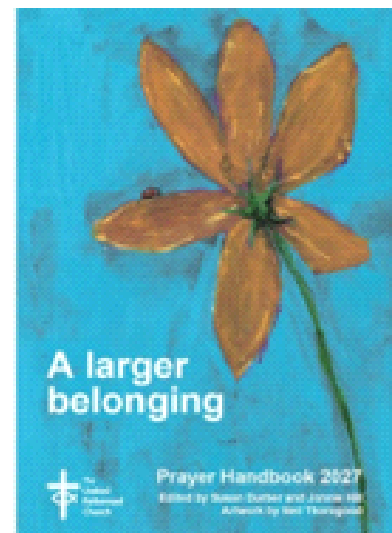
*** Under 18s must be accompanied by an adult**

URC PRAYER HANDBOOKS & DIARIES, 2027

If you would like to order a Prayer Handbook and or a URC pocket diary for 2027, please sign the list in the porch, by October 11.

The Prayer books (entitled 'A Larger Belonging') are £8.00 and the diaries are £10.00. These prices include a contribution towards the postage and packing.

Louise



Pat Ruddock found this little gem, and asked that it be shared.

This is what we are about:

We plant seeds that one day will grow.
We water seeds already planted,
knowing that they hold the future promise.
We lay foundations that will need further development.
We provide yeast that produces effects far beyond our capabilities.

We may never see the end results,
but that is the difference between
the master builder and the worker.
We are workers not master builders,
ministers not messiahs.

We are prophets of a future not our own.

Oscar Romero

*Source - 'Penrhys -
A Village on a Hill',
by John Morgans*

Canton Jazz Day

10 October 2026

Afternoon Programme 1:30-6pm

Evening Programme 7-10:30pm

**Fundraiser for Canton
Uniting Church Building and Garden Project**

**Canton Uniting Church
Cowbridge Road East at Theobald Road
CF5 1LQ
music@cantonuniting.org.uk**

Scan for tickets



**Tickets: £25 for the whole day
£15 for afternoon or evening only
Half price for children and students
Tickets available online at TicketSource**

Afternoon programme:

**1:30pm Heads Up
2:30pm Women in Harmony
3:15pm Geoff Eales and
Andrew Wilson-Dickson
4:15pm Hiroko Sue
5:15pm Rhys Ponting and
Tom Barber**

Evening programme:

**7:00 Brenda Ford and
Michael Munnik
8:00 Ben Creighton Griffiths Trio
9:00 Ray Roughler Jones
9:30pm Geoff Eales Trio**

